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Original article

Populations of *Cephalanthera damasonium* (Mill.) Druce on the hills of the right bank of the River Dnieper (in Forest Steepe vegetation of Ukraine)

lgor V. Solomakha¹, Vasyl L. Shevchyk², Iryna A. Tymchenko³, Volodymyr A. Solomakha^{1,4,5},

Tetyana S. Dvirna^{3*}

¹Institute of Agroecology and Environmental Management of NAAS, Kiev, 12 Metrologichna Str., 03143, Ukraine

²Kyiv National Taras Shevchenko University, NSC Institute of Biology and Medicine, Kiev-601, 64/13 Volodymyrska Str., 01601, Ukraine
³M.G. Kholodny Institute of Botany, National Academy of Sciences of Ukraine, Kiev, 2 Tereschenkivska Str., 01601, Ukraine
⁴Vasyl' Stus Donetsk National University, Vinnytsya, 21, 600-richchya Str., 2100, Ukraine

⁵National Scientific Center "Institute of Beekeeping named after P.I. Prokopovich", NAAS, Kiev, 19 Academician Zabolotnogo Str., 03143, Ukraine

E-mail address (*corresponding author): dvirna_t@ukr.net

ORCID iD: lgor V. Solomakha: https://orcid.org/0000-0001-8853-2973; Vasyl L. Shevchyk: https://orcid.org/0000-0002-3696-1968; Iryna A. Tymchenko: https://orcid.org/0000-0001-7505-3164; Volodymyr A. Solomakha: https://orcid.org/0000-0003-3975-5366; Tetyana S. Dvirna: https://orcid.org/0000-0002-9279-9766

ABSTRACT

As a result of studying the vegetation cover of artificial (possibly spontaneous) tree plantations on the hills of the right bank of the River Dnieper in the Forest-Steppe of Ukraine we discovered the formation of natural populations of *Cephalanthera damasonium* (Mill.) Druce. Information on the growth of this species was previously presented (more than 80 years ago) by F. Gryn (samples of which are in The National Herbarium of Ukraine, Kiev), who noted its distribution in these locations. The ecological and coenotic features of the distribution of this species as a part of available populations in the communities of classes *Carpino-Fagetea sylvaticae, Quercetea pubescentis, Crataego-Prunetea, Alno glutinosae-Populetea albae* have been studied. The largest eight new populations of *C. damasonium* have been identified on the eastern border of Ukraine. Habitat conditions, number and structure of all new populations were determined. Micropopulations of the species occupy an area from several to 750 m² with a total population of more than 1,200 specimens. The ontogenetic spectrum is right-sided, with a dominance of generative individuals, and their share is 4/5 of the total number of individuals. The peculiarity of this locality is the high number of individuals in most of these populations, which may be due to favourable ecological-coenotic conditions and the absence of intensive anthropogenic influences. The identified habitats of the study species need protection.

KEY WORDS: *Cephalanthera damasonium*, River Dnieper, Forest-Steppe of Ukraine, population structure, number and density of individuals

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1. Introduction

The genus of *Cephalanthera* contains about 20 species world-wide (WCSP, 2020). Almost all of them are distributed in the temperate zone of Euro-Asia, some are in North Africa, only one saprophytic species occurs in north west North America, and four species are endemic to China (FLORA OF CHINA,

2009; WCSP, 2020). In the flora of Ukraine this genus is represented by 3 species: *Cephalanthera damasonium* (Mill.) Druce, *C. longifolia* (L.) Fritsch, and *C. rubra* (L.) Rich.

Cephalanthera damasonium is of prime interest. The total area of *C. damasonium* is temperate sub-Mediterranean Eurasia, and the species is widespread but rarely abundant (RANKOU, 2011). It is a rare species listed in Red Data Books in: Ukraine (RED BOOK OF UKRAINE, 2009), Russia (RED BOOK OF THE RUSSIAN FEDERATION, 2008), Moldova (THE RED BOOK OF THE REPUBLIC OF MOLDOVA, 2015) and Red Lists of European countries: England (STROH ET AL., 2014), Poland (ZARZYCKI & SZELĄG, 2006) etc. In Ukraine the species is distributed in the Carpathians, Polissya, West Podillya, Forest-Steppe (rare) and Crimea (CHORNEJ ET AL., 2003; TYMCHENKO, 2007). Most localities of this species are concentrated in the west of Ukraine and in the Crimean Mountains. It grows in coniferous, mixed and deciduous forests, rarely on forest edges, in grassland, and mostly on limestone soils with high humus content in shade or semi-shade (RED DATA BOOK OF UKRAINE, 2009).

