

IMF Lending and Poverty in Developing Countries

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Abstract: An arduous debate has developed around the question of whether the multiple IMF's 'stabilization' interventions in developing countries have actually met one of the most important of its initial programmatic goals, i.e., the provision of resources to members, with a view to eliminating temporary Balance of Payments maladjustments, avoiding at the same time destroying 'national or international prosperity'. More importantly, there have been many voices claiming that these programs have rather accentuated poverty than alleviated it. We explore this claim both theoretically and empirically. Our results show an unequivocal negative relationship between IMF lending and poverty in the developing world.

Keywords: IMF, Monetarism, poverty, Human Development Index, Infant Mortality Rate.

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1. Introduction

The International Monetary Fund (IMF) was established in 1944 as a mechanism for ensuring exchange rate stability. According to its Article of Agreement, IMF's initial objectives were to facilitate the expansion and balanced growth of international trade, to promote exchange rate stability among its members, and to make its resources temporarily available to them, under adequate safeguards, so that they correct existing maladjustments in their balance of payments. Thus, by definition, its role was defined as a short-term stabilization one (Dabour, 1999). Hence, the initial distinction between IMF's Stabilization Programs (SPs) as opposed to the respective World Bank's (WB) Structural Adjustment Programs (SAPs), which are characterized by a more long-term character.

With the collapse of the Bretton Woods system of pegged exchange rates, within a context of uncontrollably inflating prices at an international scale, with the old ghosts of hyperinflation dangerously revived, and many countries in desperate need for credit capital in order to finance their bloating BoP deficits created by the oil crisis, IMF was faced with a never known before demand for its financial resources (Diz, 1984).

As the 1982 debt crisis exploded, IMF's activity expanded to developing countries as well (Polak, 1991; Collier and Gunning, 1999). Regarding the specific IMF policies adopted in the new era, they heavily drew from the monetarist theoretical framework, with its emphasis on 'current account and balance of payments improvements and inflation rate reduction' (Pastor, 1987). It was believed—contrary to the Keynesian paradigm—that both the BOP problems and inflation were due to an excessive domestic demand which, in any event, must be abruptly compressed. On the monetary side of the economy, demand contraction can be achieved via a respective money supply contraction. A simple currency devaluation will not work but only temporarily (Whitman, 1975). More drastic means of suppressing the supposedly excessive demand are needed. Under this perspective, alongside the currency devaluation measure, contractionary fiscal and monetary policies have also been implemented including drastic wage freezes, price and interest rate increases, limits on domestic bank credit, additional taxation, etc. (Girvan, 1980; Foxley, 1983; Díaz-Alejandro, 1984).

Rapidly, IMF's 'stabilization' policies—which should normally be limited to the 'short-term' BoP and inflation problems—intermingled with some more 'structural adjustment' ones, aiming at adjusting the prevalent domestic conditions of the recipient economy to the 'free market' paradigm. Trade and price liberalization reforms, reforms affecting the taxation system and government spending, financial and banking system deregulation, labor market reforms, extensive privatizations, etc. were also incorporated to the IMF agenda (Williamson, 1990; Polak, 1990, 1997; Mosley, Subasat & Weeks (1995); Mussa & Savastano, 2000).

Ample critique has ever since been directed towards both the efficiency of such policies and the theoretical premises nurturing them, especially from the 1980s on. It has been claimed that there is no relationship whatsoever between an expansionary fiscal or monetary policy and persistent inflation, as the example of the U.S.A. of the year 1982

(Dell, 1982), and those of Brazil and Mexico of the early 1980s (Díaz-Alejandro, 1984) attest.

The call of the U.S. government itself, at the twilight of the Bretton Woods era, that ‘equivalent incentives for adjustment’ be ‘evenhandedly’ applied ‘to all nations’ (Annual Report of the Council of Economic Advisers, 1973)⁴ seems to have made the necessary connection between the specific IMF policies implemented and the claim for an equitable distribution of the adjustment burdens among different nations and among different social strata within a single nation, accurately prefiguring the passionate controversy around the effect of the IMF conditionalities on poverty that was soon to follow.

