

Case Report

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# FLT-3 ITD Positive Acute Basophilic Leukemia with Rare Complex Karyotype Presenting with Acute Respiratory Failure: Case Report

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#### Abstract

**Background**: Acute basophilic leukemia is a rare subtype of acute myeloid leukemia, as categorized by the 2008 World Health Organization classification of myeloid neoplasms. Acute basophilic leukemia diagnosis requires thorough morphological, cytochemical, immunophenotypic, molecular, and cytogenetic studies and exclusion of other hematological neoplasms associating basophilia.

The disease course is defined by histamine driven, occasionally life-threatening respiratory, cardiovascular, cutaneous or digestive complications, as well as primary refractoriness to standard therapy.

Clinical presentation: We herein report a case of a 63-year-old asthmatic female patient diagnosed with acute basophilic leukemia, associated with previously unpublished cytogenetic features and FLT-3 ITD mutation, pulmonary leukostasis and spontaneous pulmonary capillary leak syndrome, which worsened immediately following chemotherapy initiation. Respiratory complications were successfully managed, but recrudesced upon emergence of refractory disease and were ultimately fatal.

We highlight the likelihood of pulmonary complications induced by basophil degranulation and tumor lysis in hypercellular acute basophilic leukemia and the potential benefit of histamine receptor blockade in this setting.

**Keywords**: Acute Basophilic Leukemia, FLT-3 ITD, leukostasis, acute respiratory failure Received: 13<sup>th</sup> August 2017; Accepted: 26<sup>th</sup> October 2017; Published: 15<sup>th</sup> December 2017

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## Introduction

Acute Basophilic Leukemia is an uncommon hematological malignancy, currently categorized by the 2008 World Health Organization (WHO) classification as a particular subtype of unspecified acute myeloid leukemia (AML), often associated with an aggressive clinical course and dismal prognosis [1]. Complications related to high histamine release, including skin rash, peptic ulcer, gastrointestinal bleeding, anaphylaxis and respiratory symptoms have been reported [2,3]. Meticulous morphological, cytochemical, immunophenotypic, molecular, and cytogenetic studies are required to fully characterize acute basophilic leukemia. Differential diagnosis includes other myeloid neoplasms associated with basophilia, namely AML with t(6;9)(p23;q14), acute promyelocytic leukemia with basophilic differentiation, blastic transformation of chronic myelogenous leukemia, primary myelofibrosis, or rare acute lymphoblastic leukemia cases with prominent cytoplasmic granules [1,4]. Noteworthy, even though multiple chromosomal abnormalities have been reported involving chromosomes 1, 2, 6, 7, 8, 11, 12, 16, 17, 19, 21 and X, no recurrent cytogenetic or molecular anomalies have been described in acute basophilic leukemia patients [3,5-13]. Acute basophilic leukemia

management remains poorly defined, relying on cytarabine and anthracycline-based induction regimens, palliative cytoreductive treatment, targeted therapies (tyrosine kinase inhibitors) or allogeneic stem cell transplant in selected cases [7,14]. Shortened disease free survival (DFS) or refractory disease are common among acute basophilic leukemia patients [7,14].

# Case report:

A 63-year-old female patient with a medical history of diabetes, hypertension, bronchial asthma since the age of 35, and diagnosed with non-Hodgkin lymphoma at age 36, for which she had previously received chemo- and radiotherapy, was admitted for fatigue and exertional dyspnea. Physical examination was unremarkable, with no cutaneous lesions documented. Asthma control had been previously achieved with inhaled long acting bronchodilators and corticosteroids, with no identifiable exacerbations within the 12 months preceding admission to our clinic.

Laboratory findings revealed a hemoglobin level of 6.7 g/dl, 66x10<sup>9</sup>/L platelets, 18x10<sup>9</sup>/L leukocytes, 1.2x10<sup>9</sup>/L neutrophils, 0.9x10<sup>9</sup>/L basophils and 68% agranular blasts with basophilic cytoplasm. Bone marrow (BM) investigation revealed hypercellularity with 70% infiltration

