

***Chlamydia psittaci* reference genes for normalisation of expression data differ depending on the culture conditions and selected time points during the chlamydial replication cycle**

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Abstract

Introduction: *Chlamydia psittaci* is a gram-negative obligate intracellular pathogen of birds. Poultry infections lead to economic losses and can be transmitted to humans. No vaccine is available and the bacterium–host cell interaction is not completely understood. Replicating bacteria cause pneumonia, but *C. psittaci* can also be non-replicating and persistent inside the cytoplasm of avian cells. RT-qPCR provides insight into the molecular pathogenesis of both active replicating and persistent *Chlamydia psittaci* in birds, but requires identification of stably expressed reference genes to avoid biases. **Material and Methods:** We investigated the expression stability of 10 *C. psittaci* candidate reference genes for gene expression analysis during normal growth and penicillin-induced persistence. *C. psittaci* Cal10 was cultured in HeLa229 and RNA was extracted. The expression level of each candidate was examined by RT-qPCR and Cq values were analysed using geNorm. **Results:** The genes *tyrS*, *gidA*, *radA*, and *16S rRNA* ranked among the most stably expressed. The final selected reference genes differed according to the bacterial growth status (normal growth versus persistent status), and the time points selected during the duration of the normal chlamydial developmental cycle. **Conclusion:** The study data show the importance of systematic validation of reference genes to confirm their stability within the strains and under the conditions selected.

Keywords: birds, *Chlamydia psittaci*, RT-qPCR, normalisation, references genes.

Introduction

Quantitative real-time PCR (RT-qPCR) has become a major tool to better understand the molecular pathogenesis of bacterial infections. RT-qPCR is a sensitive, efficient, and accurate technique for gene expression studies and it is an established technique for studying bacterium–host cell interactions (23). However, the accuracy and reproducibility of RT-qPCR is influenced by: i) the sample amount, ii) the yield from the extraction process, iii) the RNA quality, iv) sample to sample variation, and v) reverse transcriptase efficiency (3). The expression of reference genes is affected by all sources of variation during the experimental workflow, in the same way as the expression of the genes of interest is influenced. Therefore, the use of reference genes is the preferred method to reduce the non-biological variation.

However, the normalisation step is the most problematic and ignored part of RT-qPCR. A commonly used normalisation strategy involves normalisation to a single, non-validated bacterial reference gene, such as the *16S rRNA* gene (13), which is generally regarded as the universal reference for data normalisation. However, evaluation of RT-qPCR candidate reference genes for expression studies in *Lactobacillus casei* (25), *Escherichia coli* (26), *Bacillus cereus* (18), *Corynebacterium pseudotuberculosis* (5), *Clostridium botulinum* (11), *Listeria monocytogenes* (21), and *Staphylococcus aureus* (19, 22) revealed that the *16S rRNA* gene cannot be so regarded. In fact, the expression stability of candidate reference genes should be validated specifically for each bacterial species and each experimental setting (23).

RT-qPCR analyses could help in understanding the molecular pathogenesis of *Chlamydia psittaci*

infection. *C. psittaci* is an obligate intracellular Gram-negative bacterium that is responsible for respiratory disease in birds. *C. psittaci* infection leads to significant economic losses due to reduced feed conversion, mortality, carcass condemnation at slaughter, reduced egg production, and/or costs of antibiotic treatment (24). Currently, no vaccine is available. *C. psittaci* is also an important zoonotic agent infecting humans via inhalation of infected aerosols of pharyngeal or nasal excretions or dried faeces. The bacterium replicates by binary fission inside the cytoplasm of host cells but when stressed (by iron depletion, exposure to interferon gamma, and/or penicillin), the pathogen can go into a non-replicative, persistent status, and once stressors are removed, replication and bacterial excretion starts again.