Many voices ever since have insisted that, instead of promoting prosperity, IMF’s policies have had disastrous effects on the recipient economies’ overall economic activity, with devastating repercussions on poverty.

This paper sheds light on these repercussions of the IMF’s conditionalities on poverty (the Infant Mortality Rate—IMR included), and the overall human wellbeing, as measured by the Human Development Index (HDI). Our focus is on developing countries.

Our empirical results show that poverty is invariably aggravated, while the overall human quality of life is also seriously afflicted by the IMF policies.

The paper is structured as follows: Section 2 traces the theoretical foundations of the IMF conditionalities. Section 3 recapitulates the basic theoretical arguments concerning the effects on poverty of these conditionalities. Section 4 outlines the respective empirical findings of this literature, with an eye to our own results. Section 5 explains the data, variables, and methodology used. Section 6 discusses our findings, and Section 7 concludes the paper.

2. The theoretical foundations of the IMF stabilization programs (SPs)

Much of the ideology nurturing the specific policies prescribed by the IMF during the last three decades can be explained by reviewing some of the basic premises of the economic theory known as Monetarism. The disbelief that traditional monetary policy, as bequeathed by the Keynesian school of thought can in reality provide full employment and growth, alongside the conviction that price stability must be the fundamental long-run economic objective can be deemed as the linchpin of the Monetarist theory (Friedman, 1982).

A predilection for some mechanical rules with regard to the quantity of money supplied to the economy and an aversion for discretionary interventions of the monetary authorities are instead the basic ideas prevailing in the Monetarist school, at least since Henry Simons (1936) urgently called for not missing “... the essential point, namely, that

⁴ The same idea is also included in the IMF’s own Article of Agreement. Dell (1982) notes that according to the Article I (v), ‘...the correction of maladjustments in the balance of payments should be undertaken ‘without resorting to measures destructive of national or international prosperity’.

definite, stable, legislative rules of the game as to money are of paramount importance to the survival of a system based on freedom of enterprise”.

Seeking to establish such a set of a few simple mechanical monetary rules, sufficient in themselves for a harmoniously functioning economy, Monetarism predicated that:

1. “Money alone matters in determining “money things”” (Kaldor, 1970), or at least, “only money matters much” in the words of Heller (Friedman and Heller, 1969), whereas other things, such as fiscal policy or taxation do not (really) matter.
2. The Keynesian premise that under conditions of high unemployment—where the ‘liquidity preference’ is almost absolute—monetary policy as expressed by lowering the interest rates will not be of much help, and that instead, fiscal policy interventions by the central authorities are the ones needed, has proved to be erroneous, as the post-war experience of high inflation has shown in many developed western countries (Friedman, 1969).
3. What this experience tells us is that the ‘easy-money’ fiscal policies followed during the first post-war decades, achieved via significant government spending increases and tax cuts can only lead to a disproportionate creation of new money, a ‘hidden tax’, which is in fact inflation (Friedman, 1969; Friedman, 1975).
4. This is the reason why fiscal policy interventions are in any case detrimental for the economy, and monetary policy must be the prevalent one, where the term ‘monetary policy’ stands for “the effect of the actions of the monetary authorities on the stock of money—on the number of pieces of paper in people’s pockets, or the quantity of deposits on the books of banks” (Friedman, 1969).
5. Coming back to the idea of Simons and Friedman for a few simple but stable monetary rules, the publicly announced adoption of a fixed annual rate of money growth—e.g., 3% or 4%— would suffice for a stable GNP growth and overall economic performance (Friedman, 1969; Friedman, 1983).

A more recent development in the Monetarist theory—the so-called ‘monetary approach to the balance of payments’—has associated ideas like the aforementioned to the issue of the specific IMF ‘conditionalities’.

The basic idea behind the ‘monetary approach to the balance of payments’ has been that, in the face of a BoP deficit, the demand side of the economy must somehow be compressed. Alexander (1952) would say that the ‘absorption of goods and services’ by the economy ‘relative to its income’ must be reduced, i.e., total consumption—private and governmental—must shrink. Meade (1956; 1957) would have stressed the necessity for a simultaneous mix of disinflationary policies domestically—or else, a generalized deflation of ‘total domestic monetary expenditure’—and exchange rate devaluations, i.e., rendering the relative prices of the exports and imports of tradables higher compared to those of the non-tradables.