The Ukraine is the north eastern limit of the distribution of *C. damasonium*, although a further north eastern locality of C. damasonium in the Bryansk region of Russia was discovered in 2019 (SEMENISHCHENKOV, 2019). In Ukraine the north eastern site of the species of C. damasonium is in the Left Bank Forest Steppe in the Poltava region in a forested area near the village of Dykan'ka (Poltava region). This finding was dated 1938 (GRYN, 1946), later that location was confirmed (NEDORUB, 1998; BAYRAK & STETSIYK, 2005). Another north eastern locality of this species is the habitat on the northern outskirts of the city of Rzhyshchiv, in the region of Kiev (Right bank Forest Steppe), as evidenced by two herbarium specimens stored in the National Herbarium of Ukraine (KW) and collected by F. Gryn in 1932 and 1937. As a result of a study of the Dnieper Hills vegetation on the right bank of the Dnieper (in the district of Kaniv reservoir) in the Forest-Steppe of Ukraine, another locality of the species was discovered (SOLOMAKHA, 2019). Unfortunately, due to the lack of precise, geographical coordinates for the location of the species found in the Right bank Forest Steppe which was found in the 1930s, it was not possible to determine whether it was found in the same location. However, the absence of this species in other habitats nearby suggests that this location is unique because it is located a considerable distance from the main continuous area of C. damasonium in the west.

The botanical literature about the populations of *C. damasonium* on the edge of its distribution (in the Forest-Steppe of Ukraine) is fragmentary or very generalized. Therefore, the purpose of this research was to investigate the peculiarities of *C. damasonium* in terms of its ecological and coenotic nature and population structure on the edge of its range in the area where it was detected.

2. Materials and methods

2.1. Study area

The investigated habitats of *C. damasonium* were found near the suburban massif of Dniprovs'ki kruchi between the villages of Stayky and Hrebeni of the Kagarlyk district of the Kiev region. Most populations of *C. damasonium* were found on the hills of the right bank of the River Dnieper (description № 2–8). One population is in the ravine system on the opposite side of the Ukrayinka – Rzhyshchiv road, in the territory of the Rzhyshchivs'kyy reserve of national importance (square 25 of Staykivs'k forestry of State Enterprise "Rzhyshchiv forestry" (description № 1).

According to the physical-geographical zoning of Ukraine the studied territory is located within the Kyiv altitude region of the Podilsk-Dnieper land of Forest-Steppe vegetation zone of the East European Plain (ECOLOGICAL ENCYCLOPEDIA, 2006). By geobotanical zoning the territory belongs to the Northern Right Bank Dnieper region of hornbeam-oak, oak forests, steppe meadow and meadow-steppes of Ukrainian forest-steppe subprovince of Eastern European Forest-Steppe province oak forests, steppe meadow and meadow steppes of Forest-Steppe sub-region (zone) of Eurasian steppe region (NATIONAL ATLAS OF UKRAINE, 2008).

All the surveyed localities of *Cephalanthera damasonium* were confined to the north-eastern macro-slope of the native bank of the Dnieper. There is a great variation in the lithological composition and an inconsistent occurrence of sand-clay rocks of the Paleogene within this territory. A significant excess surface above the Dnieper and the presence of several aquifers promote active development of landslides and erosion surface slope. The region receives an average annual rainfall of 500–550 mm. The maximum rainfall is in June – July and mostly in the form of showers, which cause erosion (CLIMATE OF UKRAINE, 2003). There are different variations of grey forest soils under deciduous forests.

