

Antioxidant and antimicrobial activities of *Lavandula angustifolia* Mill. field-grown and propagated *in vitro*

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ABSTRACT

In the study, micropropagation of three varieties of *Lavandula angustifolia* was developed, and the appearance of trichomes, antioxidant activity of extracts and antimicrobial activity of essential oils isolated from plants growing in field conditions and *in vitro* cultures were compared. The study evaluated the number of shoots, and the height and weight of the plants grown on media with additions of BAP, KIN and 2iP. The greatest height was attained by the lavenders growing on MS medium with the addition of 1 mg dm⁻³ 2iP – ‘Ellagance Purple’. The greatest number of shoots was developed by the ‘Ellagance Purple’ and ‘Munstead’ plants growing on the medium with 2 mg dm⁻³ BAP. The highest weight was attained by the plants growing on the medium with the highest concentration of BAP – 3 and 5 mg dm⁻³. Moreover, the present study determined the influence of media with the addition of different concentrations of IBA and media with a variable mineral composition (½, ¼, and complete composition of MS medium) and with the addition of IBA or NAA for rooting. The majority of the media used had a positive influence on the development of the root system. The longest root system was observed in ‘Ellagance Purple’ growing on the medium composed of ¼ MS with 0.2 mg dm⁻³ NAA. All the examined oils exhibited activity towards *S. aureus*, *S. epidermidis*, *P. aeruginosa*, *E. coli* and *C. albicans*. The majority of the essential oils isolated from the plants propagated *in vitro* exhibited stronger antimicrobial activity than the field-grown plants. The plants propagated under *in vitro* conditions demonstrated considerably higher antioxidant activity as compared with the field-grown plants, which was determined using the DPPH, FRAP and ABTS assay.

Key words: ABTS, Blue River, DPPH, essential oils, FRAP, Munstead, plant tissue culture

Abbreviations:

2iP – 6-(γ, γ-dimethylallylamino) purine, ABTS – determination of free radical-scavenging ability by the use of a stable ABTS radical cation, BA, BAP – 6-benzyloaminopurine, BR – ‘Blue River’, DPPH – determination of DPPH radical scavenging capacity, EP – ‘Ellagance Purple’, FRAP – determination of ferric reducing antioxidant power, GAE – gallic acid, IAA – indole-3-acetic acid, IBA – indole-3-butyric acid, KIN – kinetin, LSD – least significant difference, M – ‘Munstead’, MS – Murashige and Skoog medium, NAA – 1-naphthaleneacetic acid, TAA – total antioxidant activity, TE – trolox, 6-hydroxy-2,5,7,8-tetramethylchromane-2-carboxylic acid

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INTRODUCTION

The genus *Lavandula* belongs to the Lamiaceae Lindl., Labiatae Juss. family, and it includes approximately 39 species (Upson and Andrews 2004). The natural distribution area for lavender is the Mediterranean (Basch et al. 2004), as well as the Canary Islands and India (Upson and Andrews 2004, Verma et al. 2010). Native species of the genus can also be found in northern, eastern and southern Africa, Bulgaria, Spain, Poland, Turkey, France, England, Russia, Australia and the USA (Śmigielski et al. 2009, Kara and Baydar 2013). The genus *Lavandula* represents one of the most popular ornamental and medicinal plants (Lis-Balchin and Hart 1997, Ghelardini et al. 1999, Lis-Balchin and Hart 1999, Woronuk et al. 2011). The best-known species of the genus *Lavandula* include *L. stoechas*, *L. dentata* and *L. angustifolia*, the last of them also referred to as *L. officinalis*.

Lavender has a long history as a medicinal product. *In vitro* tests have demonstrated that lavender oil has analgesic (Silva et al. 2015) and anaesthetic effects (Ghelardini et al. 1999). Lavender scent in the room prevents deterioration in work performance (Sakamoto et al. 2005), may improve memory and the health state of people with Alzheimer's disease (Adersen et al. 2006). Lavender essential oil helps treat diseases of the digestive tract; it exhibits a diastolic effect for the ileum and smooth muscles (Lis-Balchin and Hart 1997). Thus far, antimicrobial (Cavanagh and Wilkinson 2002, Adaszyńska et al. 2013), antifungal (Moon et al. 2007) and antioxidant (Spiridon et al. 2011) activities of the essential oils isolated from field-grown plants have been confirmed.

Essential oils constitute mixtures of volatile compounds, primarily monoterpenes and sesquiterpenes (Landmann et al. 2007, Mahmoudi and Nosrati 2013, Akbar et al. 2014). The main components of the essential oils from *L. angustifolia* are, among others, linalool, linalool acetate, geraniol, and borneol (Cong et al. 2008, Demissie et al. 2011, Prasad et al. 2015). The composition of an essential oil depends mainly on the plant genotype, yet its composition may differ under the influence of developmental and environmental factors, e.g. exposure to the sun, plant age, seedling collection method, or essential oil isolation method (Verma et al. 2010, Hamad et al. 2013, Wesolowska et al. 2015a, 2015b).

A method allowing the obtaining of a large amount of plant tissues in order to isolate essential

oils from them is the *in vitro* tissue culture method. Thus far, several attempts have been made to propagate *Lavandula* plants *in vitro*, e.g. such species as: *L. dentata* (Sudriá et al. 1999, Sudriá et al. 2001), *L. pedunculata* (Zuzarte et al. 2010), *L. viridis* (Nogueira and Romano 2002), and *L. angustifolia* (Falk et al. 2009). However, the antimicrobial and antioxidant properties of the essential oils isolated from them have not been determined. In a study conducted by Andrys and Kulpa (2017), it was found that the composition and the amount of oils isolated from tissues of plants propagated *in vitro* differed from those of the oils isolated from field-grown plants, which might have an influence on their antioxidant and antimicrobial activities. As indicated by an antimicrobial study in relation to essential oils of *in vitro* *Salvia przewalskii* (Skała et al. 2007), and in relation to ethanol extracts of *in vitro* *Syzygium cumini* (Vidwans et al. 2015), and also by an antioxidant study of *in vitro* *Curcuma aromatica* essential oils (Mohanty et al. 2015), the activity of isolates from *in vitro* plants is different and usually higher in comparison with plants growing in field conditions.

Essential oils with elevated antimicrobial and antioxidant activities, isolated from plants growing in *in vitro* conditions may be used for the preservation of cosmetics and to prolong their shelf life. Currently, the majority of preservatives used by the cosmetics industry are artificially synthesized chemical compounds. Preservatives such as: phenoxyethanol, benzyl alcohol, dehydroacetic acid or parabens have a negative impact on human skin and a possible carcinogenic effect (Darbre et al. 2004). The preservatives mentioned have been approved by the FDA (Food and Drug Administration) of the USA, and by the Regulation of the European Parliament and the European Commission (EC) no. 1223/2009 in the European Union, yet they cannot exceed 1% of product's volume for phenoxyethanol and benzyl alcohol, and 0.6% for dehydroacetic acid. Therefore, new, natural preservatives are searched for as an alternative to the artificial and synthetic preservatives. Due to the expected high biological activity of essential oils, artificial preservatives that are strongly allergenic, irritating and undesirable substances would not have to be added to cosmetics.

The present study aimed to develop an efficient method for the propagation of three *L. angustifolia* cultivars *in vitro* in order to obtain a large amount of plant tissue, and to compare the antioxidant activity of dried plant material and antimicrobial activity of

essential oils isolated from field-grown and *in vitro* plants. Moreover, the morphology of the secretory organs, such as trichomes, which produce essential oils, was compared.

MATERIAL AND METHODS

Plant material and in vitro conditions

The material for the establishment of *in vitro* cultures consisted of 1-year-old plants of three *L. angustifolia* cultivars: Munstead, Ellagance Purple and Blue River, grown in an experimental field of the Department of Horticulture at the West Pomeranian University of Technology in Szczecin. The study material for the determination of antioxidant activity, polyphenol content and for the isolation of essential oils to determine their antimicrobial activity, as well as for microscopic examination consisted of the shoots together with the inflorescence leaves of the same field-grown plants and from plants propagated *in vitro* on MS (Murashige and Skoog 1962) medium enriched with 2 mg dm⁻³ KIN (kinetin) and 0.2 mg dm⁻³ IAA (indole-3-acetic acid).