In any event, in matters of BoP problems, Monetarism has predicated both the devaluation and the internal deflation strategies—what Harry G. Johnson (1972) termed “expenditure-reducing” and “expenditure-switching” policies, respectively.

Brought to its extremes, the Monetarist approach to the BoP turns to what Whitman *et al.* (1975) has termed ‘global Monetarism’.

A ‘global Monetarist’ BoP model accommodates the following three basic assumptions

(Dornbusch, 1973; Whitman *et al.*, 1975; Wanniski, 1975):

1. The 'neutrality assumption', according to which the level of real income is exogenously determined, and there exists a one-to-one relationship between the demand for money and the aggregate price level, i.e., money is 'neutral' vis-à-vis real variables. In its most extreme implications, it means that fiscal policy is completely irrelevant.
2. The assumption of 'perfect commodity arbitrage', according to which, the 'law of one price' holds in an integrated global economy.
3. The so-called 'monetary approach' to the BoP holds, which means that: **a)** the national demand for money of a country consists of a domestic credit and an international reserves component (Laffer & Agmon, 1978), and that a BoP surplus or deficit is equivalent to the rate of change of the reserves' stock held by the country; **b)** the desired level of expenditure is the difference between the income and the 'hoarding' of the economy, where 'hoarding' is defined as the difference between the 'desired' and the 'actual' stock of money, or else, the demand and supply of money.

According to a 'global Monetarist' model (Dornbusch, 1973; Whitman *et al.*, 1975; Wanniski, 1975), devaluation raises the domestic price level of the economy, bringing about a subsequent increase in the demand for money. If the economy's 'hoarding' is defined as the difference between its demand for money and its supply of money, devaluation will increase 'hoarding', and since the latter is viewed as definitionally equal to the BoP deficit (or surplus), the economy's BoP will improve.

With the emergence of some even more radical views within the context of 'global Monetarism'—e.g., the so-called 'Mundell-Laffer hypothesis' (Wanniski, 1975)—devaluation was finally seen as having no real positive effects for an economy with BoP problems. It was even thought of as resulting in more inflation. Hence, the "expenditure-switching" policies—according to Harry G. Johnson's term—were seen as the only feasible alternative.

Heavily borrowing from such theoretical premises, the IMF has formulated its own monetary model for the BoP—also termed the 'Polak model', after the name of the main theorist who has developed it. According to Polak (1990), the model aimed at explaining in a simple and practical manner, 'the effects on both income formation and the balance of payments of the two most important exogenous variables' which affected most of the postwar economies, namely, the 'autonomous changes in exports and the creation of domestic bank credit; or, in monetary terms, foreign and domestic autonomous additions to a country's money supply'. Changes in a country's money supply are defined as a function of the changes in its income; they are also definitional equal to the sum of the changes in its foreign reserves stock and changes in its domestic credit provided by its banking system; changes in the country's foreign reserves stock are on their part expressed as exports minus imports, plus net capital inflows of the nonbank sector; finally, demand for imports is defined as a function of the country's income.

Along time, the initial IMF monetary model has been further enriched, giving more

emphasis on the domestic credit variable⁵. Additional policy variables were incorporated, which formerly belonged to the WB's 'structural adjustment' agenda. It also accommodated insights borrowed from the Monetarist theory, regarding the exchange rate depreciation, and the growth issues. However, the main ideas stemming from the Monetarist theoretical current as presented above have been preserved: contracting income domestically via austere fiscal discipline strategies, encouraging private sector initiative and financing while drastically shrinking the public sector (privatizations and massive firings included), limiting domestic credit expansion, depreciating domestic currency when possible, etc. (Polak, 1989).

