

ORIGINAL ARTICLE

**ETHNIC VARIATION IN INTERLEUKIN-6 –174 (G/C)
POLYMORPHISM IN THE MALAYSIAN POPULATION**

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ABSTRACT

Interleukin-6 (IL-6) is one of the cytokines that has been well studied and implicated in many diseases including cancers. The frequency of the IL-6 –174 (G/C) polymorphism had been proven to differ in various populations. Malaysia is a country with three major ethnic populations, Malays, Chinese and Indians. In this study, we proposed to determine the G or C allele frequency of the IL-6 –174 polymorphism in these three populations. A total of 348 blood samples were available for analysis. The median age for the subjects was 31 years. There were a total of 245 males and 103 females. A total of 86 Malays (25.0%), 122 Chinese (33.0%) and 140 Indians (40.0%) were genotyped. The result showed a significant difference in the G or C allele frequency of the –174 polymorphism. The total frequencies for the G and C alleles were 91.0 and 9.0%, respectively. In the Malays, the allele frequency of the C allele was 4.0% compared with 19.0% in the Indians. The C allele was not detected in the Chinese population. This finding is the first reported on the Malaysian population and may be important in determining risk of diseases associated with the IL-6 polymorphism in these three populations.

Keywords: Interleukin-6 (IL-6) polymorphism; Genetic; Ethnic differences in Asia

INTRODUCTION

Interleukin-6 (IL-6) is a pleiotropic inflammatory cytokine that has been implicated in the development of Alzheimer's disease, cardiovascular diseases and many different types of cancers [1-5]. The role of IL-6 in mediating humoral and cellular immune response relating to inflammation and tissue injury has been well established [6]. Several studies have demonstrated that elevated IL-6 level is associated with vascular smooth muscle growth and increased production of acute phase protein, thereby contributing to possible development of cardiovascular disease as well as Alzheimer's disease [3,5,7,8].

The IL-6 –174G allele had been demonstrated to be associated with higher IL-6 production [7]. This polymorphism affects the circulating serum IL-6 level and IL-6 gene transcription. There have been extensive studies on IL-6 gene polymorphisms in different diseases and interestingly, there is also significant variation in the frequencies of this polymorphism among different ethnic groups. It was reported that frequency of the –174C allele is much lower in the Japanese, Africans and Asian Indians compared to European Caucasians [9-12]. It appears that the majority of Asian populations carry the GG genotypes, ranging from 75.0-100.0%, while Caucasians in the West had a higher frequency of CC genotypes, ranging from 18.0-32.0% [7,9,10,13-15]. Within the Chinese communities in China, there is also a difference in IL-6 allele frequency. A recent study of the Chinese Han population found that 99.57% carried the GG genotype and none were found to carry the CC genotype [16].

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Malaysia is a multiethnic country where the three major ethnic groups are Malays, Chinese and Indians. The Malays are the major population group (70.0%) and are made up of a mixture of people extant in Southeast Asia as early as 3000 years ago [17]. The Chinese account for about 20.0% of the total population of Malaysia and majority originating from Southern China; the Indians account for about 10.0% of the total population and were mainly immigrants from Southern India. There have not been any published reports on the IL-6 polymorphism in the Malay or the local Indian populations. A study published by Chua *et al.* [18] in Malaysia which studied the gene frequency of IL-6 in systemic lupus erythematosus (SLE) patients found that the homozygous G genotype was significantly higher in SLE patients compared with healthy control subjects [18]. However, there was no racial breakdown of these subjects.

In view of the functional implications of the IL-6 gene, we proposed to study the prevalence of the IL-6 -174 (G/C) polymorphism in the Malaysian population. We hope these results can be used as a reference for further studies in determining the disease risk including coronary artery disease among these groups of patients.

MATERIALS AND METHODS

Subjects. Blood was obtained from healthy blood donors residing in Kuala Lumpur, capital city of Malaysia. The study was approved by the local institution ethics committee and informed consent was obtained from all individuals. DNA was extracted from the blood samples by a standard phenolchloroform method and QiAmp DNA Blood Mini Kit (Qiagen GmbH, Hilden Germany). DNA concentration was measured using an ND-1000 spectrophotometer (Nanodrop Technologies, Wilmington, DE, USA) to assess the quantity of the product.

Cytokine Gene Polymorphism Gene Analyses.