For the establishment of the cultures, 1-2 cm long shoot fragments were used, which were rinsed under running water for 15 min., then immersed in 70% EtOH for 30 seconds, and subsequently in 7% sodium hypochlorite (NaOCl) for 20 min. The disinfected fragments were rinsed with sterile ddH₂O three times, dried on a sterile filter paper, and placed in 200 ml jars, each of which contained 20 ml of MS medium enriched with 0.1 mg dm⁻³ KIN and 0.01 mg dm⁻³ IAA. At all the stages of the study, use was made of the basal MS medium (Murashige and Skoog 1962) supplemented with vitamins: 0.5 mg dm⁻³ nicotinic acid, 0.5 mg dm⁻³ pyridoxine HCl, 0.1 mg dm⁻³ thiamine HCl, 2 mg dm⁻³ glycine, 30 g dm⁻³ sucrose, 100 mg dm⁻³ inositol, and 7 g dm⁻³ agar. The control medium at all the stages of the study was the MS medium without the addition of plant growth regulators. The pH of the medium was established at 5.7 using 0.1 M solutions of HCl and NaOH, and it was sterilized in an autoclave at 121°C for 20 min. A single explant was placed on each medium in 50 repetitions. After introducing the plant fragments, the jars were placed in a growth chamber for 14 days at a temperature of 23 ± 1°C. The cultures were illuminated with fluorescent light with an intensity of 40 PAR (μE m⁻² s⁻¹) for 16 h a day. After 14 days of culture, the explants which initiated growth were selected for further studies.

Propagation stage

The explants which initiated growth were passaged onto the MS medium 2 times. From this baseline population, plant fragments were obtained and divided into single-node shoot fragments. MS media with the addition of BAP (6-benzylaminopurine), KIN or 2iP (6-(γ, γ-dimethylallylamino) purine) in the amount from 0.5 to 5 mg dm⁻³ were used. Eight explants were introduced into each jar in 20 repetitions. The propagation stage lasted 6 weeks.

Rooting stage

In the first experiment, single-node shoot fragments were placed on the MS medium supplemented with IBA (indole-3-butyric acid) in a concentration from 0.05 mg dm⁻³ to 1.75 mg dm⁻³. In the subsequent experiment, lavender fragments were placed on the media with ½, ¼ and full MS mineral composition with the addition of 0.2 mg dm⁻³ IBA or NAA (1-naphthaleneacetic acid). Eight explants were introduced into each jar in 20 repetitions. The rooting stage lasted 4 weeks.

Micromorphological analysis

Leaves of narrow-leaved lavender plants growing in field conditions and *in vitro* were subjected to a micromorphological analysis with the use of a scanning electron microscope (SEM). Fresh leaves were cut from a stalk and mounted on SEM stubs and stored in a desiccator with silica gel until dry. The material was dried in a Quorum Technologies Critical Point Dryer, then sprayed with a gold layer in a Quorum Technologies Sputter Coater. Observations were conducted using a Carl Zeiss EVO LS 10 SEM with an accelerating voltage of 1 or 15 kV. The diameter of trichomes and their number on both adaxial and abaxial surfaces of the leaf was determined in field-grown and *in vitro* propagated plants.

Antimicrobial activity of essential oils

Essential oils were isolated from field-grown and *in vitro* propagated plants using the hydrodistillation method in the Deryng apparatus in accordance with the European Pharmacopoeia (2014). 20 g of air-dry plant tissue dried at 30°C was treated with distilled water and heated to boiling temperature, then left to cool down. Then, the distillate isolated in the condenser was dried using anhydrous sodium sulfate (VI). The thus obtained essential oil was used for further study. The disc diffusion method was used to evaluate the antimicrobial activity. The activity was determined for the bacteria *Escherichia coli* (ATCC 8739), *Pseudomonas aeruginosa*

(ATCC 9027), *Staphylococcus aureus* (ATCC 6538), *Staphylococcus epidermidis* (ATCC 12228), and the fungi *Candida albicans* (ATCC 10231). The positive control consisted of nystatin (*C. albicans*), piperacillin (*E. coli* and *P. aeruginosa*), cefoxitin (*S. aureus* and *S. epidermidis*) and 96% EtOH. DMSO constituted the negative control. Mueller Hinton media were inoculated with 100 µl of bacteria (106 CFU/ml). Filter paper discs (diameter 6 mm) were soaked for 1-2 min. with 10 µl of essential oil at 100% concentration and immediately transferred symmetrically onto the inoculated plate. The plates were incubated at 37°C for 24 h (bacteria), or 48 h (*C. albicans*), then readout was performed. Zones of growth inhibition were measured (as diameter given in millimeters). The analyses were performed in three repetitions.

Preparation of plant extracts

The material for the study consisted of dried narrow-leaved lavender plants grown in the field and propagated *in vitro*. The preparation of plant extracts for antioxidant property analysis and total polyphenol content was performed using the method proposed by Wojdyło et al. (2007) with some modifications. Dried lavender herb samples were ground using a laboratory mill. The ground dry plant material (1 g) was treated with 80% aqueous methanol (MeOH) to 100 ml volume. The mixtures were placed in an ultrasonic bath at room temperature and sonicated continuously for two periods: 10 and 15 minutes, and then left for 24 hours at room temperature. The obtained extracts were filtered through Whatman No. 1 filter paper. The filtrates were diluted 10 times with 80% MeOH and then centrifuged at 1500 rpm for 10 minutes. All the extractions were carried out in three replicates. The extracts were kept at 4°C and used for analyses within 24 hours. The thus obtained extracts were used to determine the polyphenol content and antioxidant activity using the DPPH, FRAP and ABTS methods.

Determination of total polyphenol content

Total polyphenol content was determined spectrophotometrically using the Folin-Ciocalteu colorimetric method as described by Wojdyło et al. (2007) with some modifications (Akbar et al. 2014, Mahmoudi and Nosratpour 2013). Plant extract (100 µl) was mixed with 0.2 ml of the Folin-Ciocalteu reagent, 2 ml of distilled water and 1 ml of 20% sodium carbonate. The samples were allowed to stand for 1 hour at room temperature in darkness. Then absorbance was measured at

760 nm. Gallic acid (GAE) was used to calculate the standard curve, and the results were expressed as GAE milligrams per g of dry weight (DW).

Determination of DPPH radical scavenging capacity

The DPPH (2,2-diphenyl-1-picrylhydrazyl) radical scavenging capacity was evaluated according to the procedure of Kumaran and Karunakaran (2007), and Wojdyło et al. (2007). DPPH (0.3 mM) was dissolved in pure ethanol (99.8%). Plant extract (1 ml) or 1 ml of 80% MeOH (control) was added to 3 ml of pure ethanol (EtOH) and 1 ml of the DPPH solution. The samples were incubated at room temperature for 10 minutes in the dark. The reduction of the DPPH radical was determined spectrophotometrically by measuring absorption at 517 nm. The percentage of DPPH scavenging activity was calculated using the equation: $[A_0 - A_1/A_0] \times 100$, where A_0 is the absorbance of the control, and A_1 is the absorbance of the extract. Moreover, trolox (TE, 6-hydroxy-2,5,7,8-tetramethylchromane-2-carboxylic acid) was used to calibrate the standard curve, and the results were expressed as mg of trolox equivalent antioxidant capacity per 1 g of dry weight sample (mg TE g⁻¹ DW).

Determination of ferric reducing antioxidant power (FRAP)

The total antioxidant potential of the samples was determined using the ferric reducing ability of plasma FRAP assay by Wojdyło et al. (2007) as a measure of antioxidant power. FRAP reagent was prepared by mixing acetate buffer (300 mM, pH 3.6), a solution of 10 mM TPTZ (2,4,6-tris(2-pyridyl)-s-triazine) in 40 mM HCl, and 20 mM FeCl₃·6H₂O (iron(III) chloride hexahydrate) at 10:1:1 (v/v/v), and warmed at 37°C before use. For the spectrophotometric assay, 2.7 ml of the reagent and 0.3 ml of the sample solution were mixed. The absorbance was taken at 593 nm after 4 minutes. The standard curve was prepared using different concentrations of trolox. The results were expressed in mg TE per g DW.

Determination of free radical-scavenging ability by the use of a stable ABTS radical cation

The free radical-scavenging activity was determined by ABTS radical cation decolorization procedures described by Re et al. (1999), Chew et al. (2011) and Wojdyło et al. (2007) with some modifications. ABTS (2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) diammonium salt was dissolved in distilled water to a 7 mM concentration. ABTS

radical cation (ABTS^{•+}) was produced by reacting ABTS stock solution with 2.45 mM potassium peroxodisulfate and kept in the dark at room temperature for 16 h before use. The ABTS^{•+} solution was diluted with PBS (phosphate buffered saline, pH 7.4) until its absorbance was equilibrated to 0.7 (± 0.02) at 734 nm before usage. After the addition of 3.0 ml of diluted ABTS^{•+} solution ($A_{734} = 0.7 \pm 0.02$) to 300 μ l of methanolic plant extracts, the absorbance reading was exactly 6 min. after the initial mixing. Trolox was used for calibrating the standard curve, and the results were expressed as mg TE per 1 g of sample dry weight. Moreover, the percentage of ABTS radical scavenging capacity (Total Antioxidant Activity, TAA%) was calculated using the formula: $[1 - (A_s/A_c)] \cdot 100$ (A_s – absorbance of plant extract; A_c – absorbance of control).

