Defense manifestations of enzymatic and non-enzymatic antioxidants in *Ricinus communis* L. exposed to lead in hydroponics

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**Abstract**

Lead (Pb) is a major inorganic pollutant with no biological significance and has been a global concern. Phytotoxicity of lead induces toxic effects by generating reactive oxygen species (ROS), which inhibits most of the cellular processes in plants. Hydroponic experiments were performed with *Ricinus communis* to investigate the toxicity and antioxidant responses by exposing to different concentrations of lead (0, 200 and 400 µM) for 10 days. Pb stress caused a significant increase in electrolyte leakage, non-enzymatic antioxidants (phenols and flavonoids) and a decrease in the elemental profile of the plant. Histochemical visualization clearly indicates the significant increase of H$_2$O$_2$ production in dose-dependent manner under Pb stress. Likewise, an increase in catalase, guaiacol peroxidase and superoxide dismutase activity was also evident. Ascorbate peroxidase and MDAR, on the other hand, responded biphasically to Pb treatments showing a decrease in concentration. The decline in redox ratio GSH/GSSG was imposed by the indirect oxidative stress of Pb. Hence these findings showed the ameliorative potential of *R. communis* to sustain Pb toxicity under oxidative stress.

**Keywords:** Antioxidant enzymes, oxidative stress, Pb toxicity, reactive oxygen species (ROS), *Ricinus communis*.

**Introduction**

Environmental pollution by heavy metals poses a threat to all forms of life. Heavy metal accumulation causes deleterious effects to plants as well as human beings. According to the Agency for Toxic Substance and Disease Registry (ATSDR), lead is ranking as top 10 toxic global pollutants which occupy 2nd, 4th, 7th and 8th position out of 10. Despite its antiquity and beneficial use by humanity, it is renowned as a chemical of greater concern in the European REACH regulations (EC1907/2006; Registration, Evaluation, Authorization, and Restriction of Chemicals). Sources of lead pollution to the environment are mainly from metallurgy (smelting of ores, mining, and combustion of coal), energy production (gasoline, batteries, paints, armory, and microelectronics), fertilizers and pesticides (1, 2, 3).

Lead is a non-essential element, and its toxicity in plants brings adverse effects that disturb the normal functioning of the plants from cell to organ level. This metal impairs stunting growth, transpiration, chlorophyll production, a lamellar organization in the chloroplast, inhibit photosynthesis and cell division (4, 5, 6, 7). Pb absorbed onto the roots and bound to carboxyl groups of mucilage uronic acid, or directly to the polysaccharide of the rhizodermis cell surface (8). Pb phytotoxicity causes reduction of molecular oxygen and produces intermediate products such as hydrogen peroxide (H$_2$O$_2$) and superoxide anion (O$_2^{-}$), singlet oxygen (O$_2^{3-}$) and hydroxyl radical (·OH). These active molecules are involved in free radical chain reaction of membrane lipids causing oxidative stress and DNA damage by altering molecular activities of cell (9, 10, 11, 12). Lead activates certain enzymes by modulating gene expression or by restricting the activity of enzyme...
inhibitors, but its relationship has not been yet clearly established (3). Plants employ inherent defense strategies for metal detoxification whenever confronted with stressful condition. It includes restriction of metal uptake, metal ion trafficking, metal sequestration within the root, biosynthesis of osmolytes and activation of antioxidant enzymes. In order to quench ROS and to cope up, plants also developed defense mechanism by activation of enzymatic and non-enzymatic antioxidant such as catalase (CAT), ascorbate peroxidase (APX), guaiacol peroxidases (GPX), superoxide dismutases (SODs) and glutathione (GSH) (10, 13, 14, 15). SOD is considered as a first line defense against oxidative stress by converting O$_2^-$ into H$_2$O$_2$ and subsequently detoxified by APX in the ascorbate-glutathione cycle or by GPX and CAT in the cytoplasm. A non-enzymatic antioxidative system like phenols, flavonoids, glutathione, etc., plays a significant role in scavenging ROS and protecting the membrane damage caused by free radicals. The oxidized form of glutathione (GSSG) is converted to reduced glutathione (GSH) by glutathione reductase (GR) (16, 17, 18). Lead uptake, accumulation, and tolerance have been investigated in number of terrestrial plants such as Sophora japonica & Platycladus orientalis (19); Pismum sativum (20); Coronopus didymus (14); Peganum harmala (11); Jatropha curcas (21) and Orzyza sativa (6); Helianthus annus (13); Zygophyllum fabago (12).

