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# CLINICAL SIGNIFICANCE OF QUANTITATIVE HBS ANTIGEN IN THE PREDICTION OF LIVER FIBROSIS IN PATIENTS WITH CHRONIC HEPATITIS B

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# **ABSTRACT**

The assessment of liver fibrosis in patients with chronic hepatitis B (CHB) is of great importance in evaluating the phases of chronic hepatitis B viral infection, prompt administration of antiviral therapy, prevention of disease progression and late complications of CHB infection. Aim: to investigate the clinical significance of quantitative HBs antigen as a predictor for liver fibrosis in patients with HBe antigen negative chronic hepatitis B and inactive carriers. Material and Methods: the study included 44 treatment naïve patients with chronic hepatitis B, divided into two groups, HBeAg negative chronic HBV infection or inactive carriers (IC) and HBeAg negative chronic hepatitis B patients. All patients underwent laboratory, serologic testing, ultrasound and transient elastography (TE). In both patient groups, quantitative HBs antigen (HBsQ), alanine aminotransferase (ALT), hepatitis B virus deoxyribonucleic acid (HBV DNA) and liver fibrosis were analyzed. Results: The value of HBsQ is significantly higher in patients with HBeAg negative CHB 2477.02±4535.44 IU/ml than in the IC group 8791±11891 IU/ml; Z=3.32, p<0.001 (p=0.0009). In IC patients, 1 (4.76%) had fibrosis and 20 (95.24%)) did not have fibrosis. Out of 23 patients with HBeAg negative chronic hepatitis B, 8 (34.78%) had fibrosis and 15 (65.22%) did not have fibrosis. Patients with HBeAg negative hepatitis B had significantly higher liver fibrosis than IC; Fisher Exact Test p<0.05 (p=0.02). The increase of HBsQ for one single unit (IU/ml) does not have predictive value for fibrosis (Ext (B) = 1.00), 95% C.I. for EXP (B): 1.00-1.00 / p > 0.05. Conclusion: Quantitative hepatitis B surface antigen has intermediate weak statistically insignificant prediction for liver fibrosis R=0.25 (p<0.10).

Keywords: chronic hepatitis B, quantitative HBsAg, HBe antigen, HBV DNA

#### INTRODUCTION

Hepatitis B viral infection can be manifested as an acute hepatitis, chronic hepatitis, cirrhosis and hepatocellular carcinoma (HCC). [1] The presence of hepatitis B surface antigen (HBsAg) in the serum of the patients for more than six months is a hallmark of chronic hepatitis

B viral infection (CHB), and it is estimated that there are more than 350 million of people with chronic hepatitis B infection worldwide. [2, 3] The sequels of CHB are significant and appear in approximately 5 % of infected adult patients which cause 0.5 to 1.2 billion deaths annually.

Timely discovery of liver fibrosis is of great importance for starting antiviral therapy on time and preventing the late complications of CHB. The golden standard for the assessment of liver fibrosis is liver biopsy, invasive and expensive procedure with possible serious complications. At the same time, the accurate evaluation of fibrosis by liver biopsy is questionable having in mind the possible sampling error, as well as possible inter and intra-observational discrepancies [4]. Transient elastography (TE) is a surrogate marker for liver biopsy in many studies and is an accurate, fast and easy to perform technique. [5] Quantitative HBsAg (HBsQ) is one of the main serologic markers of interest in chronic HBV viral infection, [6] and represents a non-invasive marker for monitoring both disease progression and prognosis as well as response to antiviral therapy. [7, 8, and 9] Several studies have observed the correlation between quantitative HBsAg and liver fibrosis. [10]

The aim of this study is to determine the clinical significance of quantitative HBsAg in predicting liver fibrosis.