Statistical analysis

All the experiments, except the determination of antimicrobial activity of essential oils, were set up in a two-factor completely randomised design. The original percentage data from the rooting stages were transformed by arcsine transformation ($y' = \arcsin y/2$, y = original percentage/100). The significance of differences was determined by analysis of variance (ANOVA) and the Tukey t-test at $p = 0.05$. The results obtained for antimicrobial activity were statistically analyzed using analysis of variance for 1-way cross-classification.

RESULTS AND DISCUSSION

Initiation stage

In the present study, the starting material were fragments of shoots of lavender plants, which were placed onto MS medium supplemented with 0.1 mg dm⁻³ KIN and 0.01 mg dm⁻³ IAA, on which growth was initiated in 90% of the explants placed.

Propagation stage

The present study determined the influence of cytokinins: BAP, KIN and 2iP in concentrations from 0.5 to 5 mg dm⁻³ added to media with the composition according to Murashige and Skoog (1962), on the height, number and weight of shoots. The cytokinins used: BAP (0.5-5 mg dm⁻³), 2iP (0.5-5 mg dm⁻³) and KIN (2-5 mg dm⁻³) had a positive influence on the development of plants of all the cultivars – the plants were taller and were characterized by greater weight in comparison with the control (Tab. 1). The strongest influence on growth was exerted by the media supplemented with 1.0 mg dm⁻³ 2iP for plants of 'Ellagance Purple'

(3.9 cm), and 2.0 mg dm⁻³ BAP for 'Munstead' (3.6 cm). The medium without the addition of growth regulators had the strongest influence on the growth of 'Blue River' (3.9 cm). The media promoting the greatest weight gain were those supplemented with 5.0 mg dm⁻³ BAP for 'Ellagance Purple' (1.3 g) and 'Munstead' (1.0 g), and 3.0 mg dm⁻³ BAP for 'Blue River' (1.0 g).

For the propagation of *L. angustifolia*, Kumar et al. (2015) used MS medium with 4 combinations of BAP concentrations (0.5, 1, 2 and 1 mg dm⁻³) and the respective concentrations of IAA (0.5, 0.5, 0.5 and 1 mg dm⁻³). The medium inducing the best propagation of the plants and the highest number of shoots was that supplemented with 2 mg dm⁻³ BAP and 0.5 mg dm⁻³ IAA. Al-Bakhit et al. (2007), too, had tested the combinations of cytokinin with auxin. They observed that the use of KIN in a concentration of 1.5 mg dm⁻³ combined with NAA in a concentration of 0.05 mg dm⁻³ at the same time stimulated the growth, weight gain and number of shoots in *L. angustifolia*. On the other hand, Jordan et al. (1998) had observed that the propagation of *L. dentata* plants was influenced by the concentration of cytokinin in the initial stage of cultures. Subculture considerably decreases the final number of shoots on the node segments of the isolated shoots, increasing in the presence of 2.0 μ M BA or 40.0 μ M KIN. It has been observed that the best multiplication efficiency is shown by plants growing on a medium containing 5.0 μ M BA or 20 μ M KIN.

The growth regulators used in the study: BAP and 2iP in a concentration of 0.5-5 mg dm⁻³ and KIN at 1-5 mg dm⁻³ had a positive influence on the number of shoots, which was considerably higher for all the tested cultivars in comparison with the control. The media influencing the formation of the greatest number of shoots were the MS-based media supplemented with 1.0 mg dm⁻³ 2iP for 'Blue River' (7.5), and 2.0 mg dm⁻³ BAP for 'Ellagance Purple' (6.9) and 'Munstead' (9.9). Chishti et al. (2006), too, had recorded that the MS medium supplemented with 2 mg dm⁻³ BAP influenced the production of the greatest number of shoots. Those authors found that supplementation of the medium with BAP increased the number of shoots (15-45) to a greater extent than the addition of KIN (6-10). In the cultivar Munstead, BAP in a concentration of 0.8 mg dm⁻³ stimulated the number of shoots (16.5) to a greater extent than KIN (1-10.8) (Hamza et al. 2011). Also Leelavathi and Kuppan (2013) observed that the use of the same cytokinin (2 mg dm⁻³ KIN) influenced the

Table 1. Morphological traits of the cultivars of *L. angustifolia* propagated on media with different concentrations of BAP, KIN and 2iP (n = 160). The values represent the means of replicates \pm SE

Cytokinins content (mg dm ⁻³)	Shoot height (cm)				Number of shoots				Plant weight (g)			
	EP*	BR	M	Mean	EP	BR	M	Mean	EP	BR	M	Mean
Control	-	3.10 \pm 0.51	3.90 \pm 0.61	1.83 \pm 0.45	2.94	1.53	\pm 0.55	2.65	\pm 1.72	1.23	\pm 0.48	1.80
	0.5	3.13 \pm 0.70	3.47 \pm 0.78	3.08 \pm 0.61	3.23	5.03	\pm 1.95	5.55	\pm 2.07	6.40	\pm 1.71	5.66
	1.0	3.38 \pm 0.63	3.68 \pm 0.62	3.54 \pm 0.49	3.54	5.80	\pm 1.71	7.13	\pm 2.42	8.80	\pm 3.02	7.24
BAP	2.0	3.31 \pm 0.71	3.19 \pm 0.73	3.60 \pm 0.74	3.37	6.88	\pm 2.50	6.38	\pm 2.73	9.88	\pm 3.80	7.71
	3.0	3.78 \pm 0.88	3.22 \pm 0.52	3.50 \pm 0.69	3.50	6.60	\pm 2.10	6.68	\pm 2.16	9.15	\pm 2.50	7.48
	5.0	3.75 \pm 0.59	2.90 \pm 0.63	3.14 \pm 0.59	3.26	6.65	\pm 1.81	5.30	\pm 2.34	9.65	\pm 3.45	7.20
	0.5	3.64 \pm 0.68	3.05 \pm 0.49	3.30 \pm 0.42	3.33	3.28	\pm 0.96	5.18	\pm 3.54	6.23	\pm 2.93	4.89
	1.0	3.90 \pm 0.57	3.38 \pm 0.49	3.55 \pm 0.61	3.61	4.03	\pm 1.17	7.50	\pm 3.01	6.55	\pm 2.70	6.03
2iP	2.0	3.60 \pm 0.75	2.92 \pm 0.56	2.93 \pm 0.60	3.15	4.43	\pm 1.34	6.13	\pm 1.73	5.83	\pm 1.50	5.46
	3.0	3.39 \pm 0.71	3.00 \pm 0.65	3.48 \pm 0.65	3.29	4.83	\pm 1.50	5.80	\pm 2.22	6.73	\pm 2.26	5.78
	5.0	3.47 \pm 0.38	3.06 \pm 0.52	3.34 \pm 0.76	3.29	6.83	\pm 1.48	4.55	\pm 1.34	6.58	\pm 2.90	5.98
	0.5	3.63 \pm 0.57	3.44 \pm 0.79	2.28 \pm 0.61	3.12	2.23	\pm 1.14	2.70	\pm 1.94	2.05	\pm 0.99	2.33
	1.0	3.34 \pm 0.63	3.20 \pm 0.48	2.57 \pm 0.45	3.04	2.40	\pm 1.17	3.30	\pm 1.92	2.65	\pm 1.46	2.78
KIN	2.0	3.58 \pm 0.70	3.25 \pm 0.35	2.89 \pm 0.69	3.24	2.48	\pm 1.81	4.05	\pm 2.57	3.05	\pm 1.74	3.19
	3.0	3.77 \pm 0.62	3.01 \pm 0.60	2.95 \pm 0.77	3.24	3.40	\pm 1.48	3.78	\pm 1.88	5.13	\pm 2.39	4.10
	5.0	3.86 \pm 0.79	3.25 \pm 0.66	3.23 \pm 0.67	3.44	4.35	\pm 1.24	6.48	\pm 2.02	6.40	\pm 2.44	5.74
Mean		3.54	3.24	3.07		4.42		5.20		6.02		5.58
LSD _{0.05} for:												
Cultivar			0.15					0.44				0.07
Medium			0.24					0.69				0.11
Interaction C \times M			0.59					1.70				0.28
Interaction M \times C			0.34					0.98				0.16

*EP – Ellagance Purple, BR – Blue River, M – Munstead

formation of a greater number (22.3) of shoots in *L. angustifolia*. Parkash and Singh (2013) demonstrated that a high concentration of auxin (15 mg dm⁻³ IBA) had a significant influence on the elongation of leaves formed in *L. angustifolia*, yet kinetin (2 mg dm⁻³ BAP) increased their number. According to Kumar et al. (2015), the use of MS supplemented with cytokinin (2 mg dm⁻³ BAP) and auxin (0.5 mg dm⁻³ IAA) influences the increase in the number of shoots. Similar relationships were determined for *L. angustifolia* by Soni et al. (2013).

