Scope of the Journal

The Journal of Human Kinetics is an open access interdisciplinary periodical offering the latest research in the science of human movement studies. This comprehensive professional journal features articles and research notes encompassing such topic areas as: Kinesiology, Exercise Physiology and Nutrition and Sports Training.

Articles accepted for review

The journal publishes original papers, invited reviews, short communications and letters to the Editors. Manuscripts submitted to the journal must contain novel data on theoretical or experimental research or on practical applications in the field of sport sciences. No substantial part of the submission should have been published elsewhere. Submitted papers undergo peer reviewing by two independent referees. Authors are encouraged to provide names of 3-4 potential competent reviewers who were not recent co-authors or collaborators and are familiar with the subject of the manuscript. The names of the potential reviewers must be accompanied by their complete addresses, telephone numbers and e-mail addresses.

Original articles: Theoretical or experimental (basic or applied) research or practical applications. Either original work or the replication of work that better establishes basic principles will be considered. Original articles should not exceed 15 pages (1800 characters per page) including tables, figures and references.

Invited reviews: Review articles on topics of broad interest are desirable; they are usually invited, yet they may be also proposed by competent authors. Authors who wish to submit an unsolicited review article should correspond with the Editors to determine the timelines of the proposed review article. The submitted proposal should include (a) title of the review, (b) its abstract (200-400 words), (c) list of contents, and (d) list of Authors' own publications relevant for the review's topic. Review articles should not exceed 20 pages including tables, figures and references. Review articles are considered by the Editors and expert referees before a final decision regarding publication is made.

Short communications: Short manuscripts containing results of unusual scientific interest and importance, requiring rapid publication. Papers submitted for this accelerated process
must require little or no revision. Accompanying the submission there should be a letter from the authors stating why they feel the paper should be published as a rapid communication. The manuscripts in such cases should not exceed 5 journal pages including figures, tables and references. Manuscripts rejected as Short Communications are eligible for submission as regular articles.

**Letters to the Editor**: Letters to the editor are welcome and will be published if appropriate. The maximum length is 800 words. Letters relating to material previously published in the JHK should be submitted within 6 months after the publication of the material the letter is referring to. Such letters will be sent to the corresponding author for comment within 4 weeks. The original letter and any reply will be published concurrently.

**Payment**

The Journal of Human Kinetics is a non-profit organization.

Most of the publishing expenses are covered by the Jerzy Kukuczka Academy of Physical Education in Katowice and Polish Ministry of Science and Higher Education. Yet, due to insufficient financial funds, considering that the periodical is an open access journal, the Journal of Human Kinetics has to charge a fee of 250 euro for publishing a paper.