Genes that are expressed at the same level at all analysed time points and conditions may be regarded as stably expressed genes. So far, for normalisation of RT-qPCR data in *Chlamydia* such genes have only been determined for the human pathogen *C. trachomatis* (2). Therefore, the aim of this study was to validate reference genes for RT-qPCR studies in *C. psittaci* during the normal developmental cycle and during penicillin-induced persistence. Reference genes determined for normal + penicillin, *i.e.* genes that are stably expressed both during normal development and during penicillin-induced persistence, should be used to check whether a certain gene is up or downregulated during the persistent state compared to during normal development. This is important to further understanding of the persistent state, which could help veterinary science prevent *Chlamydia* spp. entering this state and thereby treat chlamydial infections more effectively.

Material and Methods

***Chlamydia psittaci* strain, cell culture, and infection.** *C. psittaci* Cal10 (originally isolated from humans) was cultivated in HeLa 229 cells in 100 mm² tissue culture dishes at 37°C with 5% CO₂ in Dulbecco's modified Eagle's medium (DMEM, Mediatech, USA) supplemented with 10% heat-inactivated foetal bovine serum (Atlanta Biologicals, USA), gentamycin (25 µg mL⁻¹; Quality Biological, USA), and fungizone (1.25 µg mL⁻¹; Invitrogen, USA). This medium was used for normal bacterial growth conditions, while penicillin (100 U mL⁻¹) was added to it to induce persistence. Confluent monolayers were washed with PBS, and 1 mL inoculum (multiplicity of infection = 1) in sucrose-phosphate-glutamic acid (SPG) (0.25 M sucrose, 10 mM sodium phosphate, and 5 mM L-glutamic acid) was added to one dish. SPG was added in the same 1 mL volume to a mock-infected dish. Both mock-infected and infected monolayers were rocked gently for 2 h at room temperature, washed with PBS, freshly supplemented DMEM (with

or without penicillin) was added, and the cultures were incubated at 37°C with 5% CO₂. For all infections, addition of medium after rocking and washing marked the start time of infection.

Total RNA extraction and cDNA synthesis. Total RNA was extracted from mock-infected and infected (with or without penicillin) HeLa 229 cell cultures harvested at early (2 and 6 h p.i.), mid (12 and 18 h p.i.), and late (24, 32, and 48 h p.i.) time points. To minimise handling time, a maximum of 15 samples were processed together. Growth medium was removed and 1 mL TRIzol (Invitrogen) was added to each 100 mm² culture dish to lyse the cells. Lysates were transferred to Eppendorf tubes and 0.5 mL of chloroform was added to each sample. The samples were vigorously shaken for 30 s, incubated for 5 min at room temperature, and centrifuged at 12 000 g at 4°C for 15 min. To precipitate total RNA from the aqueous phase, 0.5 mL of isopropyl alcohol was added to each tube, which was subsequently shaken manually three times, incubated at room temperature for 10 min, and centrifuged at 11 500 g at 4°C for 10 min. The pellet was washed twice with ice-cold 75% ethanol, vortexed, and centrifuged for 5 min at 4°C. The clean pellet was air-dried at room temperature, resuspended in 200 µL RNase-free water, and quantified using a Nanodrop 2000 (Thermo Scientific, USA). All RNA samples had an OD_{260/280} between 1.8 and 2.0, indicating good RNA quality. A volume measuring 100 µL of the RNA samples was treated with RNase-free DNase I (Promega, USA) following the manufacturer's protocol. Both DNase I-treated RNA samples and original RNA samples were tested by PCR (Table 1) to confirm the absence of genomic DNA in the DNase-treated RNA samples. Thereafter, cDNA was generated from 1 µg of RNA with the SuperScript II RT kit (Invitrogen) with random hexamer primers (Invitrogen) following the manufacturer's protocol. RNA samples were stored at -80°C and cDNA samples at -20°C.

Primer design and validation for RT-qPCR. Primers for the candidate reference genes were designed using Primer3 software with the following settings: amplicon size of 100–200 bp, optimal melting temperature of 60°C, and a GC content of 50%–60% (Table 1). For each primer pair, different primer concentrations (100 nM, 150 nM, 200 nM, 300 nM, 400 nM, and 500 nM) were tested in duplicate. The concentration resulting in the best sigmoid expression curve was chosen (Table 1). Melt curve analysis was used to ensure the specificity of the primers. The RT-qPCR efficiency was determined for each gene using slope analysis with a linear regression model. Standard curves were generated with serial dilutions of genomic DNA of purified EBs (1/5 = 8 ng µL⁻¹, 1/25, 1/125, 1/625, 1/3125, and 1/15625). The corresponding RT-qPCR efficiencies (E) were calculated according to the equation $E = (10^{(-1/\text{slope})} - 1) \times 100$ (17). Primers selected for RT-qPCR displayed an efficiency between 90% and 110% and a coefficient of correlation greater than 0.98.