The majority of the media tested in this study had a positive influence on the plants, which were taller, weighed more, and were characterized by a greater number of shoots than the plants growing on the control medium.

Rooting stage

The use of IBA in a concentration of 0.1-0.2 and 0.75 mg dm⁻³ stimulated the formation of the root system, which was longest among all the examined cultivars (Tab. 2). The longest root system (1.1-2.5 cm) was observed in all the cultivars in the presence of 0.2 mg dm⁻³ IBA. The auxin used at all the concentrations, except for 0.2 mg dm⁻³, had a positive influence on the height of the plants, which were considerably taller than the plants rooted in the control medium. The strongest influence on the height of cultivars was exerted by the media supplemented with 0.05 mg dm⁻³ IBA for 'Ellagance Purple' (3.0 cm), 0.5 mg dm⁻³ IBA for 'Blue River' (3.7 cm), and 0.07 mg dm⁻³ IBA for 'Munstead' (4.8 cm).

On the other hand, IBA in concentrations of 0.05-0.15, 0.5-0.75 and 1.5-1.75 mg dm⁻³ influenced the increase in the weight of the tested cultivars. The media stimulating the greatest weight gain were those supplemented with 0.15 mg dm⁻³ IBA for 'Ellagance Purple', 0.5 mg dm⁻³ IBA for 'Blue River', and 0.1, 1.5-1.75 mg dm⁻³ IBA for 'Munstead'. The percentage of rooted plants was at a level of 85-95.6% compared with 4.4-7.5% for the control (Fig. 1).

Moreover, the conducted study determined the influence of media with different mineral compositions (MS, ½ and ¼ MS) enriched with 0.2 mg dm⁻³ IBA or NAA on the height, root length and weight of the plants (Tab. 3). All of the media used had a positive influence on the formation of the root system in the examined cultivars. The roots were longer than in the plants growing on the control medium. The strongest influence on root length was exerted by ¼ MS supplemented with 0.2 mg dm⁻³ NAA for 'Ellagance Purple' (3.4 cm), ¼ MS supplemented with 0.2 mg dm⁻³ IBA for 'Blue River' (2.2 cm), and MS with the addition of 0.2 mg dm⁻³ IBA for 'Munstead' (1.9 cm). The percentage of rooted plants was at a level of 87.5-96.3% compared with 7.5 – 11.9% for the control (Fig. 2).

Hamza et al. (2011) had observed that the use of ½ MS medium supplemented with 1 mg dm⁻³ NAA resulted in a higher number of roots (21.25), yet the use of half the mineral composition of MS with the addition of 2 mg dm⁻³ IBA had the most positive influence on root length (6 cm). In their study, Chishti et al. (2006) had demonstrated that the best medium influencing the formation and length of the

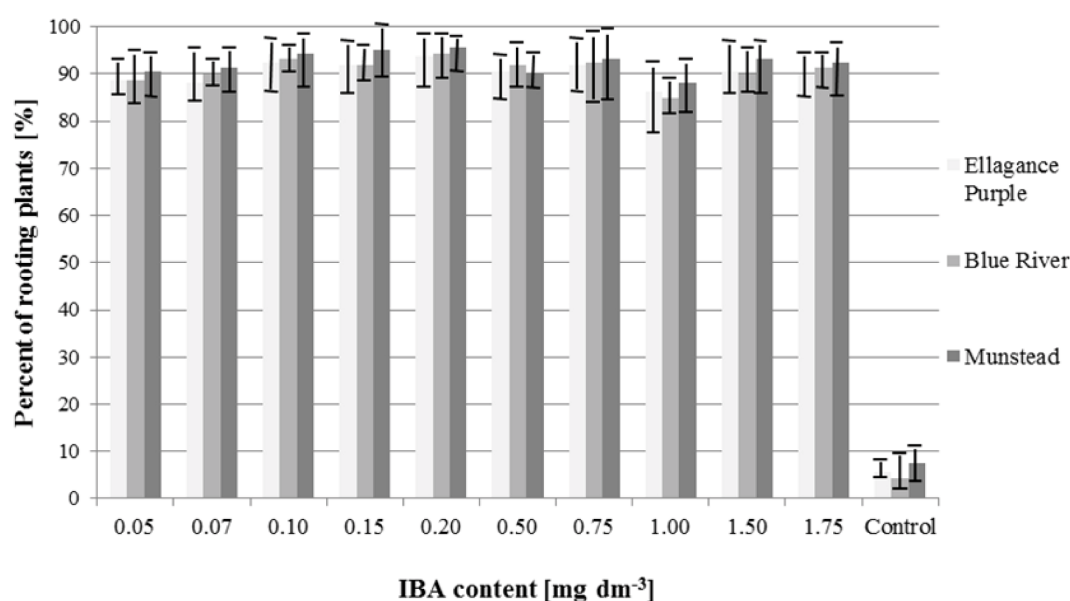


Figure 1. Influence of different concentrations of IBA (mg dm⁻³) on the percentage of rooted plants. Values are expressed as means ±SD of three replicates

Table 2. Morphological traits of the cultivars of *L. angustifolia* rooting on MS media with the addition of different concentrations of IBA (n = 160). The values represent the means of replicates \pm SE

IBA content (mg dm ⁻³)	Shoot height (cm)				Plant weight (g)				Root length (cm)			
	EP*	BR	M	Mean	EP	BR	M	Mean	EP	BR	M	Mean
0.05	3.02 \pm 0.18	3.12 \pm 0.40	4.14 \pm 0.84	3.43	0.17 \pm 0.43	0.13 \pm 0.76	0.14 \pm 1.02	0.15	0.88 \pm 0.03	0.93 \pm 0.07	0.80 \pm 0.06	0.87
0.07	2.96 \pm 0.41	3.17 \pm 0.72	4.81 \pm 0.16	3.65	0.16 \pm 0.10	0.15 \pm 0.61	0.13 \pm 1.30	0.15	0.63 \pm 0.08	0.98 \pm 0.04	0.97 \pm 0.05	0.86
0.10	2.91 \pm 0.55	3.07 \pm 0.12	4.11 \pm 0.64	3.36	0.17 \pm 1.79	0.12 \pm 0.63	0.17 \pm 1.14	0.16	1.43 \pm 0.03	0.90 \pm 0.08	0.87 \pm 0.04	1.06
0.15	2.56 \pm 0.56	3.15 \pm 0.16	4.30 \pm 0.41	3.34	0.18 \pm 1.31	0.15 \pm 0.63	0.14 \pm 0.51	0.16	1.47 \pm 0.03	0.73 \pm 0.06	1.05 \pm 0.04	1.08
0.20	2.25 \pm 0.43	2.95 \pm 0.29	4.17 \pm 0.47	3.12	0.13 \pm 0.58	0.13 \pm 0.57	0.16 \pm 0.53	0.14	2.49 \pm 0.02	1.05 \pm 0.05	1.48 \pm 0.06	1.67
0.50	2.29 \pm 0.55	3.68 \pm 1.03	4.26 \pm 0.77	3.41	0.12 \pm 1.46	0.19 \pm 0.80	0.14 \pm 0.90	0.15	1.16 \pm 0.06	0.90 \pm 0.02	0.65 \pm 0.05	0.91
0.75	2.69 \pm 0.69	3.18 \pm 0.67	4.37 \pm 0.19	3.41	0.14 \pm 1.27	0.16 \pm 0.67	0.16 \pm 1.26	0.16	1.44 \pm 0.08	0.73 \pm 0.02	0.91 \pm 0.10	1.03
1.00	2.75 \pm 0.63	3.10 \pm 0.47	4.75 \pm 0.97	3.53	0.12 \pm 0.69	0.14 \pm 0.42	0.15 \pm 0.89	0.14	1.43 \pm 0.05	0.74 \pm 0.07	0.63 \pm 0.07	0.93
1.50	2.63 \pm 0.66	2.96 \pm 0.42	4.29 \pm 0.31	3.30	0.14 \pm 1.07	0.17 \pm 0.67	0.17 \pm 0.97	0.16	1.42 \pm 0.06	0.87 \pm 0.08	0.11 \pm 0.09	0.80
1.75	2.63 \pm 0.83	2.96 \pm 0.65	4.29 \pm 0.31	3.30	0.14 \pm 1.08	0.17 \pm 0.65	0.17 \pm 0.20	0.16	1.42 \pm 0.03	0.87 \pm 0.06	0.11 \pm 0.08	0.80
Control	1.92 \pm 0.60	2.73 \pm 0.88	4.09 \pm 0.21	2.91	0.10 \pm 1.26	0.16 \pm 0.54	0.09 \pm 0.60	0.12	0.69 \pm 0.04	0.72 \pm 0.04	0.35 \pm 0.04	0.59
Mean	2.60	3.10	4.32		0.14	0.15	0.15		1.31	0.86	0.72	
LSD _{0.05} for:												
Cultivar (C)		0.20				ns				0.28		
Medium(M)		0.28				0.03				0.39		
Interaction C \times M		0.64				0.06				0.89		
Interaction M \times C		0.39				0.04				0.55		