This study presents the peculiarities of the distribution of this species in the Dnieper Hills where a number of interesting populations were found in different ecological conditions (Table 1).

Table 1. Characteristics of the population plots

Nº of population	Geographical coordinates	Location
1	50.052680N 30.924254E	Terraced ravine slope, upper and middle parts (20–25° steepness)
2	50.052462N 30.938208E	Sliding terrace on a steep slope to the bank of the Dnieper River
3	50.0520141N 30.9376938E	Sliding terrace on a steep slope to the bank of the Dnieper River
4	50.0520768N 30.9410030E	Steep slope (45° steepness) of eastern exposure to the bank of the Dnieper River
5	50.0512383N 30.9418157E	Drain plot on a steep slope to the Dnieper River into which water flows
6	50.0471230N 30.9450082E	The steep slope (45° steepness) of the northern exposure to the bank of the Dnieper River
7	50.052077N 30.940730E	The steep slope (45° steepness) of the northern exposure to the bank of the Dnieper River
8	50.065457N 30.921393E	The steep slope (45° steepness) of western exposure to the bank of the Dnieper River

2.2. Data and methods

The research into the coenotic conditions and structure of the populations of *Cephalathera damasonium* in a new locality on the right bank of the River Dnieper (in the district of Kaniv reservoir) in the Forest-Steppe of Ukraine was conducted during June–July 2019.

Reconnaissance studies were performed using the route-floristic and geobotanical methods (BRAUN-BLANQUET, 1964; ABDULOEVA & SOLOMAKHA, 2011). Taxonomic names are given according to the nomenclatural checklist (MOSYAKIN & FEDORONCHUK, 1999). Collection of herbarium specimens and their processing was carried out according to the standard classical method (Skvorczov, 1977; Chopyk ET AL., 1999). Descriptions of vegetation plots that include rare species were carried out in accordance with generally accepted methods (MYRKYN ET AL., 2001). Class code and syntaxons are given by MUCINA ET AL., (2016). The sample plots were laid out within the natural limits of the phytocoenoses. These areas have a different size due to the uneven form of the vegetation. A total of eight complete geobotanical descriptions within the plots were made for this orchid. The descriptions cover all coenotically different variants of C. damasonium loci over an area about 100 hectares.

To assess the state of the populations of *C. damasonium* we determined population parameters such as: the area occupied by the population, number and density of individuals, ontogenetic (age) and vitality structure of each population. These parameters indicate the current state of these populations.

The life history (ontogenesis) of *C. damasonium,* as with other terrestrial orchids, has the main

ontogenetic stages of: seed, protocorm, seedling, vegetative young (juvenile, immature), vegetative adult (virginile), generative and senescent individuals (VAKHRAMEEVA ET AL., 2008; SHEFFERSON ET AL., 2020). The study of ontogenetic structure took into account individuals of four main ontogenetic stages: juvenile (j), immature (im), virginile (v) and generative (g). The individuals of different ontogenetic stages were distinguished by considering the qualitative and quantitative parameters such as habit of the plant, height, number and size of leaves, and the presence of flowers, as in our previous studies (TYMCHENKO, 2007). The protocorm and seedling of this orchid are underground so they were not considered in the study.

Vitality structure studied by ZLOBIN (1989; 2018) used a one-dimensional approach. The vitality of individuals was evaluated by an indicative morphometric feature and such a feature for *C. damasonium* was the height of the individual. 30 generative individuals were defined according to their vitality classes on the basis of the height of the individuals. To determine which vitality class each individual belonged to be calculated the average (arithmetic mean) height and its confidence intervals. All individuals that fell within the range of μ + t_{0.05} S μ to μ - t_{0.05} S μ were intermediate (b) class, individuals with certain morphometric features > μ + t_{0.05} S μ - were higher (a), and < μ - t_{0.05} S μ lower (c) vitality class, where x is the arithmetic mean, t_{0,05} is the value of the Student's t-test at p = 0.05 and Sµ is the standard error of the mean. By analyzing the range of plants by their vitality classes we determined the vitality type of the population, for which the values of the index was determined as Q. If Q = 1/2 (a+b) >c, then the population was prosperous, Q = 1/2(a+b) = c - in equilibrium, $Q = \frac{1}{2} (a+b) < c$ - depressive, where a, b, c – are the frequencies of the corresponding vitality classes.