#### MATERIAL AND METHODS

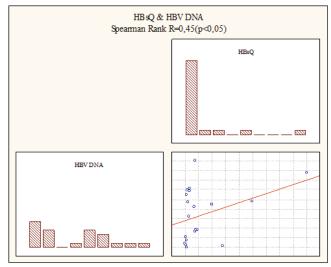
The study was conducted at the University Clinic for Infectious Diseases and Febrile Conditions, Skopje and as a prospective study of treatment naïve patients with serologically confirmed chronic hepatitis B viral infections. The patients were diagnosed and controlled at the outpatient clinic for hepatitis. The inclusion criteria were: age over 18 years, patients with signed informed consent, and patients with serologically confirmed hepatitis B surface antigen (HBsAg) in a period of at least ix months, patients who have been observed in at least two occasions, with a minimum period of follow-up of at least 6 months. The exclusion criteria were: co-infection with human immunodeficiency virus (HIV), hepatitis A (HAV) and hepatitis C (HCV) as well as other liver diseases with confirmed different ethology. Patients who had received antiviral therapy, patients who are currently on antiviral therapy, patients with hepatocellular carcinoma (HCC) and patients with decompensated liver disease were also not included in the study. The study included 44 patients, 21 in the group of inactive carriers (IC) defined with the presence of HBsAg in patients' serum for more than 6 months, persistently normal level of alanine aminotransferase (ALT) <40 IU/ ml and HBV DNA <2000 IU/ml and 23 patients with HBeAg negative chronic hepatitis B, defined with HBsAg positivity for more than 6 months, patients who are HBeAg negative, with ALT levels higher than upper reference limit or normal ( $\geq$ 40) IU/ml) and HBV DNA > 2000 IU/ml. All patients underwent laboratory and serology testing, as well as quantification of HBV DNA by real time PCR (RT-PCR). Abdominal ultrasound as well as TE was performed on all patients. Relevant clinical variables were age, gender, ALT, hepatitis Be antigen, HBV DNA, HBsAg and fibroscan. The serum level of HBsAg (HBsQ) was quantified with Architect HBsAg assay (Abbott Laboratories) according to the manufacturers' protocol. The detection value varies from 0.05 to 250 IU/ ml. Sera with HBsAg level higher than 250 IU/ ml were diluted 1:500. The value of ALT, HBsQ and HBV DNA are expressed in IU/ml. The liver stiffness is measured with transient elastography (TE); fibroscan (EchoSensR, Paris, France) and expressed in kilopascals (kPa), by median value from 10 performed measures, with success rate more than 60% and interquartile range (IQR) <0.25. Both groups of patients, IC and HBeAg negative CHB were analyzed for age, gender, ALT, HBsQ, HBV DNA and liver fibrosis.

# Statistical analysis

All data were processed using a statistical computer program Statistica 7.1 for Windows and SPSS Statistics 17.0, where the following statistical tests were used: the differences between both groups of patients with attributive parameters were tested with the use of the Pearson Chi-square test, the Fisher Exact Test (p). For determining the risk of fibrosis, Odds Ratio/RR was used. Descriptive statistics (Mean; Std. Deviation;  $\pm 95.00\%$ CI; Minimum; Maximum) for description of the numerical variables, frequencies and percentages for description of the categorical variables was used. Distribution of the data was tested with the Kolmogorov-Smirnov test; Lilliefors test; Shapiro-Wilks test (p). For testing the difference between the two groups, the analyzed parameters were tested with t-test for independent parameters (t/p), Mann-Whitney U test (Z/p). Correlations between HBsQ & HBV DNA; HBsQ & ALT were done with the use of Spearman Rank Order (R); and Multiple Regression (R) analysis was performed to find the correlation between dependent and independent variables. In order to identify the predictive values for age, gender, ALT, HBsQ, HBV DNA for fibrosis logistic regression analysis (Wald, Exp (B), 95.0% CI for Exp (B), and p) was used. For all analyzes the p value < 0.05 was considered statistically significant.