*EP – Ellagance Purple, BR – Blue River, M – Munstead, ns – statistically not significant

Table 3. Morphological traits of the cultivars of *L. angustifolia* rooting on full MS, ½ and ¼ MS media with the addition of 0.2 mg dm⁻³ IBA or NAA (n = 160). The values represent the means of replicates ±SE

Mineral composition and auxin content (mg dm ⁻³)	Shoot height (cm)				Plant weight (g)				Root length (cm)			
	EP*	BR	M	Mean	EP	BR	M	Mean	EP	BR	M	Mean
MS	3.08 ±0.89	3.56 ±0.74	2.51 ±0.57	3.05	0.17 ±1.46	0.17 ±0.53	0.14 ±0.47	0.16	1.73 ±0.05	0.43 ±0.07	1.21 ±0.07	1.12
1/2 MS + 0.2 NAA	2.85 ±1.00	2.32 ±0.62	1.93 ±0.45	2.37	0.16 ±1.86	0.14 ±1.28	0.08 ±0.61	0.13	2.75 ±0.03	1.50 ±0.03	1.49 ±0.05	1.91
1/4 MS	2.30 ±0.68	1.85 ±0.49	2.04 ±0.32	2.06	0.13 ±1.00	0.09 ±1.61	0.14 ±0.54	0.12	3.42 ±0.04	1.45 ±0.03	1.82 ±0.08	2.23
MS	2.28 ±0.73	2.78 ±0.82	2.37 ±0.62	2.48	0.10 ±1.20	0.13 ±0.84	0.15 ±0.48	0.12	2.15 ±0.04	1.13 ±0.06	1.88 ±0.09	1.72
1/2 MS + 0.2 IBA	2.49 ±0.72	2.19 ±0.54	1.99 ±0.40	2.22	0.11 ±1.22	0.14 ±1.49	0.08 ±0.59	0.11	2.64 ±0.06	1.36 ±0.07	1.31 ±0.06	1.77
1/4 MS	2.46 ±0.65	1.98 ±0.60	1.91 ±0.49	2.11	0.11 ±1.27	0.13 ±0.66	0.08 ±0.84	0.10	3.12 ±0.05	2.17 ±0.02	1.03 ±0.05	2.11
Control	2.18 ±0.64	2.73 ±0.68	2.61 ±0.54	2.51	0.10 ±1.16	0.16 ±0.84	0.09 ±0.68	0.12	0.77 ±0.05	0.72 ±0.04	0.40 ±0.04	0.63
Mean	2.52	2.49	2.19		0.13	0.14	0.11		2.37	1.25	1.30	
LSD _{0.05} for:												
Cultivar (C)		0.18				0.02				0.38		
Medium(M)		0.22				0.02				0.45		
Interaction C × M		0.45				0.04				0.92		
Interaction M × C		0.31				0.03				0.63		

*EP – Ellagance Purple, BR – Blue River, M – Munstead, ns – statistically not significant

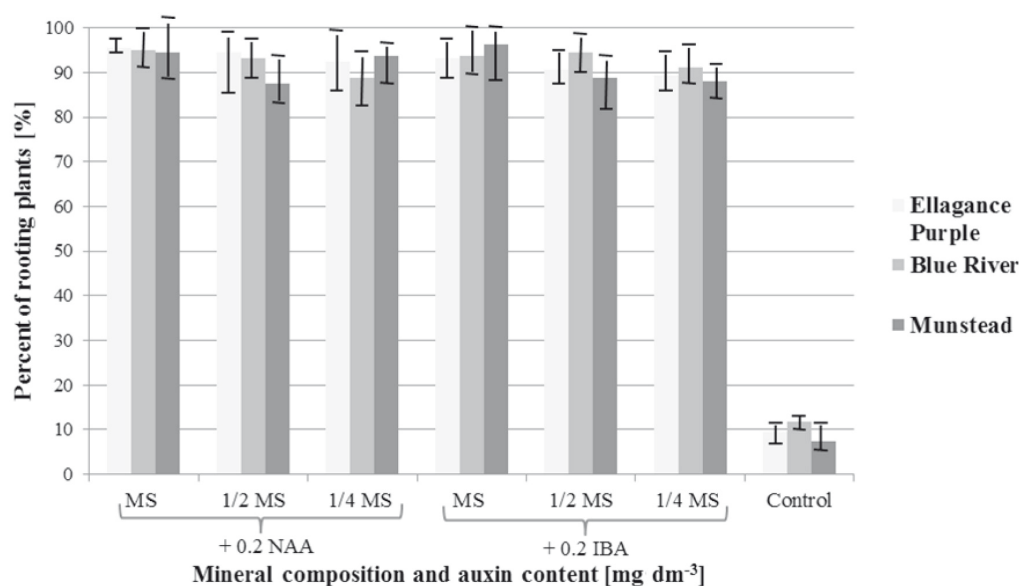


Figure 2. Influence of mineral composition and auxin content (mg dm^{-3}) on the percentage of rooted plants. Values are expressed as means \pm SD of three replicates

root system was $\frac{1}{2}$ MS supplemented with 1 mg dm^{-3} IBA (2.1 cm), whereas in plants rooted on $\frac{1}{2}$ MS with 0.5 mg dm^{-3} IAA, the roots were considerably shorter (1 cm). For the rooting of microseedlings of *L. angustifolia* and *L. latifolia*, Al-Bakhit et al. (2007) used an MS medium supplied with NAA or IBA in concentrations of $0\text{--}0.5 \text{ mg dm}^{-3}$. On each of the rooting media used, the formation of roots was noted, yet the media providing the best results were those containing 0.4 mg dm^{-3} NAA or IBA. According to Jordan et al. (1998), *L. dentata* plants root perfectly on the MS medium with the macroelements content reduced by half and without the addition of growth regulators.

Micromorphological analysis

Researchers' opinions on the effect of plant propagation method on the morphology of secretory trichomes are divergent. Taha and Haron (2008) suggest that morphological and anatomical differences can be seen in the structure of leaves of plants cultivated under field and *in vitro* conditions, related to the conditions of their growth and development. Zuzarte et al. (2008, 2010) evaluated the structure and appearance of trichomes in *L. pedunculata* and observed that the trichomes, as well as the essential oils accumulated therein, from *in vitro* plants are identical to those from field-grown plants. In the present study, the diameter, as well as the number of trichomes per 1 mm^2 , were compared. Trichomes are found on both sides of the leaf and are attached to it by the stalk cell (Hallahan 2000, Turner and Croteau 2004).

Naidu and Shah (1981) were among the first researchers to conduct observations of trichomes in *L. angustifolia*. In their classification, which included other Lamiaceae genera, they divided trichomes into 5 groups, yet in *L. angustifolia* they observed 4 of them. Mesquita et al. (1992) noted that only two types of trichomes are found in *L. stoechas*. Yet, Zuzarte et al. (2010) divided the secretory glands in the *Lavandula pedunculata* into several types: peltate, capitate type I, capitate type II and bifurcated. Among the capitate trichomes, two types are distinguished: type I consists of a basal cell on a short, single-cell stalk with a round head, whereas type II consists of the basal cell, single-cell stalk, neck cell and a single-cell head. Both trichome types had been described earlier by Werker et al. (1985) for the Lamiaceae family. In the present study, fully developed peltate trichomes with a swollen head were observed (Fig. 3). Trichomes with a similar structure had been observed by Duarte and Souza (2014) in *L. dentata*. Secretory trichomes in all the tested cultivars had a greater diameter in the plants growing under natural conditions in comparison with the plants propagated *in vitro* (Fig. 4). The trichome size on the adaxial surface of leaf from field-grown plants was from $66.1 \text{ }\mu\text{m}$ to $73.1 \text{ }\mu\text{m}$, whereas on the abaxial side it was from $66.4 \text{ }\mu\text{m}$ to $73.8 \text{ }\mu\text{m}$ (Tab. 4). The differences were observed not only between the plants of different origins, but also between the tested cultivars of *L. angustifolia*. Smaller diameters of trichomes in plants from *in vitro* conditions occurred on the adaxial side of