The herbarium specimens of *C. damasonium* which were collected were submitted to the National Herbarium of Ukraine in Kiev (*KW*).

3. Results and discussion

3.1. Habitat conditions

In Ukraine, the species is found growing in communities of order Fagetalia sylvaticae Pawłowski 1928, Carpinetalia betuli P. Fukarek 1968 of class Carpino-Fagetea sylvaticae Jakucs ex Passarge 1968, order Quercetalia pubescenti-petraeae Klika 1933 of class Quercetea pubescentis Doing-Kraft ex Scamoni et Passarge 1959, order Erico-Pinetalia Horvat 1959 nom. conserv. propos. of class Erico-Pinetea Horvat 1959, rarely in communities of union Bromion erecti Koch 1926 of class Festuco-Brometea Br.-Bl. et Tx. ex Soo 1947. The species is diagnostic for communities of the union Fagion sylvaticae Luquet 1926 of class Carpino-Fagetea svlvaticae (RED DATA BOOK OF UKRAINE, 2009). In the mountains it can grow at an altitude of up to 1500 m. C. damasonium favours fertile soils with medium humidity and high pH content.

Most populations are distributed in dark plantations of *Carpinus betulus* where herb cover is virtually absent. They occur both solitarily and in numerous populations. The new location is of interest due to the significant representation of *C. damasonium* there. In this unique habitat eight local populations with different numbers of individuals in each population (from 10 to 500) were identified, which were at a distance of 100 to 1500 meters from one another. This allowed us to confirm that the existing ecological and coenotic conditions were optimal for growth and development of the *C. damasonium* individuals. In the absence of, or little, anthropogenic impact, these populations have the possibility of remaining in these areas for a long time.

The localities of *C. damasonium* have the characteristics of ecotones. Therefore, it is difficult to provide a clear syntaxonomic interpretation of these phytocoenoses. This is due to the rather complex history of vegetation formation in the Dnieper hills (the existence of artificially planted forests. spontaneously formed tree-shrub communities and coenoses of natural forest vegetation, which corresponds to the ecological features of these habitats). Based on our assessment of the existing vegetation, it is possible to note the complete naturalness and minimal impact of anthropogenic factors on these groups of plants. Most of the studied areas where the populations of this species were distributed are difficult to access, due to the significant steepness of ravine systems and Dnieper Hills. For confirmation, we provide a phytocoenotic table of vegetation descriptions which included C. damasonium, where we pre-refer them to syntaxes (Table 2) and also present the diagnostic species complexes of several classes of forest vegetation.

Description number	1	4	5	6	8	3	2	7	Mnemocode
Density of the stand of trees	0.9	0.6	0.6	0.7	0.9	0.8	0.6	0.7	of classes*
Density of the bushes	-	0.2	0.1	0.4	0.1	0.4	0.4	0.4	
Projective coverage of herb layer	2	40	10	25	10	5	15	40	
Syntax numbers **		1		2		3	4	1	
Cephalanthera damasonium	2	1	2	3	+	3	5	+	FAG
Carpinus betulus (A)	50	15	20	35	60	-	-	-	FAG
Carpinus betulus (B)	-	1	+	1	+	-	-	-	FAG
Populus nigra (A)	5	15	-	5	-	-	-	-	POP
Aegopodium podagraria	-	30	-	5	+	-	-	10	POP ROB FAG
Galium odoratum	-	-	+	15	+	-	-	+	FAG
Carex digitata	-	1	-	1	-	-	-	+	FAG
Glechoma hirsuta	-	-	-	+	+	-	-	-	FAG
Pulmonaria obscura	-	6	-	-	+	-	-	-	FAG
Cerasus avium (B)	-	+	-	-	1	-	+	-	POP FAG RHA
Acer platanoides (B)	-	-	-	-	-	2	5	7	FAG
Crataegus pseudokyrtostylla (B)	-	-	-	-	-	2	1	-	
Carex muricata	-	-	-	-	+	1	+	-	FAG
Populus alba (C)	-	-	-	-	-	+	+	-	РОР
Quercus robur (C)	-	-	-	-	-	+	+	-	FAG POP
Pinus sylvestris (A)	-	-	-	-	-	5	+	-	ERI PIC PYR
Pyrus communis (A)	-	-	-	-	-	5	-	5	FAG POP PUB
Swida sanguinea (B)	-	1	+	3	-	10	10	5	

