Physiotherapy and Health Activity is a reviewed scientific journal addressed to the physiotherapists, physicians of various specialties, physical education teachers and special educators, health educators, trainers, occupational therapists, nurses, pharmacologists, and trainers.

The journal is published by the Faculty of Physiotherapy, Jerzy Kukuczka Academy of Physical Education in Katowice.

The journal accepts original research papers, papers supported with research examples and the overview papers, case studies, clinical observations, scientific meetings minutes, conference announcements, letters to the editor, reviews of books and textbooks in the field of physiotherapy and health physical activity.

The main topical scope of the journal covers issues related to the broadly defined physiotherapy in all its disciplines and areas, healing role of physical activity and adapted physical activity. In particular, the articles on kinetic therapy, physiotherapy, manual therapy, massage, health education, adapted physical activity, sports activities of the disabled persons, special education in the area of health and physical activity, care and treatment of the disabled, legal, economic and organisational aspects of physiotherapist profession, animal physiotherapy, bio-chemical and molecular background of the physiotherapy and physical activity are accepted.

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