The Cq- values were corrected for the differences in PCR- efficiencies during the analysis.

Real-time quantitative PCR (RT-qPCR). The expression level of each candidate reference gene was examined by RT-qPCR using the Rotor-Gene Q Real-Time PCR Detection System (Qiagen, Germany). Each reaction mixture contained 1 μ L of cDNA, the optimal primer concentration for each primer pair (Table 1), 10 μ L of iQ SYBR Green Supermix (Bio-Rad, USA), and ddH₂O to a final volume of 20 μ L. RT-qPCR reaction conditions were as follows: initial denaturation at 95°C for 3 min, 40 cycles each consisting of 30 s at 95°C and 30 s at 58°C, followed by the melting curve programme (95°C for 1 min, 55°C–95°C in steps of 0.5°C each 10 s). Two biological replicates of each sample (normal infection vs. penicillin-induced persistence, each at seven different time points during the developmental cycle) were tested in duplicate. *C. psittaci* Cal10 genomic DNA was used as a positive control, while HeLa 229 cDNA, non-reverse-transcribed *C. psittaci* Cal10 total RNA, and ddH₂O were used as negative controls. Data analyses were carried out with geNorm software (version 2.4, Biogazelle, Belgium) on normal, penicillin, and normal + penicillin samples.

Selection of reference genes. The expression level of 10 candidate reference genes (*16S rRNA*, *map*, *tyrS*, *hemN*, *hflX*, *gidA*, *gatA*, *fumC*, *radA*, and *enoA*) was measured for the two biological replicates of each sample. The Cq- values were used to analyse the expression stability of candidate reference genes by geNorm, implemented in the qBasePLUS software. The geNorm is based on the principle that the expression ratios of two ideal reference genes are identical in all samples tested, independent of the experimental conditions. Variation in these ratios indicates the non-stable expression of one or both reference genes. Therefore, geNorm determines the level of pairwise variation for each candidate reference gene with all other candidate reference genes (M-value). Genes with a low M-value are the most stably expressed. Sequential removal of the least stable gene generates a ranking of the candidate reference genes according to their stable expression. The geNorm also calculates the pairwise variation $V_{n/n+1}$ to determine the ideal number of reference genes for normalisation (23). The value 0.15 was set as the cut-off below which the inclusion of an additional control gene was considered not to result in a significant improvement of the normalisation.

Table 1. Primers used for RT-qPCR analysis

Gene	Primer	Primer sequence(5'–3')	Amplicon size (bp)	Tm (°C)	GC (%)	Primer concentration (nM)	Efficiency (%)
<i>16S rRNA</i>	16SrRNA-1	TGTACAAGGCCCGGGAACGTA	156	59.9	57.1	200	95.4
	16SrRNA-2	GGCCAGTACAGAAGGTAGCA		58.0	55.0	200	
<i>enoA</i>	enoA-F	AGCCGCAACTTTAGGACGA	187	60.9	52.6	500	90.1
	enoA-R	ATCAGCACCCATACGCACAG		62.1	55.0	500	
<i>gatA</i>	gatA-F	GCGTTAGGTTCCGATACAG	165	55.9	52.6	200	94.9
	gatA-R	GGCGACATCTTCAACAAC		54.9	50.0	200	
<i>hemN</i>	hemN-F	TTTACACATGCGGCCTGAC	170	60.7	52.6	500	101.2
	hemN-R	CAATGGCTTGGTAACCTGCT		60.1	50.0	500	
<i>tyrS</i>	tyrS-F	TGGGACAGGCTTATGGTTTG	169	60.9	50.0	200	96.6
	tyrS-R	CGTGCAGCTTTAGGCACTTC		61.0	55.0	200	
<i>fumC</i>	fumC-F	CTTGCATACCGCCAGAGAGT	170	60.4	55.0	200	103.9
	fumC-R	CAACCCAACGCAATGTGA		60.1	50.0	200	
<i>gidA</i>	gidA-F	GATCTCCGGTTGTTCTTCA	100	60.1	50.0	400	97.9
	gidA-R	GAACGTGGTTTCCCAATCAG		60.4	50.0	400	
<i>hflX</i>	hflX-F	CGTAAGGCTAAAGAG	181	57.3	55.0	500	97.8
	hflX-R	TTGCCACTAGGAAG		57.2	55.0	500	
<i>radA</i>	radA-F	GTCGCCGCCTAATAGGGTAA	108	61.3	55.0	500	105.6
	radA-R	ACCATAGAGCTGCGAGAGGA		60.1	55.0	500	
<i>map</i>	map-F	AAACGCGTCTGTCAAGCATC	156	61.4	50.0	200	92.2
	map-R	ACCCACACCGTGACCTACAA		61.3	55.0	200	