The IMF's monetary model and its policy implications as reflected in its conditionalities have ever since been subject to fierce criticism. Krugman & Taylor (1978), and Díaz-Alejandro (1963), for example, have stressed the fact that devaluation has a strong contractionary effect, leading to falling output and employment, alongside a redistributive effect toward 'economic actors with high marginal propensities to save'. Kaldor (1982, quoted in Dell, 1982) has even made the point that 'A large-scale devaluation may well be followed by a price upheaval that ends up by reproducing, at a much higher level of prices, the same price and cost relationships as had prevailed before the devaluation'.

Others have underlined the fact that austere fiscal discipline and the suppression of the demand side of the economy as predicated by Monetarism leads to the same results as devaluation, i.e., severe contractions in production and employment (Petras and Brill, 1986; Palley, 2009; Boyer, 2012; Perotti, 2012; Wade and Sigurgeirsdottir, 2012).

Many voices have gone even further, claiming that the real beneficiaries of the austerity programs are few in number—mainly the strongest players—e.g., firms and social classes connected with export production, foreign investors and transnational firms, large agricultural interests, and state managers (Bernal, 1984; Cline 1983, quoted in Walton & Ragin, 1990; Foxley 1981, quoted in Walton & Ragin, 1990; Pastor, 1987).

This ultimate point relates the theoretical background of the IMF conditionalities and their possible effects on the main issues of this paper—poverty and wellbeing in Third World countries where IMF programs have been implemented. The next section reviews more in depth the relevant literature.

3. The IMF-poverty controversy in literature

An extensive literature has been developed around the question whether the IMF-imposed policies, also known as 'conditionalities' have actually helped the recipient countries to overcome their economic difficulties and achieve a higher level of wellbeing for their peoples, or if, on the contrary, they have further immersed them in a vicious circle of continuous economic stagnation and impoverishment.

Regarding poverty, there exist those who consider IMF's policies as generally benevolent

⁵ Which was split in two parts—private and public—the former to be encouraged, and the latter usually discouraged (Polak, 1989).

for the amelioration of poverty. A typical argument offered contends that by rendering both tradable and non-tradable goods more expensive, devaluation favours the expansion of production in both sectors. To the extent that the ones who are traditionally involved in the production and exporting of tradables in Third-World countries are the poor farmers, poverty can be significantly ameliorated via the devaluation measure by boosting their income, according to this argument (Johnson and Salop, 1980; Díaz-Alejandro, 1984; Kanbur, 1987; Kyle, 1989; Hajro and Joyce, 2009).

According to a related argument, trade liberalisation might alleviate the poor, mostly via indirect ways, e.g., through the overall increase in growth rates achieved (Bevan *et al.* 1990, quoted in Collier and Gunning 1999; Berg and Krueger, 2002; Dollar and Kraay, 2004), when all of the restrictions imposed on free trade which in the last analysis castigate the tradables sector—e.g., import tariffs, cascaded tariff structures, excessive export taxes, etc.—be eliminated (Elbadawi, 1993). It is similar to the aforementioned devaluation argument, in the sense that the ones involved in the tradables sector of an average Third World country are poor small farmers or simple agricultural workers.

Others stress the fact that there exists a relationship between expansionary monetary and fiscal policies, the creation of budget deficits, inflation, and as a result, current account imbalances and a bloating foreign debt (Wiesner, 1985; Rodrik, 1996; Bird, 2004). Others have argued more explicitly about the effectiveness of some contractionary fiscal policies as a means for preventing such undesirable phenomena, which can even lead to pro-poor results if properly implemented (Adam and Bevan, 2001; Ames, Brown, Devarajan and Izquierdo, 2001).

However, even authors with a 'pro-IMF' stance like Collier and Gunning (1999: 637) have admitted that '[...] some subgroups of the poor are avoidably hurt by adjustment programs' mainly because of the abrupt and indiscriminate manner they were introduced (Weissman, 1990; De Vogli and Birbeck, 2005). Many other authors share the same point of view on the grounds that:

- The already weak purchasing power of the poor is further curbed by the currency devaluation measure (Meller, 1991; Meertens, 2000), which increases the price of imported goods and causes inflation (Konadu and Agyemang, 2000).
- Austere fiscal policies have in most cases targeted the health and education sectors⁶, which are of an utmost importance for the poor ones (Weissman, 1990; Lugalla, 1995; Chossudovsky, 2003).
- Extensive privatization schemes, agreed upon between impotent and corrupted local governments, and powerful multinationals with a blatantly higher negotiating power, are claimed to have led to an unprecedented raise of unemployment (Weissman, 1990; Adedeji, 1999; Banchiringah, 2006), large-scale forceful population displacements (Hilson and Potter, 2005) and denial of access to basic goods like water and electricity for vast parts of the domestic populations (Ismi, 2004; Saprin, 2001). It is also debatable whether the privatized services' overall

⁶ Ismi (2004: 13) mentions that 'Ten African governments spent more on debt repayments than on primary education and health care combined in 2002'. And, in Bradshaw et al. (1993: 634), we read: 'The Third World currently is transferring a net total of \$20 billion a year to the developed world, with debt repayments and interest charges far exceeding new loans and aid from abroad'.

performance has at all been improved, or instead severely deteriorated (Bayliss, 2002).

Regarding infant mortality, it should in no case be deemed as a merely demographic indicator since it embraces even more of the ‘causal influences on the quality of life and the survival chances of people’ (Sen, 1995: 11) than the ones captured by some of the traditionally used purely economic variables. This is why many authors regard it as an additional poverty indicator (Shen and Williamson, 2001; Loko *et al.*, 2003). As to the relevant literature, it is also characterized by two diametrically opposed strands.

In the ‘pro-IMF’ strand, Hojman(1996) suggests that small doses of political will of the local governments is all that is needed so that the existing—not additional—economic resources are redirected towards the reduction of the high infant mortality rates in the poor Third World countries.

More abundant seems to be the anti-IMF strand. Bradshaw, Noonan, Gash and Buchmann Sershen (1993) and Shen and Williamson (2001) confirm the negative impact IMF lending has on infant mortality, which is effectuated via indirect channels, e.g., economic growth slowdown, deficient immunization and health care, overurbanization, low school enrolment rates, etc. Others, like Frey and Field (2000) argue that the detrimental effects of foreign debt on infant mortality are direct and more pronounced even if political democracy proves to be an agent able per se to counteract such detrimental effects (Shandra *et al.*, 2003).

As to the impact of IMF lending on the HDI, there exist those who insist that a positive effect of external debt—predominantly IMF-funded—on the HDI can be observed (Lohani, 2005), even if it is mediated, indirectly, by the growth and trade liberalization reforms channels (Hajro and Joyce, 2009).

There also exist those who detect a significant deterioration in terms of human development wherever the IMF intervened (Dabour, 1999; Geo-Jaja and Magnum, 2001; Adeyemi, Ijaiya, Ijaiya, & Kolawole 2006). Some of them, like Huang (1995), proceed even further, claiming that foreign debt has been converted in recent times in the principal form of dependency ‘crippling economies and societies in the poor countries’ (175).

4. The controversy put in numbers - is it resolved or further intensified?

At the empirical level, and regarding the poverty literature, most of the authors belonging to the 'pro-IMF strand' use 'headcount' and 'gap' poverty variables, they adopt a country case-study strategy, and use mostly simple descriptive statistics for their empirical analysis.

In the 'pro-IMF' strand, Handa and King (1996) focus on Jamaica, and find that poverty was impressively reduced during 1989-1993, when most of the World Bank and IMF-led reforms took place. Dercon and Krishnan (1998) obtain the same finding for the case of Ethiopia in the 1989-1995 period. Crisp and Kelly (1999) divide their sample of 16 LA countries according to whether they have been good 'reformers' or not during the 1980's, and conclude that the 'hypothesis that ostensive structural adjustment is associated with the greatest increases in poverty' is not supported by their data. Oberdabernig (2012) uses a panel of 86 low and middle-income countries for the period 1982-2009, and finds that poverty has been lower for non-participant countries, but only during the first two years of program implementation.

In the scarce 'anti-IMF' poverty strand, brief time spans, descriptive statistics, and a case-study strategy are the prevalent traits of the empirical analyses offered. Jamal (2003) focuses on the case of Pakistan, for the 1987-1988 and 1988-1999 periods, and claims that poverty was further intensified in the latter, both in 'headcount' and 'gap' terms⁷. Anwar (1996) also finds a further accentuation of poverty in Pakistan due to the IMF presence, during the 1987-1988 and 1990-1991 periods.