#### RESULTS

The study included 44 patients, divided into two groups: 21 patient inactive carriers of hepatitis B (IC) and 23 patients with HBeAg-negative chronic hepatitis B. In the group of IC, 13 (61.90%) were male, and 8 (38.10%) female. The age of the patients varies in the interval of 35.24±9.32 years;  $\pm 95.00$  CI: 30.99-39.48; the minimal age is 19 and the maximum is 56 years. The value of ALT varies in the interval 22.00±14.65 IU/ml, HBsQ in the interval 2477.02±4535.44 IU/ml, and HBV DNA varies in the interval 739.14±606.50 IU/ ml. Fibrosis as a form of liver injury measured by (TE) (fibroscan-EchoSenseR), showed that 20 patients (95.24%) had no fibrosis, and only 1 (4.76%) had fibrosis. Correlation between quantitative HBs antigen (HBsQ) and quantitative HBV DNA, (R=0.45, p<0.05) showed intermediate strong positive significant correlation, while there is very weak positive but statistically insignificant age is 74 years. The value of ALT varies in the interval 57±53 IU/ml, HBsQ varies in the interval 8791±11891 IU/ml, and quantitative HBV DNA varies in the interval 1222630±3051050 IU/ml. In the HBeAg negative CHB group, 15 (65.22%) did not have fibrosis and 8 (34.78%) had fibrosis. From the patients with fibrosis, 3 (13.04%) had fibrosis F2/F3, 3 (13.04%) fibrosis F4, 1(4.35%) with fibrosis F3, and 1 with fibrosis F1/F2. The correlation between HBsQ and HBV DNA showed intermediate weak positive statistically insignificant correlation for R=0.31 and p>0.05 while the correlation between HBsQ and ALT (R=0.37, p>0.05) shows intermediate strong positive correlation (Figure 2). In this study, we made a comparison of the values of analyzed parameters between both patients' study groups. There is no significant difference in the distribution for gender Pearson Chi-square=0.73 and p>0.05 (p=0.39). Patients with HBeAg negative CHB are significantly older than patients IC (t=2.43, p<0.05) (p=0.02). Regarding the values of ALT, patients with HBeAg-negative CHB have significantly higher ALT than IC (Z=2.89, p<0.01) (p=0.004). HBsQ in patients with HBeAg-negative chronic hepatitis B for Z=3.32, p<0.001 (p=0.0009) is significantly higher than patients IC. HBV DNA is also higher in patients with HBeAg-negative CHB



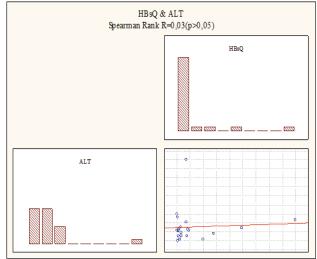


Figure 1. Correlations of HBsQ/HBV DNA and HBsQ/ALT in patients inactive carriers

Abbreviations: HBsQ-quantitative hepatitis B antigen; HBV DNA- hepatitis B virus deoxyribonucleic acid; ALT- alanine aminotransferase

correlation between HBsQ and ALT (R=0.03, p>0.05) (Figure 1). In the HBeAg-negative CHB patients out of 23 patients, 17 (73.91%) were male, and 6 (26.09%) female. The patients' age varies in the interval 43.09±11.80 years; ±95.00 CI: 37.99-48.19; the minimal age is 22, and the maximum

(Z=5.67, p<0.001) (p=0.000) compared to the IC group (Table 1). Fibrosis as a manifestation of liver injury measured with TE, is significantly higher in patients with HBeAg-negative CHB than in the IC group for Fisher Exact Test p<0.05 (p=0.02). In HBeAg-negative CHB group from 23 patients,

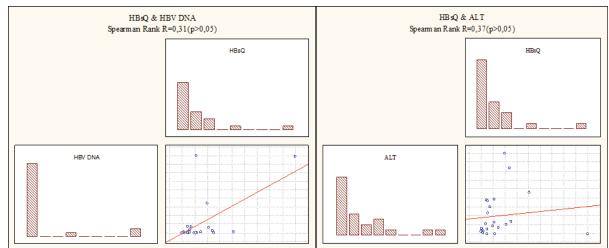


Figure 2. Correlations of HBsO/HBV DNA and HBsO/ALT in patients with HBeAg-negative chronic hepatitis B

Abbreviations: HBsQ-quantitative hepatitis B antigen; HBV DNA- hepatitis B virus deoxyribonucleic acid; ALT- alanine aminotransferase,

Table 1. Differences between patients IC and HBeAg-negative patients in terms of ALT/HBsQ/HBV DNA

parameter	Rank Sum	Rank Sum	U	Z	p-level	N	N
	HBeAg (-)	IC				HBeAg (-)	IC
ALT	640,50	349,50	118,50	2,89	0,004	23	21
HBsQ	659,00	331,00	100,00	3,32	0,0009	23	21
HBV DNA	759,00	231,00	0,00	5,67	0,000	23	21

Abbreviations: ALT- alanine aminotransferase; HBsQ-quantitative hepatitis B antigen; HBV DNA- hepatitis B virus deoxyribonucleic acid; HBeAg (-)-hepatitis Be antigen negative hepatitis; IC-inactive carriers