Tm– melting temperature

Table 2. Candidate reference genes

Gene symbol	Function	Pathways
<i>map</i>	Mitogen-activated protein kinase	Protein phosphorylation
<i>tyrS</i>	Tyrosine-tRNA ligase	Catalysation of the attachment of an amino acid to its cognate tRNA molecule
<i>16S rRNA</i>	16S ribosomal RNA subunit	Translation
<i>hemN</i>	Coproporphyrinogen III oxidase	Coproporphyrinogen III decarboxylation
<i>hflX</i>	GTPase	May have a role during protein synthesis or ribosome biogenesis
<i>radA</i>	DNA recombination/repair protein	DNA repair, homologous recombination
<i>enoA</i>	Component of enolase	Glycolysis
<i>fumC</i>	Fumarase C	Citric acid cycle
<i>gatA</i>	Belongs to the GATA transcription factor family	Transcription
<i>gidA</i>	Glucose-inhibited division protein A	Protein involved in tRNA modification

Results

Choice and transcript profiles of candidate reference genes. Reference genes for *C. psittaci* were validated during normal and penicillin-induced persistence conditions, at early (2 and 6 h p.i.), mid (12 and 18 h p.i.), and late (24, 32 and 48 h p.i.) time points. The candidate reference genes were chosen based on the reference genes tested for *C. trachomatis* and the housekeeping genes used for the multi locus sequence typing of *Chlamydiales* (2, 16). To minimise the risk of co-regulation, 10 candidate genes were selected by the following criteria: widely spread on the chromosome, involved in different pathways, and not adjacent to putative outer membrane, secreted, or hypothetical proteins that might be under diversifying selection (Table 2). The gene encoding the *16S rRNA* was the most abundantly expressed (only 3.97 cycles to reach the cycle threshold), while *enoA* and *fumC* were the least abundant transcripts (31.83 and 31.2 cycles respectively) (Fig. 1); the lower the Cq-value was, the higher was the transcript level, and the higher the Cq-value was, the lower was the transcript level; thus 3.97 was a high abundant transcript level and 31.83 was a low abundant transcript level. Both *radA* and *tyrS* transcript levels showed the lowest, whereas *enoA* and *fumC* transcript levels the highest variation in Cq-values (10.67, 10.59, 15.99, and 19.84 cycles respectively). The wide range of transcript levels of the candidate reference genes confirmed that no single candidate reference gene was constantly expressed at the different conditions and time points analysed. This implicated the need for using multiple reference genes.