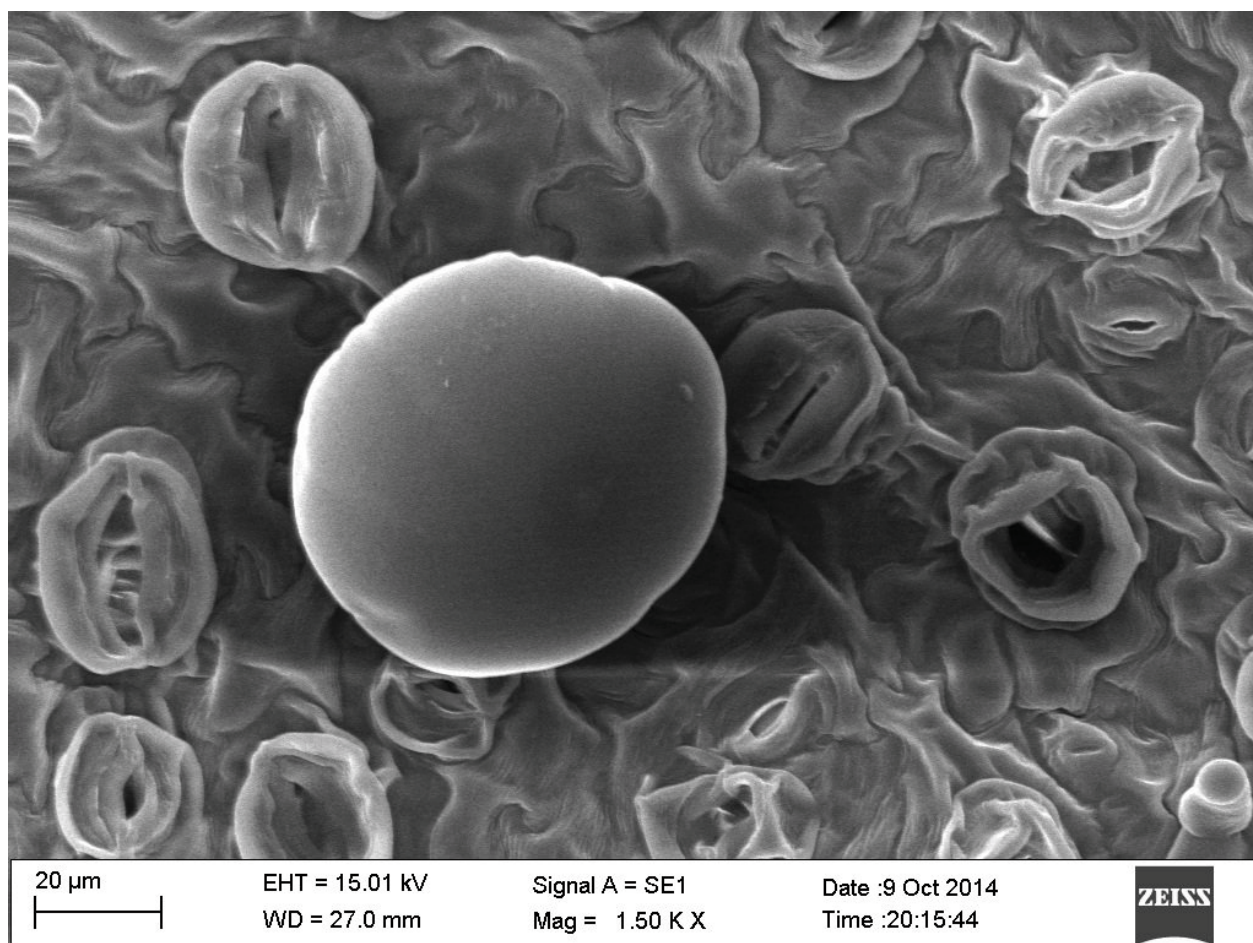


Figure 3. Fully developed peltate trichomes with a swollen head

the leaves of ‘Munstead’ and ‘Ellagance Purple’, and they were respectively 57.0 µm and 67.1 µm, whereas those on the abaxial side were 54.6 µm and 69.0 µm. However, trichomes in the cultivar Blue River from *in vitro* conditions were characterized by a particularly small diameter, adaxial – 28.0 µm, abaxial – 27.1 µm.

On the other hand, Machado et al. (2014) had noted that the number of trichomes in *L. angustifolia* was lower on both the abaxial and adaxial sides of the leaf of *in vitro* plants compared with the leaves of field-grown plants.

Thus far, no reports have been published on the number of trichomes per 1 mm² of leaf surface for

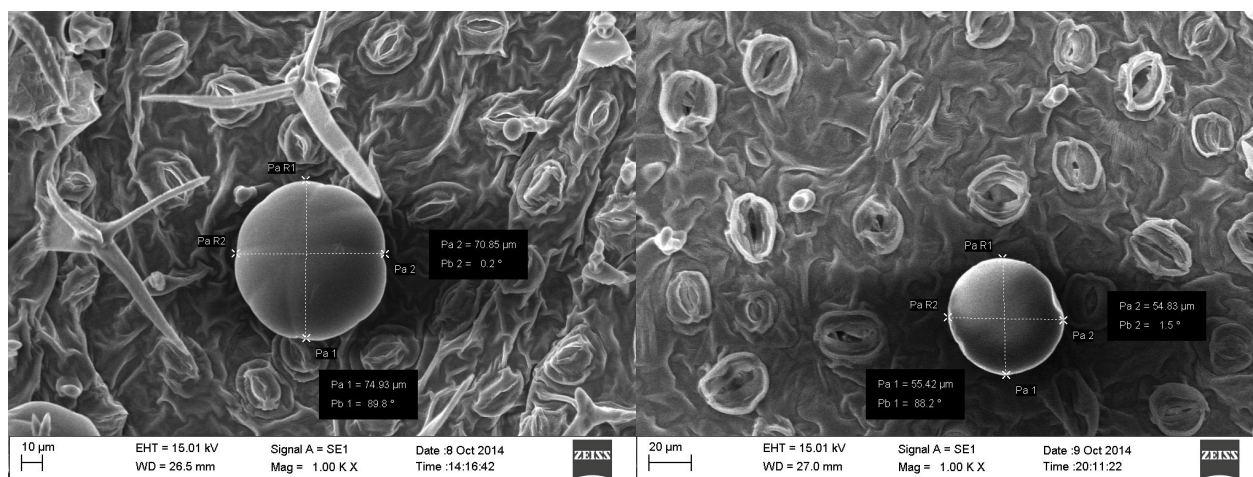


Figure 4. Trichomes of the cultivar Munstead on the abaxial surface of a leaf from field-grown (left) and *in vitro* propagated (right) plants

Table 4. Size of secretory trichomes of *L. angustifolia* Mill. plants grown in field conditions and propagated *in vitro* (\pm SE, n = 3)

Cultivar (C)	Growth conditions (GC)	Adaxial surface of leaf (μ m)	Abaxial surface of leaf (μ m)
Ellagance Purple	field-grown*	73.14 \pm 4.58	73.80 \pm 5.93
	<i>in vitro</i> **	67.14 \pm 8.34	69.01 \pm 7.42
	Mean	70.14	71.41
Blue River	field-grown	67.46 \pm 4.83	66.36 \pm 5.93
	<i>in vitro</i>	28.04 \pm 12.24	27.08 \pm 14.22
	Mean	47.75	46.72
Munstead	field-grown	66.14 \pm 3.18	70.50 \pm 4.48
	<i>in vitro</i>	57.04 \pm 10.40	54.60 \pm 5.99
	Mean	61.59	62.55
Mean *		65.58	70.22
Mean **		50.74	50.23
LSD _{0.05} for:			
cultivar (C)		2.83	3.31
growth conditions (GC)		1.96	2.80
interaction (C \times GC)		4.01	3.31
interaction (GC \times C)		3.39	3.54

the cultivars of *L. angustifolia* tested in the present study. No statistically significant difference was observed in the number of secretory trichomes on the adaxial side of the leaves between the field-grown and *in vitro* plants. However, it was observed that the propagation of *L. angustifolia* in *in vitro* cultures had resulted in an increase in the number

of secretory trichomes on the abaxial side of leaves (Tab. 5). The number of trichomes on the leaves of cultivars growing in natural conditions was 8.5 to 9 trichomes per mm² on the adaxial side, and from 9.5 to 11 trichomes per mm² on the abaxial side of the leaf. The plants propagated *in vitro* had from 8.5 to 10 trichomes per mm² on the adaxial side, and

Table 5. Number of secretory trichomes of *L. angustifolia* Mill. plants grown in field conditions and propagated *in vitro* (\pm SE, n = 3)

Cultivar	Growth conditions (GC)	Adaxial surface of leaf	Abaxial surface of leaf
		Number of trichomes per mm ²	Number of trichomes per mm ²
Ellagance Purple	field-grown*	8.50 \pm 0.71	9.50 \pm 0.71
	<i>in vitro</i> **	10.00 \pm 1.00	11.00 \pm 1.41
	Mean	9.25	10.25
Blue River	field-grown	9.00 \pm 1.00	10.00 \pm 1.00
	<i>in vitro</i>	9.50 \pm 0.50	11.50 \pm 0.50
	Mean	9.25	10.75
Munstead	field-grown	8.75 \pm 0.96	11.00 \pm 0.82
	<i>in vitro</i>	8.50 \pm 2.12	12.50 \pm 2.89
	Mean	8.63	11.75
Mean *		8.75	10.17
Mean **		9.33	11.67
LSD _{0.05} for:			
cultivar (C)		ns	ns
growth conditions (GC)		ns	1.24
interaction (C \times GC)		ns	ns
interaction (GC \times C)		ns	ns

ns – statistically not significant

from 11 to 12.5 trichomes per mm² on the abaxial side of the leaf.