Table 2. Descriptions of forest vegetation with Cephalanthera damasonium

Euonymus verrucosus (B)	-	10	+	+	1	+	+	-	FAG PUB
Viola hirta	-	1	5	+	3	1	-	-	PUB
Brachypodium pinnatum	-	-	1	-	+	+	+	-	BRA FES GER
Acer tataricum (B)	-	-	+	+	+	+	+	-	PUB
Viburnum opulus (B)	-	-	+	+	-	+	+	1	POP RHA
Acer platanoides (C)	-	-	-	-	+	+	-	-	FAG
Corylus avellana (B)	-	-	1	20	1	-	+	5	RHA
Juglans regia (B)	-	-	-	+	-	-	+	-	POP
Frangula alnus (B)	-	-	-	+	-	-	-	+	ALN POP
Rubus caesius	-	-	+	-	-	-	+	+	POP ROB
Populus nigra (B)	-	1	-	-	-	-	-	-	POP
Ulmus laevis (A)	-	-	10	-	-	-	-	-	POP ROB
Populus tremula (B)	-	-	1	-	-	-	-	-	FAG ASA
Populus canescens (B)	-	-	-	-	-	-	-	5	POP
Equisetum hyemale	-	-	+	-	-	-	-	15	POP
Acer campestre (B)	-	-	+	-	-	-	-	+	FAG POP RHA
Carex rhizina	-	-	-	_	5	<u> </u>	-	-	BRA MOL
Geranium robertianum	-	-	-	-	+	-	-	-	FAG
Campanula bononiensis	-	-	_	_	+	<u> </u>	-	-	PUB
Scutellaria altissima	-	-	-	-	+	-	-	-	PUB
Quercus robur (A)	-	-	_	_	-	25	-	-	FAG POP
Acer platanoides (A)					-	10			FAG
Circaea lutetiana	-	-	-	-	-	+	-	-	FAG
Populus alba (A)		-	_	_	-	-	30	-	POP
Tilia cordata (B)	-	-	-	-	-	-	+	_	FAG
Fraxinus excelsior (B)	_	-	-	-	-	-	+	-	FAG
Alliaria petiolata	_	-	_		-		7	_	FAG POP
Robinia pseudoacacia (B)	-	-	-	-	-	-	5	-	ROB
Rosa sp.	-	-	-	-	-	-	+	_	KOD
Agrimonia eupatoria	-	-	-	-	-	-	+	-	GER
Taraxacum officinale	-	-	-	-	-	-	+	-	MOL
Berberis vulgaris (B)	-	-	-	-	-	-	+	-	RHA
Veronica chamaedrys	-	-	-	-	-	-	+	-	QUI BRA GER
Galium verum	-	-	-	-	-	-	+	-	COR GER
Euphorbia virgata	-	-		-		-			MOL
Anemone sylvestris		-	-	-	-	-	+ +	-	GER PUB
Dactylis glomerata	-	-	-	-	-	-	+ +	-	MOL LYG FAG
Elytrigia repens	-	-		-		-			
	-	-	-	-	-	-	+ +	-	MOL ART GER
Festuca rupicola Acer negundo (B)					-			-	ROB
Acer negunao (B) Populus canescens (A)	-	-	-	-	-	-	+	- 15	POP
	-	-		-			-	5	
Betula pendula (A)	-	-	-	-	-	-	-		BRA FAG QUE
Sorbus aucuparia (B)	-	-	-	-	-	-	-	1	BRA LON RHA
Euonymus europaeus (B)	-	-	-	-	-	-	-	+	FAG RHA
Equisetum telmateia	-	-	-	-	-	-	-	15	POP
Galeobdolon luteum	-	-	-	-	-	-	-	+	FAG

Note. Legends to descriptions:

* Class mnemonic codes are given by Mucina et all., 2016.