Stability of reference genes expression. The stability of the transcript levels of the candidate reference genes was determined using geNorm. The programme calculated the average expression stability value (M-value) for each candidate reference gene during normal, penicillin, and normal + penicillin conditions (Fig. 1). For each condition, the stability value for each candidate reference gene was determined for early, mid, late, and all time points. In addition to the M-value, geNorm calculated also

a $V_{n/n+1}$ -value to determine the optimal number of reference genes for accurate normalisation for each condition (Fig. 2). A $V_{n/n+1}$ lower than 0.15 indicates that an additional reference gene (V_{n+1}) has no significant effect (1). If the pairwise variation was higher than 0.15, than geNorm advised the use of the number of reference genes with the lowest $V_{n/n+1}$ value. The lowest and highest M-value of the reference genes for all the samples (normal + penicillin) and for normal and penicillin conditions separately, as well as which reference genes to use for each condition, are listed in Table 3. *gata* was excluded from the analysis, as it was not transcribed in all samples. In general, *gidA* had the lowest M-value (highest stability) for six conditions, while *enoA* had the highest M-value (lowest stability) for 6 conditions. Genes *tyrS*, *gidA*, *radA*, and *16S rRNA* were among the reference genes suggested to be used in 11, 9, 8, and 8 out of the 12 tested conditions respectively, while genes *map*, *hflX*, *enoA*, *hemN*, and *fumC* were suggested to be used in 5, 4, 2, 1, and none of the tested conditions. *enoA* and *hemN* were unique reference genes for the normal condition. No gene was unique for the penicillin-induced persistence condition, although in general the reference genes proposed for use during the normal condition at a specific time point differed from the ones proposed for the penicillin-induced persistent condition at the corresponding time point. Including more different samples resulted in less stably expressed reference genes. For example, the lowest M-value of the normal + penicillin condition was higher than that of normal and penicillin separately for early, mid, late, and all time points. In addition, the lowest M-value of normal, penicillin, and normal + penicillin was the highest for all time points together compared to early, mid, and late time points separately. Late and all time point samples were less stable than early and mid time point samples, as late and all time points showed the highest M-values. Consequently, the more conditions were analysed, the more reference genes were needed to normalise the data accurately (two to five reference genes for normal and penicillin conditions separately, while four to five reference genes for normal + penicillin conditions together).

Table 3. Overview of reference genes for three conditions: normal, penicillin, and normal + penicillin

Condition	Time point	Lowest M-value	Highest M-value	Reference genes	$V_{n/n+1} < 0.15?$
Normal	early	0.432 (<i>hemN</i>)	2.126 (<i>hflX</i>)	<i>enoA</i> , <i>tyrS</i> , <i>hemN</i>	No
	mid	0.398 (<i>16S rRNA</i>)	2.204 (<i>map</i>)	<i>gidA</i> , <i>tyrS</i> , <i>hflX</i> , <i>16S rRNA</i>	No
	late	0.718 (<i>gidA</i>)	2.832 (<i>enoA</i>)	<i>16S rRNA</i> , <i>map</i> , <i>tyrS</i> , <i>radA</i> , <i>gidA</i>	No
	all	1.024 (<i>tyrS</i>)	3.012 (<i>enoA</i>)	<i>hflX</i> , <i>radA</i> , <i>gidA</i> , <i>tyrS</i>	No
Penicillin	early	0.488 (<i>gidA</i>)	2.243 (<i>hemN</i>)	<i>tyrS</i> , <i>map</i> , <i>gidA</i>	Yes
	mid	0.151 (<i>gidA</i>)	1.169 (<i>fumC</i>)	<i>radA</i> , <i>gidA</i>	Yes
	late	0.631 (<i>tyrS</i>)	2.657 (<i>enoA</i>)	<i>radA</i> , <i>hflX</i> , <i>16S rRNA</i> , <i>tyrS</i>	No
	all	0.997 (<i>tyrS</i>)	2.719 (<i>enoA</i>)	<i>map</i> , <i>16S rRNA</i> , <i>radA</i> , <i>tyrS</i>	No
Normal + penicillin	early	0.1817 (<i>gidA</i>)	2.263 (<i>fumC</i>)	<i>enoA</i> , <i>16S rRNA</i> , <i>map</i> , <i>tyrS</i> , <i>gidA</i>	No
	mid	0.502 (<i>gidA</i>)	1.822 (<i>fumC</i>)	<i>16S rRNA</i> , <i>tyrS</i> , <i>radA</i> , <i>gidA</i>	No
	late	1.081 (<i>gidA</i>)	2.745 (<i>enoA</i>)	<i>hflX</i> , <i>16S rRNA</i> , <i>tyrS</i> , <i>radA</i> , <i>gidA</i>	No
	all	1.226 (<i>tyrS</i>)	2.846 (<i>enoA</i>)	<i>16S rRNA</i> , <i>map</i> , <i>radA</i> , <i>gidA</i> , <i>tyrS</i>	No