Antimicrobial activity

The antimicrobial activity of essential oils has been widely tested. Thus far, it has been determined that *L. angustifolia* oils inhibit the propagation of *E. coli* (Azar et al. 2011, Criste et al. 2014), *Bacillus subtilis* (Prabuseenivasan et al. 2006, Azar et al. 2011), *S. aureus* (De Martino et al. 2009, Criste et al. 2014), *Enterococcus faecalis* (Stanojević et al. 2011, Adaszyńska-Skwirzyńska et al. 2014), *P. aeruginosa* (Niculae et al. 2009, Criste et al. 2014), *Listeria monocytogenes* (Rota et al. 2004, Valizadeh et al. 2015), and of the fungi *C. albicans* (Rapper et al. 2013, Thosar et al. 2013), *Aspergilloma* and *Aspergillosis* (Uniyal et al. 2012).

Essential oils isolated from plants growing in *in vitro* cultures differ in their composition from the oils obtained from field-grown plants, thus the biological activity of these oils may differ (Gonçalves and Romano 2013). The present study determined antimicrobial properties of essential oils of the tested *L. angustifolia* cultivars, isolated from tissues of field-grown plants and *in vitro* plants. All the tested oils exhibited antimicrobial activity against *S. aureus*, *S. epidermidis*, *E. coli*, *P. aeruginosa* and *C. albicans*. It was observed that the essential oils originating from *in vitro* plants were characterized by considerably stronger antimicrobial activity than those isolated from field-grown plants (Tab. 6). The exceptions were the 'Blue River' oils against *E. coli* and 'Munstead' oils against *S. aureus* and *P. aeruginosa*, whose activities were at the same level, regardless of growth conditions.

In a study by Djenane et al. (2012), essential oils isolated from field-grown *L. angustifolia* had shown

a higher antimicrobial activity against *S. aureus* (19.5 mm) than in our own study.

Ghardi et al. (2010) recorded sensitivity of an *S. aureus* strain to the effects of *L. angustifolia* essential oils, which was stronger than the sensitivity of *E. coli* and *P. aeruginosa* strains. Adaszyńska et al. (2013) tested field-grown essential oils of the same cultivars, yet the 'Ellagance Purple' oil did not show activity against *P. aeruginosa*, while the growth inhibition zone for oils isolated from 'Munstead' and 'Blue River' was 9.5 mm and 10 mm respectively, which was lower than in the present study. Different antimicrobial activity may be caused by the use of different *P. aeruginosa* strains. This had been demonstrated by the study by Imelouane et al. (2009), in which the essential oil of *L. dentata* from field-grown plants exhibited a different antimicrobial activity for different *S. aureus* strains (16-22 mm).

In the study presented here, strong antimicrobial activity was observed in response to *S. epidermidis* on the part of the essential oils of *in vitro* 'Ellagance Purple' (17.8 mm), 'Blue River' (16.3 mm) and 'Munstead' (15.2 mm) plants as compared with the oils of field-grown plants (11.2 mm, 10.2 mm and 12.4 mm respectively). Stronger antimicrobial activity was also shown by the oil from the 'Munstead' plants propagated *in vitro* against *C. albicans* (17.8 mm), as compared with the oil from field-grown plants (12.3 mm). Strong antimicrobial properties of essential oils were also recorded in response to the *E. coli* strain, where the antimicrobial activity for the oils isolated from *in vitro* plants of 'Ellagance Purple' and 'Munstead' was considerably higher (17.8 mm and 12.2 mm) than for the oils from field-grown plants (16.0 mm and 10.2 mm).

Table 6. Antimicrobial activity of essential oil isolated from *L. angustifolia* Mill. plants grown in field conditions and propagated *in vitro* (\pm SE, n = 3)

Essential oil		Zone of bacterial/fungal growth inhibition (mm)				
		<i>S. aureus</i>	<i>S. epidermidis</i>	<i>E. coli</i>	<i>P. aeruginosa</i>	<i>C. albicans</i>
Ellagance Purple	field-grown	10.62 \pm 0.35	11.23 \pm 0.31	16.01 \pm 0.78	11.26 \pm 0.11	13.01 \pm 0.34
	<i>in vitro</i>	12.23 \pm 0.79	17.82 \pm 0.41	17.81 \pm 0.49	12.24 \pm 0.39	15.20 \pm 0.26
Blue River	field-grown	11.12 \pm 0.21	10.23 \pm 0.37	14.98 \pm 0.42	13.21 \pm 0.51	12.24 \pm 0.28
	<i>in vitro</i>	14.23 \pm 0.68	16.25 \pm 0.65	16.28 \pm 0.28	14.25 \pm 0.62	14.25 \pm 0.17
Munstead	field-grown	9.35 \pm 0.66	12.36 \pm 0.29	10.24 \pm 0.61	11.24 \pm 0.56	12.32 \pm 0.19
	<i>in vitro</i>	10.56 \pm 0.35	15.23 \pm 0.48	12.21 \pm 0.38	10.98 \pm 0.44	17.82 \pm 0.28
Control – Antibiotic		23.68 \pm 0.28	19.25 \pm 0.63	21.18 \pm 0.58	24.51 \pm 0.25	21.05 \pm 0.27
Control – DMSO		6.00 \pm 0.37	6.00 \pm 0.32	6.00 \pm 0.26	6.00 \pm 0.15	6.00 \pm 0.37
LSD _{0.05}		1.52	2.81	1.35	0.92	1.13

Thus far, no reports have been published on the comparison of antimicrobial activity of essential oils isolated from *L. angustifolia* field-grown plants and plants propagated *in vitro*. Stronger antimicrobial activity of essential oils isolated from *in vitro* plants in comparison with the oils isolated from field-grown plants may be explained by the different chemical profile resulting from the different cultivation conditions (Andrys and Kulpa 2017).

Determination of total polyphenol content

Phenolic compounds are secondary metabolites common in plants. They contain hydroxyl groups bound directly to carbon atoms in the aromatic ring. They are divided into phenols, phenolic acids, phenylpropanoids, flavonoids, tannins, etc. Many of these compounds have antioxidant properties (Ghasemzadeh and Ghasemzadeh 2011, Kasote 2013). The amounts of polyphenols in herbaceous plants of the Lamiaceae family have been determined on several occasions (Proestos et al. 2006, Matkowski et al. 2008, Nikolova 2011, Belmekki and Bendimerad 2012). According to Duda et al. (2015), the amount of phenolic compounds in extracts from 3-year-old *L. angustifolia* plants was 12.44–18.16 mg GAE g⁻¹ DW. However, the amount of polyphenols in extracts from *L. vera* was 4.9 GAE g⁻¹ DW (Proestos et al. 2013). On the other hand, Robu et al. (2012) had

demonstrated that the total polyphenol content of *L. angustifolia* ‘Munstead’ extracts was 80.70 mg g⁻¹ DW.

The present study has established that the amount of polyphenols in a lavender plant is influenced by its cultivation conditions. In field-grown plants, the level of these compounds was from 12.3 mg GAE g⁻¹ DW to 21.7 mg GAE g⁻¹ DW, and in *in vitro* plants from 33.3 mg GAE g⁻¹ DW to 37.0 mg GAE g⁻¹ DW. Research conducted by Makowczyńska et al. (2015) had shown that extracts of *Ballota nigra* propagated *in vitro* had a polyphenol content higher than extracts of field-grown plants.