8 (34.78%) had fibrosis and 15 (65.22%) did not. In the IC group, out of 21 patients, 1 (4.76%) was with fibrosis, and 20 (95.24%) did not have fibrosis. Patients with HBeAg-negative chronic hepatitis B have 10.67 times greater risk for fibrosis than patients IC; Odds Ratio = 10.67 (95% CI: 1.20-94,74) inverse (0.09). For RR= 7.3 (95%) CI:0.995-53.59) the risk for fibrosis in HBeAg negative chronic hepatitis B group is 7.3 times insignificantly higher than in the IC group. Defining the predictive values for fibrosis in terms of gender, age, ALT, HBsQ, HBV DNA the model for fibrosis showed that the biggest importance is the patient's age (Wald=6.51 / p < 0.05(p=0.01), HBsQ (Wald=0.74 / p>0.05 (p=0.39), then the gender (Wald=0.63 / p>0.05 (p=0.43), HBV DNA (Wald=0.19 / p > 0.05 (p=0.66), and the weakest predictability has ALT (Wald=0.02 / p>0.05 (p=0.90) (Table 2). With the increase of patients'

age by 1 year, there is a significant increase in the probability for fibrosis by 18.00% (Ext (B) =1.18); 95% C.I. for EXP (B): 1.04-1.33 / p<0.05. The increase of HBsQ for one single unit (IU/ml) doesn't have predictive value for fibrosis (Ext (B) =1.00), 95% C.I. for EXP (B): 1.00-1.00 / p > 0.05. Female patients compared to male patients have 0.37 times lesser risk for fibrosis (Ext (B) = 0.37), 95% C.I. for EXP (B): 0.03-4.33 / p>0.05. The increase of HBV DNA for one single unit (IU/ ml) has no predictive value for fibrosis (Ext (B) =1.00), 95% C.I. for EXP (B): 1.00-1.00 / p > 0.05. The increase of ALT for 1 IU/ml increases the probability for fibrosis for 0.1% (Ext (B) =1,001) insignificantly for 95% C.I. for EXP (B): 0.98-1.02 / p>0.05. The area under the ROC curve is 0.883, which means that in 88.30% of all possible pairs of patients where one patient has fibrosis and the other does not have fibrosis, this model will

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Table 2. Prediction of liver fibrosis-gender gender, age, ALT, HBsQ, HBV DNA

a. Variable\* s) entered on step1: gender, age, ALT, HBsQ, HBV DNA

Abbreviations: ALT- alanine aminotransferase; HBsQ-quantitative hepatitis B antigen; HBV DNA- hepatitis B virus deoxyribonucleic acid; HBeAg (-)-hepatitis Be antigen negative hepatitis; IC-inactive carriers; Std.Err-standard error; CI confidence interval.

determine higher probability for fibrosis. The correlation between fibrosis as a dependable variable and HBsQ as an independent parameter showed intermediate weak insignificant correlation for R=0.25 (p<0.10). Namely, the increase of HBsQ for one single unit (IU/ml), increases fibrosis insignificantly for 0.00001 units (p>0.05).

## **DISCUSSION**

HBsAg represents a significant prognostic marker in means of disease outcome, not only in the natural history, but also during the antiviral treatment of chronic HBV infection. [9,11]. Many studies showed that the level of HBsAg (HBsQ) can correlate with the serum level of HBV DNA and at the same time is a surrogate marker of intrahepatic covalently closed circular DNA (cccDNA), which is responsible for virus persistence and is a template for viral rep-

lication which can vary in different phases of HBV infection. [12,13] Quantification of HBsAg gives us different, but complementary information which can help the physician in the evaluation of different phases of chronic HBV infection and disease progression. Chronic HBV infection is characterized with five different phases [14]: 1.HBeAg-positive chronic HBV infection, former initial immune tolerant phase; 2. HBeAg-positive chronic hepatitis B, former immune active phase; 3. HBeAg-negative chronic HBV infection, former inactive carrier state; 4. HBeAg-negative chronic hepatitis B phase and 5. HBsAg-negative phase. These phases are of great importance in means of clinical approach to the patient, the necessity to perform liver biopsy and decision making for initiating antiviral therapy, but it is not always easy to distinguish between these different phases. Distinguishing HBeAg-negative CHB phase from inactive carrier state is of great importance and not that easy due to their similar