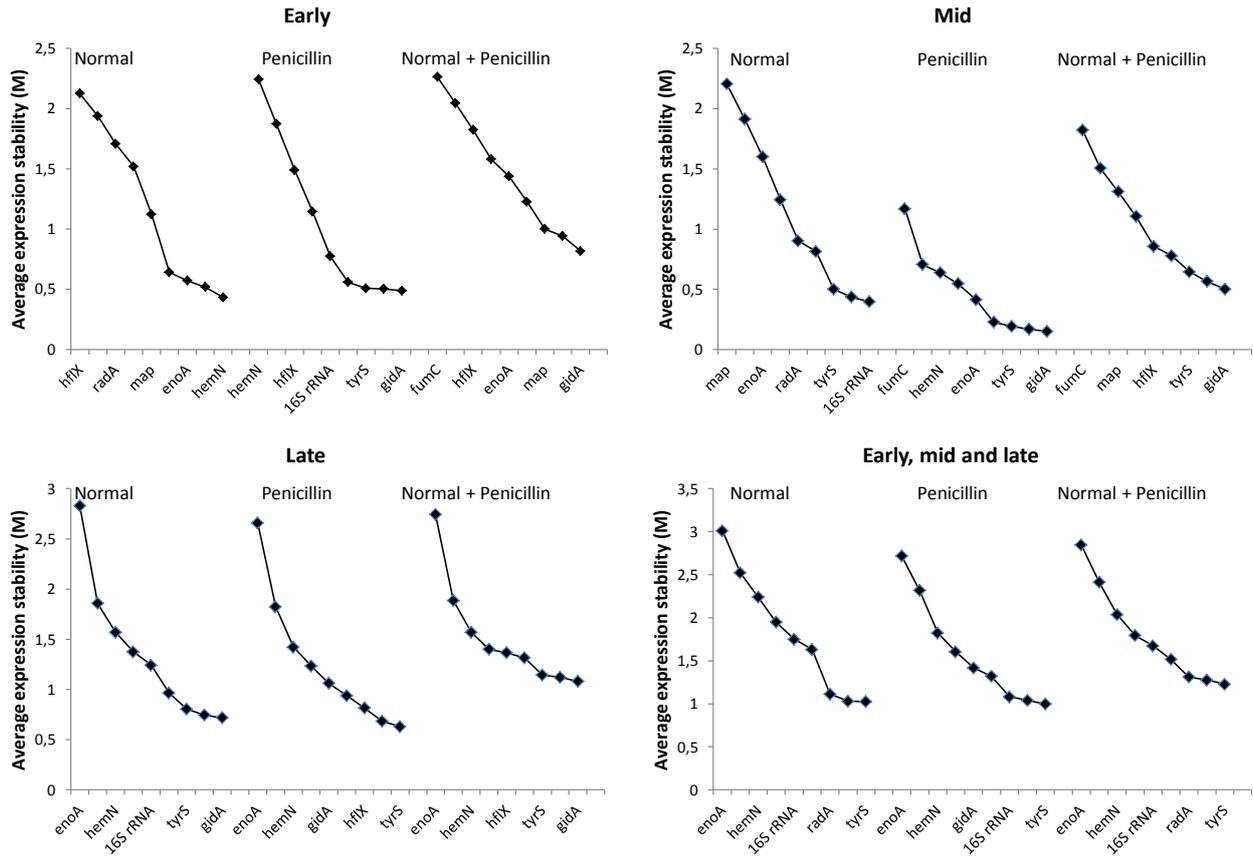


Fig. 1. Stability ranking of the reference genes during normal, penicillin and normal + penicillin conditions by geNorm. Genes are ranked from left to right in order of increasing expression stability (decreasing M-value)