The -174 (G/C) (rs1800795) polymorphism in the 5' regulatory region of the IL-6 gene was performed by a custom TaqMan® single nucleotide polymorphism (SNP) genotyping assay (Applied Biosystems, Foster City, CA, USA) system on the LightCycler® 480 Real-Time polymerase chain reaction (PCR) 384 well plate system (Roche Applied Science, Mannheim, Germany). It discriminates the (SNP) by detecting differences in the melting temperatures of the products (T_m). The forward primer was 5'-CGA CCT AAG CTG CAC TTT TCC-3' and reverse primer was 5'-GGG CTG ATT GGA AAC CTT ATT AAG ATT G-3'; the probes for the -174C allele was 5'-CCT TTA GCA TGG CAA GAC-3' and the -174G allele was 5'-CCT TTA GCA TCG CAA GAC-3'. The 5' nuclease assay was performed using 10 to 30 ng genomic DNA, 2X TaqMan® GTXpress™ Master Mix (Applied Biosystems), and 20X TaqMan® genotyping assay. The PCR cycle consisted of hold for 10 min. at 95 °C, 40 cycles of denaturing for 15 seconds at 92 °C and annealing for 1 min. at 60 °C. Negative, non template controls and known positive controls were included in each experimental run.

Statistical Analyses. Allele and genotype frequencies of the three ethnic groups were compared using the χ^2 contingency table. The data were tested for Hardy-Weinberg equilibrium. A p value of <0.05 was considered as statistically significant. All statistical tests were performed using the Statistical Package for the Social Sciences (SPSS) version 17 (SPSS Inc., Chicago, IL, USA).

RESULTS

A total of 348 blood samples were available for analysis. The median age for the subjects was 31 years (ranges from 18-62 years). There were a total of 245 males and 103 females. The sample characteristics are shown in Table 1. Among the 348

Table 1. Baseline characteristic of all samples.

Race	<i>n</i>	Median Age in Years	Range	Males	Females
Malay	86	31.0	18-51	63	23
Chinese	122	31.0	18-44	84	38
Indians	140	32.5	18-60	98	42
Total	348	31.0	18-60	245	103

Table 2. Genotype and allele frequency of IL-6 –174 (G/C) in Malaysian populations.

	Genotype Frequencies <i>n</i> (%)			<i>p</i> Value	Allele Frequencies <i>n</i> (%)		<i>p</i> Value
	GG	GC	CC		G	C	
Malay	80 (93.0)	6 (7.0)	0 (0.0)	<0.005	166 (96.0)	6 (4.0)	<0.005
Chinese	122 (100.0)	0 (0.0)	0 (0.0)		244 (100.0)	0 (0.0)	
Indians	92 (66.0)	42 (30.0)	6 (4.0)		226 (81.0)	54 (19.0)	
Total	294 (84.0)	48 (14.0)	6 (2.0)		636 (91.0)	60 (9.0)	

samples studied, 85.0% carried the GG wild type (–174G/C), 14.0% carried the GC genotype and only 2.0% carried the CC genotype. The GG genotypes were observed in 100.0% Chinese, 93.0% Malays and 66.0% Indians. The CC genotype was absent in both Chinese and Malay individuals and 4.0% of individuals of Indian descent carried the CC genotype (Table 2). These differences were statistically significant between the three races ($p < 0.01$).

The total allele frequencies for the G and C alleles were 91.0 and 9.0%, respectively. Among the Malays, the allele frequency of the C allele was 4.0% compared to 19.0% in the Indians. Table 2 shows the distribution of the IL-6 –174 (G/C) genotype and allele frequencies in the three different ethnic populations. The genotype distribution among these populations was in Hardy-Weinberg equilibrium.

DISCUSSION

Cytokine gene polymorphism has been demonstrated in many articles resulting in interindividual variation of transcriptional regulation and subsequently different serum level of cytokines. It has been well established that frequency of the different cytokine gene allele varies among the different populations. The frequency of the IL-6 gene polymorphism had also been extensively studied in different populations. Ethnic differences were well demonstrated among all major populations. It has been reported that –174C allele was completely absent in Japanese and significantly lower in Koreans and Chinese compared with Caucasians [7,16,19,20]. Similar findings have also been demonstrated in Africans and the remaining Eastern Asian populations [9,10,11-13,15,16,21-23] (Table 3). It is also interesting to note the absence of the homozygous

C genotype among the Chinese, Korean and African populations [9,16,19,22,23].