** Syntaxons are given by Mucina et al., 2016: 1. FAG *Carpino-Fagetea sylvaticae*, FAG-03 *Carpinetalia betuli*, FAG-03A *Carpinion betuli* Issler 1931; 2. PUB *Quercetea pubescentis*, PUB-01 *Quercetalia pubescenti-petraeae*, PUB-01C *Aceri tatarici-Quercion* Zolyomi 1957; 3. RHA *Crataego-Prunetea* Tx. 1962 nom. conserv. propos., RHA-01 *Prunetalia spinosae* Tx. 1952, RHA-01A *Berberidion vulgaris* Br.-Bl. ex Tx. 1952 nom. conserv. propos.; 4. POP *Alno glutinosae-Populetea albae* P. Fukarek et Fabijanic 1968, POP-02 *Alno-Fraxinetalia excelsioris* Passarge 1968, POP-02C *Fraxino-Quercion roboris* Passarge 1968.

1. 15.06.19. Solomakha I.V. Ravine system in front of the country estate "Dniprovs'ki kruchi" near the road of Stayky-Rzhyshchiv. Planting of a hornbeam 40 years, diameter 25-30 cm, 15-17 m tall. A population of 150 individuals, moreover, on a plot of 7 x 3 m - 70 individuals, and along with these other specimens grow less frequently. Individuals that are in bloom 4/5 of the total

numbers. Tree plantations with no grass cover, except for the orchid, nothing grows.

2. 09.06.19. Solomakha I.V. Sliding terrace on a steep slope to the bank of the River Dnieper. Poplar forest 80 years old, tree diameter 80-100 cm. On the plot of 10×20 m is 150-200 individuals, 4/5ths of the number of individuals in bloom.

3. 16.06.19. Solomakha I.V. Not far from point 2 on the same terrace, on the plot of 10×30 m is 200 individuals, 4/5 are blooming. Planting of oak 40 years, diameter 15-30 cm, height 17-22 m. Terrace on a steep slope to the River Dnieper.

4. 16.06.19. Solomakha I.V. On a steep slope (45°) of eastern exposure, poplar-hornbeam stand with low coverage of the stand – 50 years, diameter 20–50 cm, population 40–50 pcs.

5. 16.06.19. Solomakha I.V. The area of the gutter that collects water from the slopes. Hornbeam-elm tree stand -50 years, diameter 25-50 cm, population 30-50 pcs.

6. 16.06.19. Solomakha I.V. North steep slope to the R. Dnieper, 45° gradient. Planting of hornbeam 40 years, height 22 m, population 70–100 pcs., bloom 4/5 individuals, area of 10x10 m.

7. 26.07.19. Shevchyk V.L., Solomakha I.V. The northern slope plot, 45° gradient, on the slope of the forest terrace on the side of Kaniv Reservoir, area 10×25 m.

8. 23.06.19. Solomakha I.V. Western exposure slope plot, 45° gradient, on the slope of the forest terrace on the Kaniv Reservoir side.

The description numbers refer to the population numbers in Table 1.

At the study area, three more populations of ten individuals were found and one population of 40 individuals, and also single individuals along the paved routes in the study area.

Syntaxonomic scheme of vegetation with the participation of *Cephalanthera damasonium* (MUCINA ET AL., 2016)

FAG Carpino-Fagetea sylvaticae

FAG-03 Carpinetalia betuli

- FAG-03A *Carpinion betuli* Issler 1931 (descriptions 1, 4, 5, 6, 8)
- PUB Quercetea pubescentis
- PUB-01 *Quercetalia pubescenti-petraeae*
- PUB-01C Aceri tatarici-Quercion Zolyomi 1957 (description 3)
- RHA *Crataego-Prunetea* Tx. 1962 nom. conserv. propos.