Castor bean (Ricinus communis L.) is a terrestrial suckering perennial crop grown widely in India, China, Brazil and other parts of the world. It is a multipurpose plant cultivated for phytostabilization and bioenergy production (22). It has been reported that castor bean can grow luxuriantly in contaminated soils due to its tolerance to heavy metals (23). Compartmentalization of Pb$^{2+}$ ions within the roots and reduced translocation towards shoots is a well-adaptive response of the plants against Pb-toxic conditions (24). Previous studies reported that castor bean have been used for risk assessment studies of different toxic metals such as Cd (25, 26, 27); Cu (28); Ni (29) and As (30). One method to evaluate the potential for a species to tolerate high metal concentration is through hydroponic culture. It involves the growing of plants with minimal or no soil to support root systems. Even though they were not extrapolated to soil, nevertheless they are used as a means to assess the capacity to tolerate relatively high metal concentrations by maintaining fast growth rate and high biomass production. Hydroponics experiments produce adventitious roots that are convenient to harvest and have advantage over soil since the roots are directly exposed to water and plant metal interactions are direct without any interference. Thus, roots exhibit true Pb toxicity. Our earlier study investigated in R. communis has demonstrated the Pb-induced toxicity markedly increase malondialdehyde (MDA), proline, anthocyanin, cell death and a decrease in photosynthetic pigments (31, 32). Therefore, the idea of the present study aims to understand Pb tolerance in terms of chlorophyll fluorescence, antioxidant metabolism, ROS production and elemental mapping by SEM-EDX to provide insights on Pb-toxicity defence strategies in roots under hydroponic condition.

Material and Methods

Plant description and treatment in hydroponics

Seeds of castor bean variety DCS-108 was procured from IIOR (Indian Institute of Oil Research), Hyderabad. Seedlings of uniform size were placed in a conical flask containing 100 mL of modified Hoagland's media in plant growth chamber for 16/8 h day/night and at 28±2°C (33). The nutrient media was replaced every 3-4 days to provide a fresh dose of nutrient elements. After four weeks of acclimatization, saplings of uniform height were selected and treated separately with Pb(NO$_3$)$_2$ at different concentrations (200 µM and 400 µM) maintained under above conditions. The control plants were without metal treatment. Roots excised after ten days of treatment processed for analysis at various endpoints described as follows.

Chlorophyll fluorescence

Chlorophyll a (Chl a) fluorescence variables were measured on same leaves which were used previously for leaf gas exchange measurements by using MINI- version of imaging PAM (Heinz Walz GmbH, Effeltrich, Germany). For dark adapted parameters, leaves were adapted in dark for 20min to evaluate the maximal photochemical efficiency (F$_{m}$’ - F$_{0}$)/ F$_{m}$’ = F$_{m}$'/F$_{m}$ of photosystem-II. While effective quantum yield (F$_{m}$’-F)/ F$_{m}$’ = ΔF/ F$_{m}$’ under natural light conditions. Measurements were taken on adaxial surface of leaves and high light flash of 4000 µmol m$^{-2}$ s$^{-1}$ was used for 0.8s duration to measure the saturated fluorescence values. Photochemical (F$_{m}$’ - F$_{p}$)/ (F$_{m}$’ - F$_{p}$) = qP, and non-photochemical (F$_{m}$’ - F$_{m}$)/ F$_{m}$’ fluorescence quenching were also calculated.

Estimation of total phenols, flavonoids and electrolyte leakage (EL)

The total phenolic content (TPC) was estimated by the foliociocaltceu spectrophotometric method briefly. 0.1 mL of extract (10 mL from 1g dry leaf tissue) was mixed with 0.5 mL of folic-cioalteu reagent and mixture was shaken. After 5 min 1 mL of 10% Na$_2$CO$_3$ was added and incubated at room temperature for 1 hour. The TPC was measured at 760 nm by plotting the gallic acid calibration curve (34). Total flavonoids were measured by the aluminum chloride colorimetric assay. 0.1 mL of extract was mixed with 0.3 mL each of 5% NaNO$_3$ and 10% AlCl$_3$, followed by 2 mL of 1M NaOH and absorbance was measured at 510 nm. The total flavonoids were assessed by plotting catechol as standard (35). For electrolyte leakage (EL), fresh leaf samples (0.3 g) were washed with distilled water and placed in closed vials (10 mL, deionized) and incubated at 25°C for 6 hours and electrical conductivity (EC1) recorded with an Electrical Conductivity (EC) meter. Then samples were incubated at 90°C for 2 hours and cool down to 25°C to record other EC (EC2). The EL of the leaves samples were calculated as: (EL (%) = EC1/EC2 × 100) (36).