Determination of antioxidant activity

Essential oils, extracts and dried plants of lavender have been studied for their antioxidant activity using the DPPH, FRAP and ABTS methods (Lee and Shibamoto 2002, Blažeković et al. 2010, Hui et al. 2010, Spiridon et al. 2011, Hamad et al. 2013, Proestos et al. 2013). Examinations of the capability to scavenge DPPH free radicals demonstrated that extracts from dried *in vitro* plants of all the tested cultivars were characterized by significantly higher antioxidant activity than extracts of dried field-grown plants (Tab. 7). The strongest antioxidant activity of the tested samples was shown by the extract from dried *in vitro* plants of ‘Ellagance Purple’ – 37.4 mg TE g⁻¹ DW, whereas the weakest activity was exhibited by the extract from dried

Table 7. Antioxidant activity of dried *L. angustifolia* Mill. plants grown in field conditions and propagated *in vitro* (±SE, n = 3)

Cultivar (C)	Growth conditions (GC)	Polyphenols (mg GAE g ⁻¹ DW)	DPPH		FRAP		ABTS	
			mg TE g ⁻¹ DW	% inhibition	mg TE g ⁻¹ DW	mg TE g ⁻¹ DW	TAA%	
Ellagance Purple	field-grown*	16.77 ±1.57	16.18 ±1.24	35.55 ±1.82	19.69 ±0.94	38.01 ±1.84	47.87 ±2.14	
	<i>in vitro</i> **	35.24 ±1.03	37.42 ±0.17	86.10 ±0.45	58.13 ±2.05	82.52 ±0.08	99.62 ±0.10	
	Mean	29.31	30.39	72.16	47.39	64.82	79.04	
Blue River	field-grown	21.66 ±1.84	23.58 ±1.17	56.11 ±1.19	30.93 ±1.51	47.49 ±1.85	58.89 ±2.15	
	<i>in vitro</i>	36.95 ±0.88	37.20 ±0.35	88.21 ±0.29	63.84 ±4.81	82.15 ±0.85	99.19 ±0.98	
	Mean	26.01	26.80	60.83	38.91	60.27	73.75	
Munstead	field-grown	12.33 ±0.55	8.26 ±0.07	21.23 ±2.89	9.21 ±0.64	28.02 ±1.53	36.25 ±1.79	
	<i>in vitro</i>	33.30 ±2.38	35.07 ±2.65	83.31 ±1.81	42.77 ±0.90	78.53 ±3.35	94.98 ±3.89	
	Mean	22.82	21.66	52.27	25.99	53.28	65.62	
Mean *		16.92	16.01	37.63	19.94	37.84	47.67	
Mean **		35.16	36.56	85.87	54.91	81.07	97.93	
LSD _{0.05} for:								
cultivar		1.90	1.29	2.32	2.89	2.36	2.74	
growth conditions		1.55	1.05	1.89	2.36	1.93	2.24	
interaction (C × GC)		3.28	2.23	4.01	5.01	4.08	4.75	
interaction (GC × C)		1.23	1.03	2.01	4.23	1.56	1.21	

in vitro ‘Munstead’ plants – 35.1 mg TE g⁻¹ DW, while for the ‘Blue River’ plants it was 37.2 mg TE g⁻¹ DW. The antioxidant potential of extracts from dried field-grown plants was different, and considerably lower, amounting to 8.3 mg TE g⁻¹ DW for ‘Munstead’, 16.2 mg TE g⁻¹ DW for ‘Ellagance Purple’, and 23.6 mg TE g⁻¹ DW for ‘Blue River’. Dried stems and leaves of lavender were used in the present study, and according to Blažeković et al. (2010), the antioxidant activity is higher in the stems than in the leaves. Robu et al. (2012) had tested extracts of *L. angustifolia* ‘Munstead’ and noted that the free radical scavenging activity, measured using the DPPH method for the concentration of 2.5 mg ml⁻¹, was 21.41%. *In vitro* plants exhibit stronger antioxidant activity than field-grown plants. Kousalya and Bai (2016), among others, observed higher antioxidant activity using the DPPH method for extracts of *Canscora decussata* propagated *in vitro*. Sheena and Jothi (2015) observed this relationship while analyzing extracts of *in vitro* plants of *Orthosiphon stamineus*, the antioxidant activity of which was 52.1–81.1 µg ml⁻¹, and higher than for extracts from wild plants – 27.51–80.57 µg ml⁻¹. The differences are in accordance with an earlier study on methanolic extracts of *Salvia officinalis* plants propagated in *in vitro* cultures, which exhibited considerably higher antioxidant activity (70.1 µg ml⁻¹) determined using the DPPH method as compared with extracts from plants cultivated under natural conditions (23.2 µg ml⁻¹) (Grzegorzczuk et al. 2007).

In the study presented here, a considerably higher antioxidant potential, determined using the FRAP method, was observed for the dried *in vitro* plants. It was, respectively: 42.8 mg TE g⁻¹ DW for ‘Munstead’, 58.1 mg TE g⁻¹ DW for ‘Ellagance Purple’, and 63.8 mg TE g⁻¹ DW for ‘Blue River’, whereas it was at least two times lower for the field-grown plants: 9.2 mg TE g⁻¹ DW for ‘Munstead’, 19.7 mg TE g⁻¹ DW for ‘Ellagance Purple’, and 30.9 mg TE g⁻¹ DW for ‘Blue River’. It should be emphasized that the antioxidant activity tested using the ABTS method was characterized by higher values for the dried *in vitro* plants than for the field-grown plants, and it was highest for the dried plant material of ‘Ellagance Purple’ – 82.5 mg TE g⁻¹ DW, whereas for the remaining cultivars it was 82.2 mg TE g⁻¹ DW for ‘Blue River’ and 78.5 mg TE g⁻¹ DW for ‘Munstead’. Dried field-grown plants of ‘Munstead’ exhibited almost 3 times lower activity (28.0 mg TE g⁻¹ DW) than the dried *in vitro* plants. Lower values were also exhibited by

dried plants of the remaining cultivars (38.0 mg TE g⁻¹ DW – ‘Ellagance Purple’, 47.5 mg TE g⁻¹ DW – ‘Blue River’).

The activity of antioxidant enzymes in cells increases as a response to environmental stresses (Mohammadi et al. 2011). *In vitro* plant propagation stresses the plant, and the presence of macro- and microelements in the medium and their transport within the plant do not only influence its growth, but also cause an increase in the concentration of biologically active substances which play the role of antioxidants (Khenifi et al. 2011). Andrys and Kulpa (2017) demonstrated that *in vitro* propagation of plants results in a changed chemical composition of essential oils and promotes the synthesis of antioxidant compounds such as carvacrol and thymol, which may affect the antioxidant activity of extracts from *in vitro* and field-grown plants (Baser et al. 1991). Higher values of the antioxidant potential of extracts obtained from *in vitro* plants may also stem from the fact that the damaging of plant tissue for the purpose of conducting tissue cultures and its introduction into the medium results in an increase in the level of jasmonic acid (JA) in the plant, resulting in the expression of protective genes, thus causing an accumulation of secondary metabolites (Creelman and Mullet 1997, Kant et al. 2004). JA is synthesized from α-linoleic acid (Browse and Somerville 1991), and an increase in its concentration has been observed in damaged plant tissues (Conconi et al. 1996, Ryu and Wang 1998). The release of α-linolenic acid from membranes of plant cells is considered an important step in the control of JA synthesis and production of secondary metabolites. Stehfest et al. (2004), who added JA to suspension cultures of *Lavandula officinalis*, had obtained large amounts of rosmarinic acid (RA), and Nitzsche et al. (2004), apart from RA, had also obtained high levels of caffeic acid.

CONCLUSIONS

The study demonstrated that micropropagation of lavender plants on media with BAP and 2iP at a concentration of 0.5–5 mg dm⁻³ and KIN at 2–5 mg dm⁻³ affected the increase in the height and weight of the plants, while the same concentration of BAP and 2iP and 1–5 mg dm⁻³ KIN had a positive influence on the number of shoots. On the other hand, media with full mineral content and reduced down to ½ and ¼ MS and supplemented with 0.2 mg dm⁻³ IBA or NAA influenced, in most cases, the elongation of roots in comparison with the control medium. The results of the study

also demonstrate that *in vitro* plant cultures may constitute an important tool contributing to the increase in the synthesis of biologically active compounds in the plant which cause elevated antioxidant and antimicrobial activities of dried plants and essential oils in comparison with field-grown plants. The above results demonstrate that *in vitro* conditions influence the properties of essential oils and extracts. The analyzed dried plant material from *in vitro* cultures contained large amounts of polyphenolic compounds and showed strong antioxidant activity as determined by the DPPH, FRAP and ABTS methods. Increased antimicrobial activity of essential oils was observed for the oils isolated from lavender micropropagated *in vitro* in comparison with field-grown plants. Micropropagation of lavender plants also caused a decrease in the diameter of secretory trichomes, compared with field-grown plants. According to the research conducted by Andrys and Kulpa (2017), the composition of essential oils isolated from tissue of *in vitro* propagated lavender differs from that of oils isolated from field-grown plants, which could have an effect on the increased antioxidant and antimicrobial activities of micropropagated plants in comparison with field-grown lavender. Increased antioxidant and antimicrobial activities of essential oils and extracts make them suitable for direct industrial use, especially by the cosmetics industry.

AUTHOR CONTRIBUTIONS

D.A. and D.K. – developed the concept and designed the experiment; D.A., M.G., M.B., A.D. – collected data and performed analyses; D.A. and D.K. – analysed the data and wrote the paper.

CONFLICT OF INTEREST

Authors declare no conflict of interest.

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