RHA-01 Prunetalia spinosae Tx. 1952

- RHA-01A *Berberidion vulgaris* Br.-Bl. ex Tx. 1952 nom. conserv. propos. (description 2)
- POP *Alno glutinosae-Populetea albae* P. Fukarek et Fabijanic 1968 (description 7)

POP-02 Alno-Fraxinetalia excelsioris Passarge 1968

POP-02C Fraxino-Quercion roboris Passarge 1968.

A number of factors (limited phytocoenotic data on locations with *C. damasonium* in the study area, their partly anthropogenic or spontaneous origin in the location of felled forests, quite significant influence of anthropogenic factors) did not contribute to the determination of syntaxons of the association level. All eight plots will be monitored in future and population studies will be undertaken, and more extensive descriptions will be made in future seasons along with recording the participation of ephemerals, ephemeroids and early spring-plants. All this will allow us to determine the range of available syntaxons of lower rank.

All varieties of plant communities in which C. damasonium grows in the study area, diagnosed biotopes that are included in the Emerald Network habitat list (ONYSHCHENKO, 2016), namely F3.241 (Central European subcontinental shrubs), G1.7 (thermophilic deciduous forests), G1.A1 (oak-ashhornbeam forests on eutrophic and mesotrophic soils) (BORYSENKO & KUZEMKO, 2019; CONVENTION ON THE CONSERVATION OF EUROPE'S WILDLIFE AND NATURAL HABITATS, 1979; KUZEMKO ET AL., 2017). This enhances the conservation value of the area and gives an additional perspective for the creation of a nature reserve in this area (BORYSENKO & KUZEMKO, 2019; CONVENTION ON THE CONSERVATION OF EUROPE'S WILDLIFE AND NATURAL HABITATS, 1979; KUZEMKO ET AL., 2017).

It should be noted that for the first time in Ukraine we have found *C. damasonium* growing in communities of class *Crataego-Prunetea* and *Alno glutinosae-Populetea albae*.

3.2. Structure of the populations

On July 27, 2019, two plots of populations Nº 1 and Nº 3 were studied. in order to characterize these populations.

Population №1. The area occupied by the population was 600 m², it was a population of 87 individuals, with a density of 0,15 individuals/m². According to the ontogenetic structure of the population it was normal and consisted of individuals of four ontogenetic stages (j, im, v, g), right-side, generative individuals prevailed, the proportion of young vegetative individuals was negligible. Individuals were divided by ontogenetic stages as follows: generative individuals (g) - 78% (68 individuals), virginile (v) – 12% (10 individuals), immature (im) - 7% (6 individuals), juvenile - 3% (3 individuals). This ontogenetic structure is generally characteristic of species populations (TYMCHENKO, 2007). Morphometric parameters were determined to establish the vitality of individuals; the results are presented in Table 3. Dominant are individuals of the lower class of vitality, their share is 60%. The share of individuals of the intermediate and upper class of vitality was 25 and 15%, respectively. By vitality the population was depressed (Q=0,200). In order to further

monitor the state of the population in the area with a high density of individuals of the species. The number of individuals in the monitoring area was 42, the density was 1.87 individuals/m², which was much higher than the average density within the entire population, the maximum density was 5 individuals/m².

Morphometric indicators	Average value	Maximum value	Minimum value
Population 1, monitoring plot №1			
Height, cm	32,7 <u>+</u> 2,4	60,5	14,7
Stem diameter, mm	3,2 <u>+</u> 0,3	6	2
Number of sheets, pcs.	4,1 <u>+</u> 0,2	6	3
Length of leaf, cm	6,4 <u>+</u> 0,3	9,1	3,7
Width of leaf, cm	2,8 <u>+</u> 0,2	4,8	1,8
Number of flowers, pcs.	5,1 <u>+</u> 0,7	12	2
Number of fruits, pcs.	3,2 <u>+</u> 0,7	10	0
Percentage of fruiting	54,8 <u>+</u> 5,3	88,9	0
Population 3, monitoring plot №2			
Height, cm	42,3 <u>+</u> 2,1	56	24
Stem diameter, mm	3,3 <u>+</u> 0,2	4	2
Number of sheets, pcs.	4,3 <u>+</u> 0,1	5	4
Length of leaf, cm	7,4 <u>+</u> 0,3	9,5	5
Width of leaf, cm	3,1 <u>+</u> 0,2	4,7	1,6
Number of fruits, pcs	6,4 <u>+</u> 0,9	13	2