Structural and elemental mapping

Structural analyses were done by field emission scanning electron microscope (FESEM, Philips XL-30) for root transverse
section (TS) of castor treated with 0, 200 and 400 μM Pb(NO₃)₂ concentration. Elemental mapping was done with energy-dispersive X-ray spectroscopy (EDS, Oxford instruments) coupled with field emission scanning electron microscope (FE-SEM). Samples for FE-SEM/EDS were prepared by primary fixation using FAA (formaldehyde-acetic acid-ethanol) for 90 min followed by secondary fixation in 1% osmium tetroxide for 30 min followed by dehydration with a graded ethanol series, mounted on aluminum stubs, and coated with gold-palladium. The element mapping was carried out at an operating voltage of 20 kV and a working distance of 8.5 mm. With the help of the INCA software, X-ray emission-based spectral peaks were analyzed. Electron-induced X-rays were detected by Si drift detector by measuring typical characteristic peak intensities. Once the intensities have been determined, a comparison is then made with standards of known composition with the INCA software applications, which uses filtered least squares (FLS) technique for this filtering and fitting.

**Estimation of H₂O₂**

Fresh roots (0.1 g) were homogenized in ice bath with 5 mL of 0.1% (w/v) trichloroacetic acid (TCA). The homogenate tissue centrifuged at 4°C for 15 min at 12,000 rpm. An equal volume of the supernatant and potassium phosphate buffer (pH 7.0) taken, and 1 ml of 1M potassium iodide added. H₂O₂ concentration was estimated at 390 nm on the absorbance of a standard curve and was expressed as nanomoles per gram FW (37). In situ H₂O₂ visualization in control and Pb-treated roots was determined by 5 μM 2′,7′-dichlorodihydrofluoresceindiacetate (H₂DCFDA) dye with using a confocal microscope (Leica TCS SP2 AOBS Microscope, Germany) at 480 nm excitation and 520 nm emission wavelengths.

**Estimation of antioxidative enzymes activities**

Plant root samples (1 g) were homogenized in 50 mM sodium phosphate buffer (pH 7.8) for SOD, CAT and APX enzyme activities respectively. The homogenate was centrifuged at 10,000×g for 20 min at 4 °C. For APX assay; additional 2 mM ascorbate was used in the homogenizing solution. The content of protein in the supernatant was determined according to the method of Lowry et al. 1951 (38) using a bovine serum albumin as a standard.

Superoxide dismutase (SOD, EC 1.15.1.1) activity was determined according to the method of Beaucamp and Fridovich 1971 (39). Samples containing 50 μg of protein mixed with 50 mM sodium phosphate buffer (pH 7.8), 13 mM methionine, 75 μM nitroblue tetrazolium (NBT), 0.1 mM ethylenediaminetetraacetic acid (EDTA), and 2 μM of riboflavin (added at last). After mixing, mixtures were illuminated for 15 min using sophisticated bulbs (40 W). The reaction mixture containing sample protein and incubated in the dark served as blank, while the reaction mixture without sample protein held under light served as positive control. The absorbance measured at 560 nm. One unit of SOD activity is determined by the amount of protein required to inhibit 50% initial reduction of NBT under the light.

Catalase (CAT, EC 1.11.1.6) activity measured by consumption of H₂O₂ (ε=43.6 mM⁻¹ cm⁻¹) according to the method of Aebi 1984 (40). The reaction mixture contained 50 mM sodium phosphate buffer (pH 7.0), 19 mM H₂O₂ and 100 μg of protein in a final volume of 3 mL. The oxidation of H₂O₂ determined the activity at 240 nm.

Ascorbate peroxidase (APX, EC 1.11.1.11) was assayed by the method of Nakano and Asada 1981 (41). The cocktail contained 50 mM sodium phosphate buffer (pH 7.0), 0.5 mM ascorbic acid, 250 mM H₂O₂ and 50 μg of protein. The activity recorded as a decrease in the absorbance at 290 nm and the amount of ascorbate oxidized was calculated from the molecular extinction coefficient ε = 2.8 mM⁻¹ cm⁻¹.

Guaiacol peroxidase (POD, EC. 1.11.1.7) was determined using Putter 1974 (42). The cocktail mixture contained 50 mM sodium phosphate buffer (pH 7.0), 20 mM guaiacol solution, 12 mM H₂O₂ and 50 μg of protein. The activity recorded as change in the absorbance at 436 nm and the amount of guaiacol was calculated using ε = 25.5 mM⁻¹ cm⁻¹.