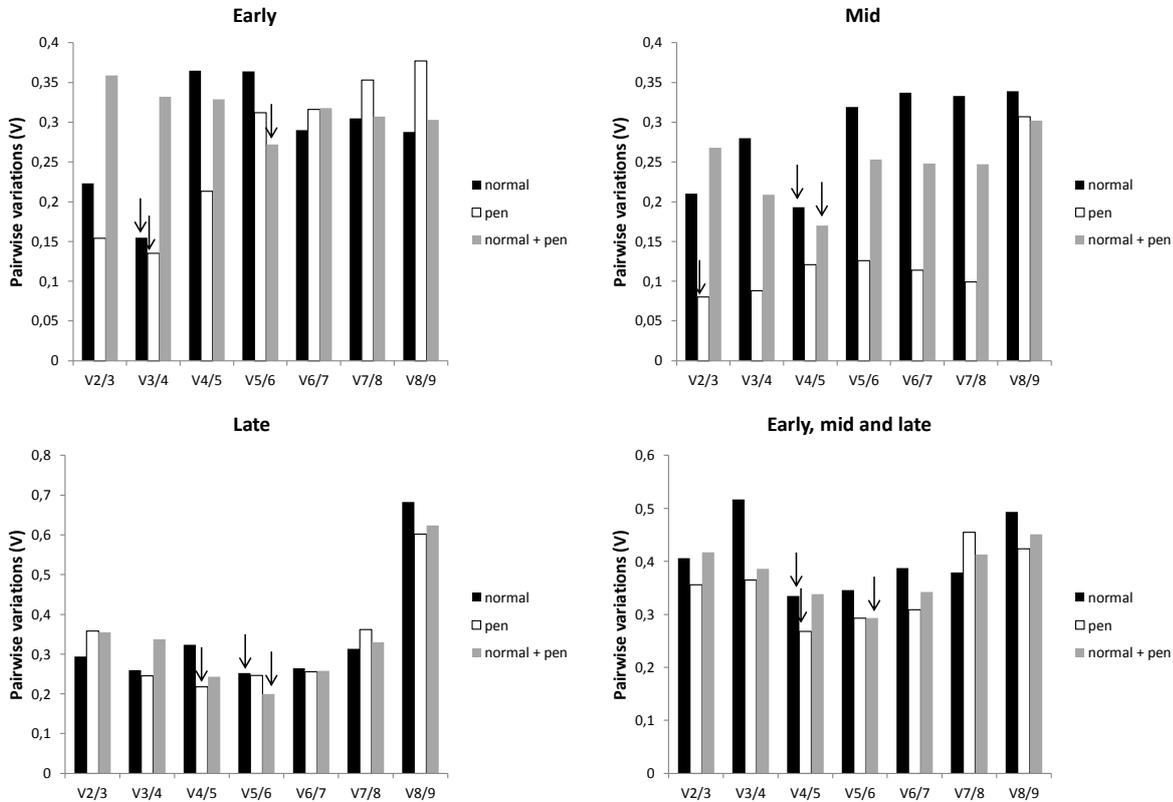


Fig 2. Determination of the optimal number of reference genes required for reliable normalisation by geNorm

The pairwise variation ($V_{n/n+1}$) was calculated stepwise between normalisation factors based on the n and $(n + 1)$ most stable expressed reference genes. According to the geNorm developers, a variation of <0.15 indicates no significant contribution of an additional control gene to the normalisation factor. If $V_{n/n+1}$ is higher than 0.15, then the lowest $V_{n/n+1}$ is the optimal number. The optimal number of control genes is illustrated by arrows.