Table 3. Morphometric indicators of generative individuals

Population №3. The area occupied by this species population was 750 m², number of individuals in the populations was 400–500, density was 0,5–0,7 individuals/m². Ontogenetic structure in this population wasn't studied. The individuals were divided according to their vitality as follows: 12,5% were lower class individuals, 37,5% were intermediate and 50% were higher class. The population was prosperous (Q=0,438). In the 4 m² monitoring plot, 42 individuals were identified. The density of individuals was 10,5 individuals/m², which, as in the previous population, far exceeds the average density. The morphometric indicators of the generative individuals of this population are shown in Table 3.

Comparison of the state of the studied populations at the north eastern boundary of the species range with populations from other regions indicates a higher number of individuals at greater densities in these populations. According to our data, and that of other researchers, in the main part of the area most *C. damasonium* populations are characterised by low numbers and densities of individuals, from a few tens to one hundred individuals, with a density not exceeding 0.1 individuals/m², although there are rarely populations of more than 1000 individuals or, conversely, of only single individuals (RALO, 2002; TYMCHENKO, 2007; RED BOOK OF THE

RUSSIAN FEDERATION, 2008; RANKOU, 2011; ŠEGOTA ET AL., 2012; PODGÓRSKA, 2015). On the ontogenetic spectrum most populations in Ukraine are characterized by the absence of young vegetative individuals (j, sometimes j and im), while the studied populations had full-member and young vegetative juvenile (j), immature (im), adult vegetative (virginile, v) and generative (g) plants. The presence of young vegetative plants indicates favourable ecological-coenotic conditions for the restoration of populations. The low proportion of young vegetative plants is characteristic of many terrestrial orchids and explains the low survival of seedlings and young vegetative plants, as well as a longer plant life in the virginile and generative ontogenetic stages. However, all species populations are characterized by the predominance, in the ontogenetic spectrum, of generative individuals, and occasionally vegetative adults (virginile) (RALO, 2002; TYMCHENKO, 2007; PODGÓRSKA, 2015; POPOVA, 2015).

As for the vitality structure of the populations of *C. damasonium* then this research was conducted only within Ukraine. In the main part of the range (western regions of Ukraine and the Crimea Mountains) 55% populations are depressive in terms of vitality structure, 45% – prosperous and equilibrium (TYMCHENKO, 2007). Populations at the limit of the range are similar in vitality structure, population $N^{\circ}1$ – depressed, $N^{\circ}3$ – prosperous. The individuals of intermediate and higher class of vitality are dominant in population $N^{\circ}3$ and this is confirmed by higher values of all morphometric parameters for individuals in this population. The better state of population $N^{\circ}3$ is also confirmed by the higher number and density of individuals, which indicates more favourable ecological and coenotic conditions at this site.

4. Conclusions

New populations of *C. damasonium* on the north eastern boundary of its distribution have been found. These populations confirm the existence of this species in the 1930s, and supplement the information available in the scientific literature on the distribution of this species and indicate the possibility of long-term functioning (about a hundred years) of local populations under suitable growing conditions of this rare species on the edge of its range. These identified populations are characterised by high numbers and densities of individuals, the presence of young vegetative plants and individuals of high vitality. Comparison of the ecological and coenotic conditions and the population structure of C. damasonium at its limit and in the main range of its distribution show they are similar. The peculiarity of this locality is the high number of individuals in most of the identified populations, which may be due to favourable ecological-coenotic conditions and the absence of anthropogenic influences. The identified habitats of the species in this study need protection. The information presented in this article can serve as the scientific justification for the creation of a botanical reserve. In the future, it is planned to continue a comprehensive study of all identified populations of Cephalanthera damasonium and to monitor them.

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