Monodehydroascorbate reductase (MDAR, EC. 1.6.5.4) was assayed by monitoring NADPH oxidation at 340 nm (43). The cocktail (3 mL) contained 50 mM sodium phosphate buffer (pH 6.0), 0.1 mM NADPH, 2.5 mM ascorbic acid and enzyme extract equivalent to 100 μg of protein. The activity began with the addition of 4 units of ascorbate oxidase (ε = 6.2 mM⁻¹ cm⁻¹).

**Glutathione estimation**

Total glutathione (GSH and GSSG) content was determined fluorometrically by following the method of Hissin and Hiff 1976 (44). Fresh roots (0.5 g) was ground in 4 mL of 0.1 M sodium phosphate–EDTA buffer (pH 8.0) containing 25% HClO₄. The homogenate was centrifuged at 10,000 g for 20 min at 4 °C. Final reaction mixture (2.0 ml) contained 100 μl of the dilut of Aebi 1984 (40). The reaction mixture contained 50 mM sodium phosphate buffer (pH 7.0), 10 mM GSSG, and 1 mM NADPH in a total volume of 3 ml. The reaction started by addition of enzyme extract containing 50 μg protein and GR activity monitored as NADPH oxidation (ε = 43.6 mM⁻¹ cm⁻¹) according to the method of Aebi 1984 (40). The reaction mixture contained 50 mM sodium phosphate buffer (pH 7.0), 19 mM H₂O₂ and 100 μg of protein in a final volume of 3 mL. The oxidation of H₂O₂ determined the activity at 240 nm.

Glutathione reductase (GR, EC. 1.6.4.2) determined by modifying the method of Jiang and Zhang 2001 (45). The cocktail mixture contained 25 mM sodium phosphate buffer (pH 7.5), 3 mM MgCl₂, 10 mM GSSG, and 1 mM NADPH in a total volume of 3 ml. The reaction started by addition of enzyme extract containing 50 μg protein and GR activity monitored as NADPH oxidation (ε = 6.2 mM⁻¹ cm⁻¹) by the decrease in absorbance at 340 nm.

**Statistical analysis**

The experiments were in triplicate, and the mean values ± standard error (SE) was reported in figures. The data analysis was carried out by analysis of variance (ANOVA) and Tukey
multiple comparison tests using Graph pad prism (6.0) that accounted statistical differences at (p≤0.05) between each treatment and denoted by different letters.

Results

Pb induced changes in chlorophyll fluorescence

Chlorophyll fluorescence exhibited a dramatic change in Pb-stressed leaves compared to control. Experimental findings of maximal photochemical efficiency ($F_v/F_m$) exhibited a linear decline in all Pb treatments. The decrease in $F_v/F_m$ were observed at 200 uM (7%) and 400 uM Pb (15%) for 6 days and 200 uM (7%) and 400 uM Pb (11%) for 12 days time interval compared to control respectively (Fig.1A). Regarding chlorophyll, a fluorescence the effective quantum yield ($\Delta F/F_m'$) and photochemical quenching ($q_P$) were similar and reduced in leaves exposed to Pb treatments. The decrease in $\Delta F/F'_m$ values for 200 uM and 400 uM Pb is 11% and 15% for 6 days and 17% and 28% for 12 days time interval with respect to control

Figure 1. Changes in (A) Maximal photochemical efficiency ($F_v/F_m$), (B) Effective quantum yield $\Delta F/F'_m$, (C) Photochemical quenching ($q_P$) and (D) Non-photochemical quenching ($q_N$) in leaves of R. communis after 12 days of Pb treatment. Capped bar above represents mean ± SE of three individual replicates. Different lower-case letters on bars indicate significant (p<0.05) differences among treatments using Tukey HSD test.

Figure 2. (A) Total phenolic content, (B) Flavonoids and (C) Electrolyte leakage in roots of R. communis after 10 days of Pb treatment. Capped bar above represents mean ± SE of three individual replicates. Different lower-case letters on bars indicate significant (p<0.05) differences among treatments using Tukey HSD test.
The tendency of photochemical quenching (qP) in leaf decreased significantly at 200 and 400 µM Pb, which was accounted for 20% and 33% for 6 days and 33% and 43% for 12 days time interval concerning control treatment (Fig. 1C). On the other hand linear increase in non-photochemical quenching (qN) was observed at 200 µM and 400 µM is 44% and 60% for 6 days respectively, with a concurrent increase of 104% and 135% for 12 days than compared to corresponding control respectively (Fig. 1D).