laboratory, biochemical and serological profile. This emphasizes the need for including specific, non-invasive diagnostic serologic markers which would both represent liver injury, but at the same time would also be specific and sensitive markers for determining the phases of the chronic HBV infection. Determining liver fibrosis is crucial in management of patients with CHB, and with the introduction of transient elastography as a non-invasive method, an immense simplification in determining liver fibrosis has been made. In the study of Seto it is found that HBsQ ≥25000 IU/ml can predict fibrosis with great certainty but in HBeAg positive patients, while this relation is not so certain in patients with HBeAg-negative CHB [15]. Our study showed that there is intermediate weak insignificant correlation between HBsQ and liver fibrosis in patients with HBeAg-negative CHB. Our study did not include patients with HBeAg positive CHB. The greatest prediction for liver fibrosis has patients' age (Wald=6.51 / p<0.05 (p=0.01), HBsQ (Wald=0.74/p>0.05 (p=0.39), then gender (Wald=0.63/p>0.05 (p=0.43), HBV DNA (Wald=0.19 / p > 0.05 (p=0.66), and ALT has the slightest influence. In our study, we made comparison in both groups of patients the HBeAg-negative CHB group and the inactive carrier group which showed that the value of HBsQ in patients with HBeAg-negative CHB is higher than in the IC group (Z=3.32, p<0.001) (p=0.0009) as well as the value of HBV DNA (Z=5.67, p<0.001) (p=0.000). The study of Zhu [16] carried out over 124 patients with chronic hepatitis B showed that there is correlation between HBV DNA and serum level of HBsQ in patients with CHB and at the same time this study showed that the level of HBsQ can appropriately reflect the level of HBV DNA replication. Pearson's correlation analysis showed that the serum level of HBV DNA is positively correlated with the serum level of quantitative HBsQ (r=0.657, p=0.000<0.05). In our study we found that in the group of IC there is intermediate strong positive correlation between HBsQ and HBV DNA, Spearman Rank R=0.45 (p<0.05), while in the HBeAg-negative group there is intermediate weak positive statically insignificant correlation Spearman Rank R=0.31 and p>0.05. In the study of Balkan [17] 204 patients with chronic hepatitis B were investigated, IC and patients with chronic active hepatitis B, and the correlation between HBsQ and HBV DNA, ALT level, liver fibrosis

and HAI index was investigated. No correlation was found in the inactive carrier group, but intermediate positive correlation was found in the patients with chronic HBeAg positive hepatitis B [17]. Unlike the Balkan's study, our study did not investigate the correlation between quantitative HBsAg and serum HBV DNA in patients with chronic HBeAg positive hepatitis B, but we found intermediate positive correlation between the investigated parameters in patients with HBeAg-negative chronic hepatitis B, and not in the inactive carrier group. Fibrosis as a form of liver injury is significantly higher in patients with HBeAg-negative chronic hepatitis B compared to IC for Fisher Exact Test p<0.05 (p=0.02). At the same time, patients with HBeAg-negative chronic hepatitis B have 10.67 times greater risk for fibrosis than IC for OR = 10.67 (95% CI: 1.20-94.74). There is intermediate weak statistically insignificant correlation between fibrosis as a dependent incidence and HBsQ as an independent parameter for R=0.25 (p<0.10). Each increase of HBsQ for one single unit (IU/ml) increases fibrosis insignificantly for 0.00001 units (p>0.05) unlike the study of Hong [18] where there is significant correlation. The Hong study showed that there is intermediate strong positive statistically significant correlation between HBsQ and quantitative HBV DNA in the IC group of patients (R=0.45, p<0.05), while in patients with HBeAg negative CHB there is intermediate weak positive statistically insignificant correlation (R=0.31, p>0.05). In the study of Gunal [19] 99 patients with HBeAg-negative chronic hepatitis B were investigated and ALT levels were compared in patients IC and patients with HBeAg-negative chronic hepatitis B, where ALT levels were 25.94±13.06 IU/ml, and 55.54±82.38 IU/ml respectively, showing statistical significance (p= 0.015). This study also showed weak but statistically significant correlation between the level of HBsQ and the ALT level (r=0.283, p=0.005). In patients included in our study, ALT level varies in the interval of 22.00±14.65 IU/ml in the inactive carrier group, while in patients with HBeAg-negative chronic hepatitis B, the ALT level varies in the interval od 57±53 IU/ml. The value of ALT is significantly higher in the latter group of patients (Z=2.89, p<0.01) (p=0.004). Similarly to the study of Gunal, our study also showed that there is intermediate strong positive correlation between HBsO and the ALT level in patients with HBeAg-negative chronic hepatitis B R=0.37( p>0.05), while in the IC group there is weak positive statistically insignificant correlation between HBsQ and ALT for R=0.03 and p >0.05. In the study of Liu [20] it has been found that the level of HBsAg<1000 IU/mL and HBV DNA <2000 IU/mL measured in one point of time give the possibility for determining which patients will stay inactive carriers of hepatitis B with moderate degree of accuracy and they can also predict occurrence of liver cirrhosis, HCC and seroconversion of HBs antigen.