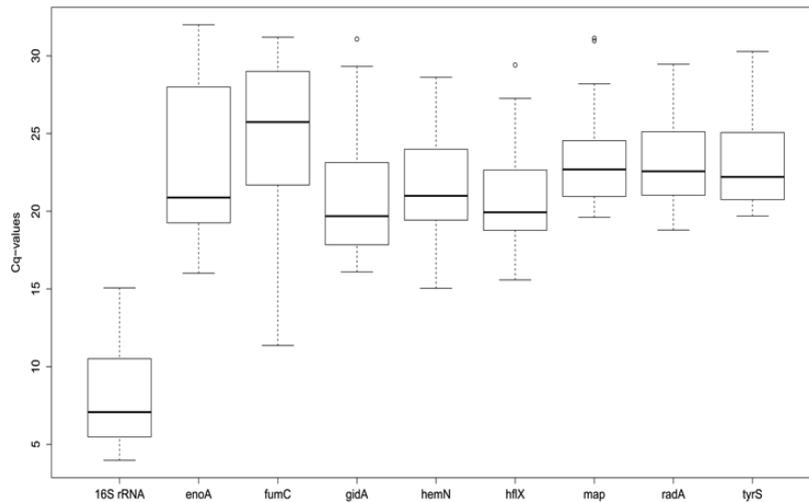


Fig. 3. Transcript levels of candidate reference genes

Discussion

A RT-qPCR is an accurate and sensitive tool for studying gene expression in bacterial pathogens (4). Unfortunately, normalisation is still the most persistent problem for real-time quantification. Different normalisation methods are available. The use of genomic DNA is less suited to normalising experimental variations, as the gDNA is determined on DNA samples. Consequently, it cannot be used to correct for differences in RNA extraction and RT-PCR efficiencies (13). Therefore, the use of reference genes is advised (23). However, it is essential to validate reference genes for each bacterial species and each specific experiment to be able to control for non-biological variation and thereby obtain accurate and reliable gene expression data. Selection of unstable, unvalidated reference genes can result in miscalculations of gene expression levels and lead to incorrect conclusions (6). Several publications have underlined the importance of using multiple reference genes, as no single, universal reference gene exists. Nevertheless, in many recently published papers mRNA levels were still normalised by a single reference gene (4, 8, 9, 12), mostly *16S rRNA*. In fact, none of the previously mentioned studies which used *16S rRNA* as a reference gene showed data on the stability of the gene in the experimental setting utilised. Other reports justified the choice of the *16S rRNA* as reference gene only by referring to another study, usually performed under different experimental conditions with other strains.

Borges *et al.* (2), validated reference genes for performing gene expression analyses in *C. trachomatis*, but reference genes have not been validated for gene expression studies in other *Chlamydia* species. Therefore, we investigated the suitability of 10

candidate reference genes for future gene expression analysis in *C. psittaci* Cal10. The expression of the *16S rRNA* gene, extensively used as reference gene in *Chlamydia* spp. gene expression studies (1, 7, 8, 10, 14, 15, 20), and of nine other *C. psittaci* genes (*map*, *tyrS*, *hemN*, *hflX*, *gidA*, *gatA*, *fumC*, *radA*, and *enoA*) was studied during both normal bacterial growth conditions and penicillin-induced persistence.

Our data confirm the finding that the best-suited reference genes differ among experimental conditions, as the most stably expressed reference gene (lowest M-value) varied for each experimental group. The most striking observation was that the *tyrS* gene was suggested as a reference gene for all conditions but one, namely not for the mid time point during penicillin-induced persistence. We have no reasonable explanation for the latter observation. *16S rRNA* was suggested as reference gene in only 8 out of the 12 tested conditions. This result is in alignment with an earlier study, in which it was found that *16S rRNA* was the most stable reference gene for *C. trachomatis* under normal conditions, but its expression was highly unstable during stress conditions (2). In addition, the reference genes to be used for *C. psittaci* gene expression analyses differ from those described for *C. trachomatis* gene expression analysis (2). As also demonstrated by Vandesompele *et al.* (23), measuring expression levels by using multiple reference genes was more accurate than just using one. The effect of potential regulations of single genes is decreased by the use of multiple reference genes, and improves the reproducibility of relative gene expression analysis.

In conclusion, we successfully identified reference genes, which can be used for *C. psittaci* gene expression analysis during the normal developmental cycle and during penicillin-induced persistence. The importance of proper reference gene evaluation for RT-

qPCR data normalisation is emphasised by our data and therefore we strongly advise carrying out systematic validation of reference genes to confirm their stability within the strains and under the conditions selected.

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