**Total phenols, flavonoids and electrolyte leakage**

An enhanced phenolic content in the leaves of castor bean was observed after 10 days of Pb treatment (Fig. 2A). The phenolic content was increased by 112.5% and 113.9% in 200 µM and 400 µM with respect to control. Similarly, total flavonoids content was also increased by 126.12% in 200 µM and 120.33% in 400 µM as compared to control respectively (Fig. 2B). The electrolyte leakage in the leaves of *R. communis* increased gradually with the increase in metal concentration. The ion leakage was 65.18% for control while it was 71.95% for 200 µM and 75.22% for 400 µM respectively after 10 days of Pb treatment (Fig. 2C).

**Lead-induced structural modification and elemental analysis**

Scanning electron microscope (SEM) analysis data revealed Pb treatments (control (A), 200µM (B) and 400 µM (C)) altered the root integrity, pore formation and anatomical surfaces (Fig. 3). SEM micrograph of root showed that Pb caused rupture in root rhizodermis and outer cortex which reduces nutrient uptake to the aerial part of the plant. Results of Energy Dispersive Spectroscopy showed the atomic percentage and chemical characteristics of the tissue (Table 1). Elemental mapping was performed for the transverse section of 0, 200 and 400 µM Pb treated root samples. X-ray microanalysis revealed the presence of Pb in both the treated roots (Fig. 4A-C). Qualitative percentage composition showed deposition of elements oxygen (O), carbon (C) and lead (Pb) in 200 and 400 µM treated root compared to control respectively. The atomic percentage of carbon is increasing, and oxygen is decreasing upon dose dependent increase of Pb concentration.

**H₂O₂ estimation and visualization**

Spectrophotometric estimation along with histochemical visualization...

### Table 1. Analysis of atomic percentage of elements by energy dispersive spectroscopy (EDS) in transverse section roots of *R. communis* treated with 0, 200 and 400 µM of Pb for 10 days.

<table>
<thead>
<tr>
<th>Element</th>
<th>Control</th>
<th>200 µM Pb</th>
<th>400 µM Pb</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oxygen</td>
<td>41.52</td>
<td>39.77</td>
<td>32.00</td>
</tr>
<tr>
<td>Carbon</td>
<td>58.48</td>
<td>59.78</td>
<td>67.55</td>
</tr>
<tr>
<td>Lead</td>
<td>ND</td>
<td>0.45</td>
<td>0.45</td>
</tr>
</tbody>
</table>
Figure 4. Energy dispersive X-ray spectral peak profile of *R. communis* root TS, control (A), 200 µM (B) and 400 µM (C). Percent weight elemental composition of the imaged area for the Rici- nus root using EDS.

alization in the root tissue clearly indicates the dose-dependent production of H$_2$O$_2$ upon treatment with Pb (Fig. 5A). Confocal results revealed that maximum fluorescence was observed at 400 µM Pb-treated root followed by 200 µM which signify maximum production of H$_2$O$_2$ while no fluorescence was seen at control (Fig. 5B). This data is corroborated with the H$_2$O$_2$ results obtained spectrophotometrically.

**Lead induced changes in antioxidant enzyme activities**

Increase concentration of SOD was observed with increasing concentration of Pb treatment ($R^2 = 0.998$; Fig. 6A). The highest SOD activity was seen at 400 µM (40.58±4.36 unit's mg$^{-1}$ of protein) and 200 µM (34±4.94 unit's mg$^{-1}$ of protein) when compared to the control (25.50±1.60 unit's mg$^{-1}$ of protein) respectively. Similarly, catalase also showed a dose-dependent increase in Pb-treated roots (Fig. 6B). The CAT activity in roots increased significantly at 200 µM (0.73±0.14 µmol min$^{-1}$ mg$^{-1}$ protein) and 400 µM (0.87±0.08 µmol min$^{-1}$ mg$^{-1}$ protein) with respect to control (0.47±0.13 µmol min$^{-1}$ mg$^{-1}$ protein). APX concentrations of Pb-treated root samples showed a decline in activity compared to the control. The decrease in activities was observed at 200 µM (115.5±3.19 µmol min$^{-1}$ mg$^{-1}$ protein) and 400 µM (108.5±8.96 µmol min$^{-1}$ mg$^{-1}$ protein) compared to control (121±3.69 µmol min$^{-1}$ mg$^{-1}$ protein) respectively.