In this study, the allele frequency of –174C was only 9.0%, much lower than those reported in the European population [10,13]; 85.0% of the subjects carried the GG genotypes and only 2.0% carried the CC genotype. However, there were significant differences in the distribution of IL-6 –174 (G/C) between the three ethnic groups. There was a complete absence of the –174C polymorphism in the Chinese subjects, which is similar to that reported in the Singapore Chinese populations [9]. This is of no surprise as Malaysian Chinese and Singapore Chinese are very closely related due to geographical and historical reasons.

In contrast, the C allele frequency was significantly higher (19.0%) in the Indians in this study compared with the other two ethnic groups. The IL-6 –174 (G/C) polymorphism was relatively more evenly distributed in Indians: 66.0% carried the GG genotype, 30.0% carried the GC genotype and 4.0% carried the CC genotype. Study of Indian populations in India had demonstrated the difference in the IL-6 –174 (G/C) polymorphism among the North and South Indians [11,24]. There was a higher frequency of the C allele in North Indians compared to South Indians, 32.4 vs. 15.5%, respectively. The majority of the South Indians studied (72.0%) carried the GG genotype and only 2.9% carried the CC genotype [24]. Our study reported similar findings with the South Indian rather than the North Indian populations. The most likely reason could be due to the fact that most of the Indians in Malaysia were of South Indian ancestry.

The –174C allele was only detected in 4.0% of Malays. There had not been any reports on the frequency of IL-6 –174 (G/C) polymorphism in the Ma-

Table 3. Genotype and allele frequencies of IL-6 –174 (G/C) in different populations

Population	References	Number	Genotypes (%)			Alleles (%)	
			GG	GC	CC	G	C
		Investigated					
Italian Caucasians	10	362	49.7	39.3	11.0	71.0	29.0
UK Caucasians	15	240	31.7	52.5	15.8	n.d.	n.d.
Brazilians	21	214	49.3	40.8	9.9	69.7	30.3
Finnish	13	1334	19.3	51.3	29.3	55.0	45.0
Japanese	12	311	100.0	0.0	0.0	100.0	0.0
Koreans	23	311	100.0	0.0	0.0	100.0	0.0
Chinese Han	16	232	99.6	0.4	0.0	99.7	0.3
North Indians	11	343	50.1	35.0	14.9	67.6	32.4
South Indians	24	210	71.9	25.2	2.9	84.5	15.5
Omani	9	80	76.2	22.5	1.3	87.5	12.5
Africans	9	86	98.8	1.2	0.0	99.4	0.6
Malaysian Chinese	this study	122	100.0	0.0	0.0	100.0	0.0
Malaysian Malays	this study	86	93.0	7.0	0.0	96.0	4.0
Malaysian Indians	this study	140	66.0	30.0	4.0	81.0	19.0

n.d.: not determined.

lay population and hence this will be the first report. Interleukin-6 has been extensively studied and has been implicated in many diseases, including coronary artery disease, cancers and Alzheimer's disease. In a meta-analysis reported by Liu *et al.* [25], the IL-6 –174 (G/C) polymorphism was associated with cancer risk in African populations but not in Caucasian population. Similar meta-analysis by Xu *et al.* [26] had also demonstrated that there was a possible association of the IL-6 –174 (G/C) polymorphism with cancer risk among Asians and Africans.

A recent meta-analysis of 20 studies suggests that the IL-6 –174 (G/C) polymorphism was associated with increased risk of coronary heart disease among Asians [27]. In the subgroup analysis, it was suggested that individuals with the C allele might have a higher risk of coronary heart disease. Interestingly, studies involving Asian populations had demonstrated that Asian Indians were at greater risk of coronary heart disease compared to other ethnic populations [28,29]. After adjusting for the other risk factors of coronary artery disease, the Indian population remained one of the risk factors [30]. Hence, it is of interest that a higher frequency of the C allele was found in Indians in this study cohort.

Therefore, this study serves as an important reference study for the Malaysian population and also to provide data for the least studied populations, *e.g.*, Malays and Indians. The result of this study can be used as a reference point for future studies in determining risk factors and association of the mentioned diseases in the Malaysian population.

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