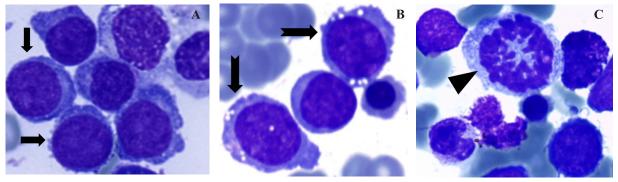


Figure 1. Bone marrow infiltration with medium sized agranular blasts, with fine chromatin, basophilic cytoplasm and proerythroblast (A, dark arrow) or Burkitt-like (B, notched dark arrow) appearance. Frequent karyorrhexis was present as a feature of erythroid dysplasia (C, dark arrowhead) (May Grünwald Giemsa, x100).

with ambiguous lineage agranular blasts, some resembling proerythroblasts and others with cytoplasmic vacuoles. The following features of bone marrow dysplasia were present in 10% of the examined nucleated cells: neutrophil hypogranularity, nuclear erythroid dysplasia and megakaryocyte hypolobulation (Figure 1).

Flow cytometry immunophenotyping confirmed the basophilic nature of the blasts and also revealed the presence of a minor subclone with early mastocyte lineage commitment (Table 1) (Figure 2).

Molecular testing for FLT-3 ITD (FMS-like tyrosine kinase receptor-3- internal tandem duplication) was positive. CBFB-MYH11, RUNX1-RUNX1T1, PML-RARα, FLT3 D835 mutation, and NPM 1 were negative. Conventional cytogenetic examination using GTG banding revealed a complex karyotype, with multiple numerical and structural aberrations (14 metaphases with structural anomalies consisting of t(1;4) (p35;q35), del(5)(q31->qter), t(5;20)(p15;p13)and 17 metaphases with numeric anomalies: 11 metaphases with hyperdiploidy (47-50 chromosomes) and 6 metaphases with hypodiploidy. t(9,22) or t(6,9) were not identified. del(5)(q31->qter) was confirmed by interphase fluorescence in situ hybridization (FISH) testing (Figure 3). No 11q23 rearrangements were described.

A diagnosis of therapy related FLT-3-ITD positive acute basophilic leukemia was established, based on the medullary infiltrate phenotype and on the cytogenetic and molecular exclusion of other basophilia-associating myeloproliferative syndromes. Ultrastructural characterization of basophilic blasts by electron microscopy was not available.

Within 72 hours following admission, the patient developed symptoms of progressive respiratory failure, with bronchospasm and wheezing. In parallel, a threefold increase of leukocytes (47x10<sup>9</sup>L) was recorded. The patient remained afebrile and C reactive protein was only mildly increased (10 mg/L, normal range: 0 to 1 mg/L), underlining the unlikelihood of pulmonary infection. Thoracic computed tomography revealed bilateral ground glass infiltrates and ruled out pulmonary embolism.

Furthermore, broad spectrum antibiotherapy and a short empirical course of Voriconazole led to no respiratory improvement. Taking into account the low probability of pulmonary infection and the temporal concurrence of progressive leukocytosis and respiratory failure with bronchospastic features in a patient with previously controlled asthma, we considered the diagnosis of non-cardiogenic pulmonary edema secondary to pulmonary leukostasis. Normal serum hista-

Table 1. Expression pattern of most relevant markers evaluated by now cytometry									
Cell	Relevant markers								
populations	CD34	CD117	HLA/DR	CD203c	CD22	MPO	CD13	CD33	CD56
AML clone 1 (72%)	+	+	+/-	-/+	+	-	+	+	+
AML clone 2 (2,5%)	+	++	-	-/+	-	-	+	-	-

Table 1. Expression pattern of most relevant markers evaluated by flow cytometry

AML clone 1= cells with early basophil lineage commitment, containing 4% more mature (phenotypically related) basophils AML clone 2= cells with early mast cell lineage commitment

Grey fields= most relevant markers for basophil/mastocyte lineage assignment. Percentages are calculated from the whole sample.

<sup>+ =</sup> positive

<sup>- =</sup> negative

<sup>-/+ =</sup> partial expression, mostly negative

<sup>+/- =</sup> partial expression, mostly positive.