MDAR declined in its activity in Pb-treated root samples. The decrease in activity was observed at 200 µM (5.16±0.98 µmol min$^{-1}$ mg$^{-1}$ protein) and 400 µM (4.58±1.18 µmol min$^{-1}$ mg$^{-1}$ protein) when compared to control (6.45±0.74 µmol min$^{-1}$ mg$^{-1}$ protein) respectively.

GPX activity at 200 µM (73.70±3.98 µmol min$^{-1}$ mg$^{-1}$ protein) enhanced its activity and further decreased at 400 µM (44.21±7.50 µmol min$^{-1}$ mg$^{-1}$ protein) with respect to the control (60.28±5.94 µmol min$^{-1}$ mg$^{-1}$ protein) (Fig. 6C). Glutathione reductase (GR) activity increased significantly upon an increase in dose-dependent Pb concentration. The increased GR was observed for 200 µM (8.96±0.49 µmol min$^{-1}$ mg$^{-1}$ protein) and 400 µM (10.07±0.30 µmol min$^{-1}$ mg$^{-1}$ protein) in comparison to control (6.45±0.57 µmol min$^{-1}$ mg$^{-1}$ protein) respectively (Fig. 6D).

**Lead induced changes in Glutathione**

Pb caused significant changes in reduced (GSH) and oxidized glutathione (GSSG). The regression analysis showed as the in-
Figure 6. Dose-dependent responses in antioxidative enzymes (A) Superoxide dismutase (SOD), (B) Catalase (CAT), (C) Guaiacol peroxidise (GPX) and (D) Glutathione reductase (GR) activities in *R. communis* roots after 10 days of Pb treatment. Capped bar above represents mean ± SE of three individual replicates. Different lower-case letters on bars indicate significant (p<0.05) differences among treatments using Tukey HSD test.

Figure 7. Levels of (A) Glutathione reduced (GSH), (B) Glutathione oxidized (GSSG) and (C) GSH/GSSG ratio in roots of *R. communis* after 10 days of Pb treatment. Capped bar above represents mean ± SE of three individual replicates. Different lower-case letters on bars indicate significant (p<0.05) differences among treatments using Tukey HSD test.
increased concentration of Pb causes a decline in GSH values ($R^2=0.980$; Fig. 7A). GSH content in root tissue was found to decrease in all the Pb treatments. The decline was observed at 200 μM and 400 μM, which accounted for 51.40% and 45.79% compared to the control. On the other hand, GSSG level was gradually increased as the external Pb concentration increased ($R^2=0.961$; Fig. 7B). The significant induction in GSSG content was observed at 200 μM (161.07%) and 400 μM (143.34%) when compared to control. A decrease in GSH/GSSG redox ratio was observed upon lead treatment (Fig. 7C).

Discussion
In the present study, Pb nitrate is used as a Pb donor to assess the effects on *R. communis*. Nitrates are the major sources of inorganic nitrogen taken up by roots of higher plants. It is mobile in xylem and stored in the vacuoles of roots, shoots and storage organs. Plants use nitrates as a supply of nitrogen, which is needed to make its own amino acids for protein synthesis and healthy growth. Increase in nitrate, leads to increase in osmotic concentration of the soil solution which leads plant to wilt. Too much application of nitrates in fields leads to soil leaching results algal growth and finally eutrophication (46). In the present study, roots absorb high concentration of Pb than stem and leaves. The level of Pb in aerial parts of plant decreases with the increase of distance from the origin. This occurs due to the greater localization of metal within the cell wall or some other parts of the root. Pb alters the chlorophyll fluorescence and has a negative impact on photosynthesis and activity of both PSI and PSII. It results in the inhibition of photosynthetic pigments biosynthesis, inhibition of electron transport and energy transfer between OEC and PSII-reaction center (RC). The effect of Pb on fluorescence parameters such as $F_v/F_m$, ΔF/ΔFm´, ΦPSII, qP and qN has been documented in different plant species (47,48). Our results showed a decline in Chl fluorescence induction curves when all the PSII-RC is closed. The decrease in $F_v$ expresses the inhibition on the donor side of PSII when all the QA molecules are in reduced condition, is due to unavailability of electrons to provide for the accumulation of photo-reduced $Q_a$. Reduction in qP shows the Pb interference in the utilization of ATP and NADPH generated during the light reaction. During abiotic stress, phenolic compounds and flavonoids act as metal chelators by directly scavenging the ROS and neutralizing free radicals (49). A gradual increase in electrolyte leakage was observed in 200 and 400 μM Pb treatments. Electrolyte leakage indicates a loss in membrane permeability which often interferes with lipid bilayers under Pb2+ ions toxicity. It causes leakage of K+ ions and led to deformed cell membranes (50, 14). The increase in phenolic content showed no significant difference in both the Pb treatments with respect to control. Phenolic compounds act as a substrate for different peroxidases were the first line of defense against Cu stress in red cabbage (51) and Cd treatment in roots of maize (52). Phytophenolics donate electrons to guaiacol type peroxidises (GuPXs) for detoxifications of $H_2O_2$ under stress condition (53). Flavonoids have the ability to capture free radical ions by donation of phenolic hydrogen atoms and showed antioxidant activity. Accumulation of these compounds might be one of the strategies that plant use against oxidative stress which protects the plant from damage and increases the stability of cell membranes. Increased content of total phenols (0.936) and flavonoids (0.722) showed good correlation with $H_2O_2$ production.