Among the 'pro-IMF' authors of the infant mortality literature, Hojman (1996) finds a negative impact of external debt on IMR—i.e., lower infant mortality rates—for a cross-section sample of 22 Central American and Caribbean countries in 1992. Noorbakhsh and Noorbakhsh (2006) find a statistically significant drop in infant mortality for all of the groups of recipient countries they examine independently of whether they are 'good' or 'bad' compliers.

In the opposite, 'anti-IMF' strand, Frey and Field (2000) find that excessive external debt—as depicted by their 'debt dependence' variable⁸—directly leads to an increased IMR, for a cross section sample of 59 low and middle-income countries in year 1991. Bradshaw *et al.* (1993), and Shen and Williamson (2001) obtain the same negative impact on IMR, but they claim that this is done via more indirect manners: a negative impact of debt on growth and calories per capita in the first instance, and on growth and secondary school enrolment in the second. Interestingly enough, IMF economists Loko, Mlachila, Nallari and Kalonji (2003) find both a direct, as well as an indirect impact of external debt⁹ on infant mortality via a deterioration of the growth rates.

The same radical opposition and inconclusiveness in the respective empirical findings are also the main characteristics of the HDI literature. Most of the authors regress HDI on broad sets of macroeconomic variables as well as variables related to the IMF-programs implementation (duration, completion, etc.). Hajro and Joyce (2009) find that the HDI is

⁷ 1988 was the year of initiation of the first World Bank and IMF-led structural adjustment program in Pakistan.

⁸ Defined as the ratio of bilateral and multilateral debt to GNP. So, Frey and Field (2000) do not isolate an IMF lending variable, but generally refer to the external debt factor.

⁹ Loko *et al.* (2003) address the issue of the impact of external indebtedness on poverty in general, and not of IMF lending specifically.

positively affected by the IMF programs, mainly through the increased degree of trade openness and growth rates achieved, for a panel of 82 developing countries during 1985-2000. Lohani (2005) finds that both foreign aid per capita and total external debt exert a positive and statistically significant impact on HDI. He considers this finding as 'counterintuitive', however (117). Noorbakhsh and Noorbakhsh (2006) introduce what they term 'temporal' and 'comparative temporal' analyses, and find that the HDI is positively influenced by a high degree of IMF compliance, only on a 'temporal' basis, i.e., that HDI has increased after the implementation of some IMF program.

The strategy of regressing HDI on broad sets of macroeconomic variables is also prevalent in what could be called an 'anti-IMF' strand in the HDI literature. Gudikunst (2004) obtains the 'perplexing' (37) finding of a small, negative, but statistically significant impact of IMF lending on HDI, for a sample of 17 Latin American countries during 1980-2000. Huang (1995) also finds a strong negative and statistically significant impact of his 'debt dependency'¹⁰ variable on HDI. Adeyemi *et al.* (2006) find a negative but statistically insignificant estimated value for external debt on HDI, for a cross section of 41 Sub-Saharan countries in year 2003.

5. Empirical model, variables and data used

What stems overall from the literature presented so far is a sharp contradiction in the arguments and empirical findings offered, whereas in many cases, the lack of formal econometric analyses is overarching. Where formal treatment is absent, theoretical argumentation—mainly based on radical ideological oppositions—flourishes. Many of the 'pro'/'anti'-IMF strands are quite scant in number of studies offered. Our empirical analysis aims at filling these gaps.

We introduce a panel data regression model of the form:

$$(POV/IMR/HUM DEV)_{it} = c + a OIL_{it} + b URBAN_{it} + + c IMF_{it} + e_{it}, \quad (1)$$

where i refers to the country, t at the time period, and ' $(POV/IMR/HUM DEV)_{it}$ ' is the set of poverty variables, the HDI and IMR included.