#### CONCLUSIONS

Transient elastography represents a fast, simple, safe and painless method for determining liver fibrosis. Fibrosis as a form of liver injury is significantly more present in patients with HBeAg-negative chronic hepatitis B compared to inactive carriers. The investigated relationship between fibrosis as a dependent occurrence and HBsQ as an independent parameter showed intermediate weak statistically insignificant correlation. Patients' age and gender had greater influence on fibrosis occurrence. It is important to take all above mentioned variables in determining the risk for fibrosis in both groups of patients. Our study showed that there is intermediate strong positive correlation between HBsQ and HBV DNA in both groups of patients. It is thought that HBsQ reflects serum replication of hepatitis B virus (HBV DNA). Determining the correlation between HBsQ, HBV DNA, correlation of ALT with HBsQ and HBV DNA, HBsQ and liver injury might ensure more precise evaluation of the risk for liver fibrosis in patients with HBeAg-negative chronic hepatitis B and inactive carriers. The evaluation of correlation between HBsQ, HBV DNA and liver injury will also enable proper patient selection, candidates for antiviral treatment for chronic hepatitis B. At the same time, quantification of HBsAg alone, will also define its prognostic value in both disease outcome and treatment. In this way, besides more precise distinction of phases of chronic HBV infection and discriminating patients true inactive carries of hepatitis B virus, quantification of HBsAg can serve as a serologic marker for evaluating treatment outcome as well.

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#### Резиме

# КЛИНИЧКОТО ЗНАЧЕЊЕ НА КВАНТИТАТИВНИОТ НВ\$ АНТИГЕН ВО ПРЕДИКЦИЈА НА ХЕПАТАЛНАТА ФИБРОЗА КАЈ ПАЦИЕНТИ СО ХРОНИЧЕН ХЕПАТИТИС Б

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**Вовед**: Проценката за присуство на хепатална фиброза кај пациентите со хроничен хепатитис Б (ХХБ) е од големо значење во евалуација на фазите на хроничната ХБВ инфекција, навремена адиминистрација на антивирусна терапија и превенција на прогресијата на болеста и појава на касните компликации на ХХБ.

**Цел:** да се определи клиничкото значење на квантитативниот XБс антиген како предиктор на хепаталната фиброза кај пациенти со XБеАг негативен хроничен хепатитис и пациентите инактивни носители.

**Материјал и методи:** Цо студијата беа вклучени 44 пациенти со хроничен хепатитис Б, поделени во две групи, инактивни носители и пациенти со ХБеАг негативен хроничен хепатитис Б. Кај сите пациенти беше спроведено лабораториско и серолошко тестирање, ехосонографија и транзиентна еластрографија (ТЕ). И кај двете групи на пациенти беа анализирани квантитативниот ХБс антиген (HBsQ), аланин аминотрансфераза (АЛТ), хепатитис Б вирусната деоксирибонуклеинска киселина (ХБВ ДНК) и хепаталната фиброза.

**Резултати**: Вредноста на HBsQ е значајно повисока кај пациентите со XБеАг негативен хроничен хепатитис  $62477,02\pm4535,44$  во однос на инактивните носители  $8791\pm11891$  IU/ml;Z=3,32, p<0,001 (p=0,0009). Кај ИН, 1 пациент (4,76%) имал фиброза, а 20 (95,24%) немале фиброза. Од 23 пациенти со XБеАг негативен XXБ 8 (34,78%) имале фиброза, а 15 (65,22%) немале фиброза. Пациентите со XБеАг негативен хроничен хепатитис Б имале значајно поголема хепатална фиброза во однос на ИН; Fisher Exact Test p<0,05 (p=0,02). Зголемувањето на HBsQ за единечна мерка (IU/ml) нема предиктивна вредност за фиброза (Ext (B) =1,00), 95% C.I. for EXP (B): 1.00-1.00 / p>0, 05.

**Заклучок**: Квантитативниот ХБс антиген има статистички умерено слаба предикција за хепатална фиброза R=0, 25 (p<0, 10).

Клучни зборови: хроничен хепатитис Б, квантитативен ХБс антиген, ХБе антиген.