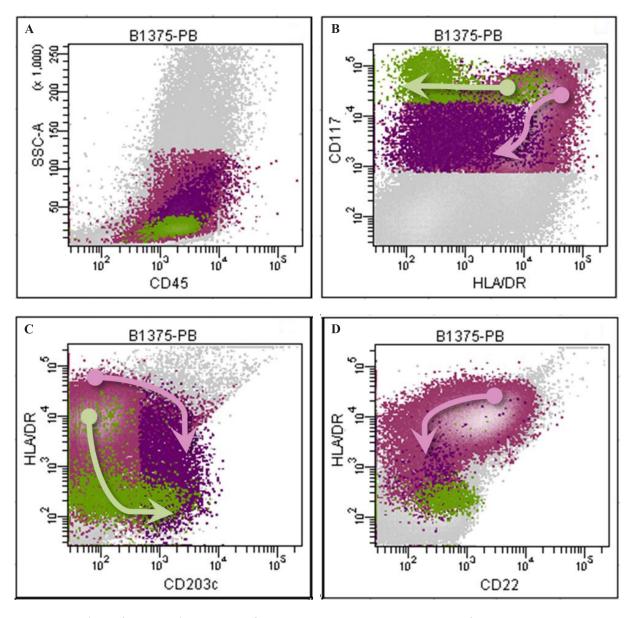


Figure 2. Expression pattern of most relevant markers evaluated by flow cytometry. Two AML clones were identified by flow cytometry, using an 8 color 25 antibodies panel (A: side-scatter vs CD45). A major AML clone (72%, magenta) was assigned to cells with early basophil lineage commitment, also containing 4% more mature basophils (magenta dark). A second, minor (2.5%) malignant clone represents precursors with early mast cell lineage commitment (green). Arrows highlight a continuous expression pattern (B: CD117 vs HLA-DR; C: HLA-DR vs CD203c; D: HLA-DR vs CD22) between different clones, suggestive for their lineage connection.

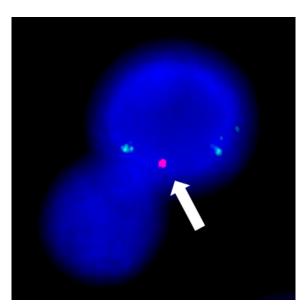


Figure 3. del(5q31) (white arrow) (LSI EGR1/D5S23,D5S721 Dual Color Probe - Vysis)-interphasic fluorescence in situ hybridization (FISH).

mine and tryptase levels were considered unreliable, as they were measured after corticotherapy initiation.

Consequently, standard "3+7" (Idarubicin 12 mg/m² intravenously for three days and cytarabine 100 mg/m² in continuous intravenous infusion for seven days) induction therapy was initiated. Within one hour after chemotherapy initiation the patient presented grade 2 cytokine release syndrome (hypotension, fever, chills, profuse sweats, rash and bronchospasm exacerbation).

Under chemotherapy and intravenous methylprednisolone, bronchodilators and histamine receptors 1 and 2 blockade the respiratory symptoms and bronchospasm gradually improved over the next 72 hours.

On day +18 post induction, the hemogram showed 7.2x10<sup>9</sup>/L leukocytes and peripheral blood smear examination revealed blast cells, attesting refractory disease. Within 24 hours the respiratory symptoms present on diagnosis reoc-

curred. A re-induction course of 500 mg cytarabine for three days was attempted, but the patient died due to progressive respiratory failure.

#### Discussion

Acute basophilic leukemia remains a poorly defined entity, due to lack of standardized diagnostic criteria, treatment regimens, and scarcity of case reports. According to the 2008 WHO classification [1] and its 2016 revision [15], acute basophilic leukemia diagnosis requires specific morphological and immunophenotypic criteria and exclusion of other hematological basophilia-associating neoplasms. No characteristic recurrent cytogenetic or molecular abnormalities have been defined to date.

It should be noted that some acute basophilic leukemia cases reported before 2008 do not fit the current WHO definition and represent in fact blastic phases of chronic myeloid leukemia presenting with significant basophilia [16].

FLT-3-ITD mutation occurs in about 30% of adult AML cases and it is correlated with reduced DFS and overall survival [17,18]. FLT3-ITD mutation is a common finding in AML patients with t(6:9)(p23:q34) (78% of cases) [1], along-side BM dysplasia and a complex karyotype. In our case, the diagnosis of acute basophilic leukemia with mutated FLT3-ITD is strongly supported by flow cytometry data and cytogenetic studies. Furthermore, to the best of our knowledge, this is the first reported case of FLT3-ITD positive acute basophilic leukemia, doubled by a complex, also previously unreported karyotype.

Additionally, the patient's history of chemoand radio-treated non Hodgkin lymphoma and multilineage BM dysplastic features suggest a possible preceding myelodysplastic syndrome. Although BM dysplastic features were present, they did not surpass the 50% threshold necessary for the diagnosis of AML with myelodysplasia-related features. Despite the late onset of the disease relative to the previous lymphoma-targeted chemotherapy, the presence of chromosome 5 anomalies is suggestive for therapy-related acute basophilic leukemia.