Roots are the major characteristic sites for metal accumulation. In our experiment, we noticed that Pb treatment resulted in a change in root morphology leading to deformed structure compared to control. Rupture in root rhizodermis, and outer cortex has been reported in *Talinum triangulare* exposed to Pb and cowpea (*Vigna unguiculata*) exposed to Al, Cu, and La (54). Further analysis of root TS revealed that most of the Pb were accumulated within the cell wall and vacuoles (Fig. 3A-C). The loss of cell shape and a decrease in intercellular spaces have also been observed in the Pb-treated plant over the control plant, which may inhibit the translocation or uptake of nutrient elements, Pb, and water from roots to stems and above ground parts of the plant. The EDS data showed the distribution of Pb in the roots of *R. communis* treated samples. High concentration of Pb causes an imbalance of mineral nutrients within the tissues of growing plants (55). It blocks the entry of certain divalent cations (Zn2+, Mn2+, Fe2+, Mg2+, Ca2+ and Cu2+). Our results showed a decrease in the atomic percentage of O and increase in C in the Pb-treated samples compared to control. This is confirmed in our previous study by the significant decrease in the atomic percentage of nutrient elements in roots of *R. communis* (31). A similar result was obtained in *Brachiaria decumbens* (56) and *Spirodela polyrhiza* (57) caused reduction of nutrients in shoot tissue. The study showed lead uptake has a negative effect on the mineral nutrients of *R. communis* roots. The decrease of nutrients in the presence of lead may be due to the size of the metal ion radii or changes in membrane enzyme activities. The Na or K/Ca ion ratios are important for plant growth, development and metabolic processes (58). Thus, we postulate the decrease in nutrients atomic percentage is due to the altered growth, negative interactions between nutrients and competitive interference of Pb within the plant.

$H_2O_2$ production increases with increased concentration of lead. 2',7'-dichlorodihydrofluorescein diacetate (H$_2$DCFDA) is chemically reduced form of fluorescein which is used as an indicator for reactive oxygen species (ROS). From our study, we can suggest that in-vivo $H_2O_2$ analysis through histochemical visualization was fast and reliable. The dose-dependent increase in histochemically visualized cellular $H_2O_2$ is on good governance with the spectrophotometrically measured $H_2O_2$ in roots of *R. communis*. Pb toxicity induces oxidative damage to membrane lipids and proteins through the generation of ROS. It acts as a signal transduction under metal stress and regulates the plant defense system (59). It has been reported that the disturbance in electron transport chain in the membrane is the primary cause for generation of ROS (60, 53). Previous data also supported the higher production of $H_2O_2$ in *T. aestivum* (10) and *T. triangulare* (53); *Armeria maritima* (61); *Coronopus*
didymus (14). Arabidopsis mutants showed Pb hypersensitivity and elevated levels of H$_2$O$_2$ compared to wild type plants (62).

Plants have evolved an efficient defense system which includes both enzymatic and non-enzymatic that helps to maintain redox potential and withstand against oxidative stress. Pb toxicity activates certain enzymes by modulating gene expression or by restricting the activity of the enzyme inhibitors (3). Our results showed the differential response of both enzymatic, i.e., SOD, CAT, APX, POD and non-enzymatic, i.e., GSH and GSSG antioxidants in Pb-treated root samples. Superoxide dismutase, a metalloenzyme present in different cell compartments, is considered to be the first line of defense against oxidative stress. It dismutates O$_2^-$ to O$_2$ and then to H$_2$O$_2$ that is further reduced to H$_2$O by the activities of CAT and GPX and maintain superoxide radicals at steady state levels (63, 15). Catalase detoxifies H$_2$O$_2$ directly in the cell. Increased effect of catalase is due to direct effect of Pb and increased production of H$_2$O$_2$ through SOD. Increased activity of SOD and CAT showed good correlation with increased ROS production (0.988) and (0.999) respectively. Previous studies showed during Pb-stress condition, an increased activity of CAT in Spirodela polyrhiza (54), SOD in Cajanus cajan (64) and CAT and SOD in Triticum aestivum (10) have been observed. Ascorbate peroxidises (APX) a key enzyme of Halliwell-Asada enzyme pathway. It reacts directly with ROS molecules as well as acts as a secondary antioxidant operating both in chloroplast and cytosol (65). In the present study decrease of ascorbate content attributed to oxidation of ascorbate into monodehydroascorbate (MDHA) with concomitant detoxification of H$_2$O$_2$ to water molecules (66, 67). In contrast to increasing APX during different Pb treatments, various studies have reported about decreased levels of APX in V. natans (68), Conzya candensis (69) and Brachiaria mutica & Ricinus communis (15). A concentration-dependent up regulation in the activity of SOD (225% and 136%), CAT (44 and 30%) and APX (1300 and 233%) was reported in the roots and in the shoots, respectively of C. didymus over control plant (14). Concomitant changes in the activities of CAT, SOD and APX enzymes are liable for detoxification of ROS and amelioration of oxidative stress condition.

Glutathione (GSH) is one of the abundant intercellular non-protein thiols which maintain the cellular redox status. It acts as a chelating bioligand which counteracts the oxidative stress imposed by heavy metals in plants. The role of GSH and glutathione reductase (GR) in scavenging H$_2$O$_2$ is well established in Halliwell-Asada enzyme pathway (70). The results showed a decline in GSH and enhanced levels of GSSG content is a true indication of oxidative stress. The lower rate of GSH is attributed due to increase production of H$_2$O$_2$. Qiao et al. 2012 (54) in his study reported that S. polyrhiza when treated with 133 mg L$^{-1}$ Pb, showed 35% reduction in GSH level. Several other researchers also reported Pb changes GSH level in different plant species like H. annuus (71), Brassica napus (72), Peganum harmala (11) and M. sativa (73). GSH acts as a shield from oxidative injury and initiates phytochelatins (components of non-protein thiols) by triggering phytochelatin synthetase. Phytochelatins further bind to Pb and carry them to the vacuole and detoxify them. The oxidized form of glutathione (GSSG) is readily converted to reduced form (GSH) by glutathione reductase (GR). GR is a member of flavoenzyme family which catalyzes the NADPH-dependent reduction. The results showed an increase in GR activity. Saleem et al. 2018 (13) reported that increasing concentration of Pb (300, 600 and 900 mg kg$^{-1}$) gradually increased the activity of GR enzyme in sunflower which was accounted for 30%, 60%, and 107% respectively. On the other hand decrease of GSH/GSSG ratios was observed due to a rapid reduction in GSH and induction in GSSG content during Pb treatment. Formation of Pb-GSH complexes and Pb-induced phytochelatin synthesis reduces Pb concentration and contributes to activation of stress-related responses in plant metabolism (3).

**Conclusion**

Considering our results, we can conclude that Pb accumulated in the Ricinus communis causes oxidative damage by increasing the production of ROS. The decrease in the atomic percentage of nutrients in Pb-treated root supports the idea of avoidance mechanism. The increase in electrolyte leakage and non-enzymatic antioxidants such as phenols and flavanoids shows their adaptive role as a barrier in scavenging ROS and protecting the membrane damage. Confocal laser microscopy imaging along with spectrophotometric studies showed the elevated levels of ROS under dose-dependent increase of Pb concentration. High levels of antioxidative enzymes such as SOD, CAT, GPX, APX and MDAR showed good tolerance mechanism against Pb toxicity by detoxifying free radicals and preventing cell injury and tissue dysfunction. Alteration in glutathione levels and redox ratio of GSH/GSSG helps the plant in maintaining cellular homeostasis. These findings suggest the toxicity and tolerance strategy of Ricinus communis in coping up the oxidative stress under Pb toxicity. Further research on molecular aspects of Pb toxicity and micro-localization of metal in the tissue is yet to be elucidated.

**Abbrevations**

APX- Ascorbate peroxidase · CAT- Catalase · GR- Glutathione reductase · GSH - Glutathione (reduced) · GSSG- Glutathione (oxidized) · MDAR- Monodehydroascorbate reductase · ROS- Reactive oxygen species · SOD- Superoxide dismutase.

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**Conflict of Interest**

The authors declare that they have no conflicts of interest.

**Ethical Compliance**

This article does not contain any studies involving human participants or animals performed by any of the authors.
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