Furthermore, this case features a rare presentation of hypercellular acute basophilic leukemia precipitating phenomena of respiratory failure in a patient with previously controlled asthma.

The extent to which asthma history might have contributed to a leukemia phenotype shift towards the basophil lineage is difficult to evaluate. Literature cites a case of mixed lineage eosinophil-basophil acute leukemia in a young female patient associating asthma [19]. T helper 2 lymphocytes trafficking from airways of asthmatic patients to the BM apparently induce up-regulation of interleukin-5 (IL-5) receptors on CD34+ progenitors, thus altering normal hematopoiesis and favoring IL-5 mediated expansion of eosinophil and basophil precursors [20]. However, it is virtually impossible to assess whether IL-5-induced modifications in the BM microenvironment of asthma patients might contribute to leukemogenesis and the subsequent basophilic and mastocytic differentiation in this particular case.

The temporal concurrence of respiratory symptoms and progressive leukocytosis strongly suggest intricate phenomena of pulmonary leukostasis and capillary leak syndrome. Ground glass opacities sparing the lung bases and the subpleural space are evocative of non-cardiogenic pulmonary edema. Pulmonary leukostasis requires endothelial cell activation and expression of various adhesion molecules by the leukemic blasts, including CD56, irrespective of the absolute leukocyte count [21,22]. In this case, CD56 expression on basophilic blasts might have specifically facilitated the development of leukostasis. Spontaneous or post therapeutic worsening of respiratory failure in patients with pulmonary leukostasis has been previously cited in hypercellular myelomonocytic leukemias [23,24].

Moreover, bronchospasmexacerbationalongside hypotension and rash following chemotherapy initiation strongly suggest the implication of vaso- and broncho-active mediators released upon lysis of basophilic blast cells. Pulmonary damage in myelomonocytic leukemias associating eosinophilia has been linked to eosinophil degranulation [25,26], emphasizing the likelihood of a similar mechanism in acute basophilic leukemia. Consequently, steroid premedication and double histamine receptor blockade was initiated and succeeded to limit the impact of histamine related complications. Ultimately, reappearance of respiratory distress upon emergence of refractory disease and subsequent basophil proliferation further indicate the role of tumor progression and cytokine release in the pathogenesis of pulmonary edema and leukostasis.

Previously published data have certified the existence of certain clonal relationship between myeloid blasts and BM mast cells in an AML patient [27]. The presence of two different AML clones, identified by differential expression of HLA-DR, CD117 and CD203c suggest a putative common origin of these subclones, i.e. a common malignant basophil-mastocyte progenitor, even though the existence of its normal counterpart in human hematopoiesis has yet to be demonstrated [28].

### Conclusion

Acute basophilic leukemia is a very rare AML subtype whose diagnosis poses a real challenge. Furthermore, acute basophilic leukemia management is still unstandardized and one should always be aware of the potential of the disease to lead to life-threatening histamine-driven pulmonary, cardiovascular, digestive, and skin complications. Spontaneous or post chemotherapy respiratory distress should raise suspicion of pulmonary capillary leak induced by basophil lysis or degranulation. Dou-

ble histamine receptor blockade, steroid therapy and chemotherapy initiation are recommended in such cases, as well as empirical antibiotherapy, since infection cannot be definitely ruled out.

Noteworthy, normal serum levels of histamine and tryptase should not discourage therapy in the setting of high clinical suspicion of histamine-driven complications.

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## **Conflicts of interest**

The authors report no conflicts of interest.

#### List of abbreviations

AML= acute myeloid leukemia

BM= bone marrow

CBFB-MYH11= core binding factor beta- myosine heavy chain 11

CD= cluster of differentiation

FISH= fluorescence in situ hybridization

FLT-3 ITD= FMS-like tyrosine kinase receptor-3- internal tandem duplication

Il-5= interleukin 5

HLA-DR= human leukocyte antigen DR

NPM 1= nucleophosmin 1

PML-RAR $\alpha$ = promyelocytic leukemia/retinoic acid receptor  $\alpha$ 

RUNX1-RUNX1T1= runt-related transcription factor 1-runt-related transcription factor 1 target

WHO= World Health Organization

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