We have employed panel data analysis since it provides more degrees of freedom when compared to cross-sectional or time-series methods. Furthermore, it is also able to address possible omitted variables bias and heterogeneity issues. We have opted for the random effects panel data method, basically because it is more economical in terms of the numbers of parameters estimated (Gujarati, 2011).

Potential Heteroskedasticity problems were resolved by using the Newey-West Heteroskedasticity and Autocorrelation Consistent Standard Errors. All variables are in logarithmic form to remedy heteroskedasticity. We tested stationarity of the variables by adopting the Levin, Lee and Chu and the Philips Perron methods with a Newey West bandwidth selection, all of which confirmed the variables' stationarity.

¹⁰ Huang (1995) uses several measures for debt dependency, 'aiming at differentiating the effects of various types of debts' on human development (172), such as: 1) multilateral debt as a percentage of GDP, 2) bilateral debt as a percentage of GDP, 3) private debt as a percentage of GDP, 4) multilateral and bilateral debt as a percentage of GDP.

A brief explanation of the variables of equation 1 classified in dependent and independent follows. More information on the sources of the respective data is offered in Table 1 of Appendix 1. A broad time span (1985-2009) has been used. Nevertheless, the low density of the available observations for almost all of these variables calls for the necessary caution when interpreting the respective results. More detail regarding the data sources is presented in Table 1 of Appendix 1. The list of the developing countries included in the sample is presented in Table 2 of Appendix 1.

1. Dependent variables

Poverty variables: We have used two categories of poverty variables—‘gap’ and ‘headcount’. According to the World Development Indicators (2013) of the World Bank, the former are defined as ‘the mean shortfall from the poverty line (counting the non poor as having zero shortfall), expressed as a percentage of the poverty line’. The latter are defined as: ‘Population below \$x.00 a day is the percentage of the population living on less than \$x.00 a day at 2005 international prices’. Thus the variable ‘HC 1.25’ (see Table 1 of Appendix 2) measures the percentage of the population living on \$1.25 per day.

Among the ‘gap’ and ‘headcount’ poverty variables, variables for the rural (**GAP RUR LN** and **HC RUR LN**), and the urban (**GAP URB LN** and **HC URB LN**) sector of the economy have also been included. They are structured in the same way as the other ‘gap’ and ‘headcount’ variables, with the only difference that they introduce the rural and urban poverty lines as their benchmark for poverty.

Finally, two other variables introducing the national poverty line as a poverty benchmark have been used (**GAP NAT POV LN** and **HC NAT POV LN**).

We have also used the Infant Mortality Rate¹¹ (variable **IMR**) as an additional poverty variable, for the reasons already exposed in Section 2. According to the OECD Glossary of Statistical Terms, ‘the infant mortality rate is the number of deaths under one year of age occurring among the live births in a given geographical area during a given year, per 1,000 live births occurring among the population of the given geographical area during the same year’.

‘Human development’ variables: As a measure for a population’s overall well-being and human development we have used the HDI index (variable **HDI**). According to the Human Development Report (2011) it is a composite index that measures a country’s average achievements in three basic aspects of human development: longevity, knowledge, and a decent standard of living. Longevity is measured by life expectancy at birth; knowledge by a combination of the adult literacy rate and the combined primary, secondary, and tertiary gross enrolment ratio; and the standard of living by Gross National Income (GNI) per capita, (UN 2011; Hajro and Joyce, 2009). HDI’s spectrum of values oscillates between 0 and 1. Countries with an index over 0.8 can be considered as belonging to the High Human Development group. Countries with values between 0.5 and 0.8 can be considered as belonging to the Medium Human Development group, whereas values below 0.5 classify a country into the Low Human Development group.

2. Independent variables

¹¹ Henceforth IMR

We measure IMF lending with our variable **IMF**, which corresponds to the ratio of total IMF lending to the GDP of a recipient country, expressed in current dollars value. A negative and statistically significant coefficient for **IMF** in equation 1 would corroborate the arguments and empirical findings of what we have termed ‘pro-IMF’ strand in Sections 3 and 4, alluding to poverty alleviation as the amount of money provided by the IMF increase in a recipient country. On the contrary, a positive and statistically significant coefficient would mean a deleterious impact of IMF lending on poverty, coming in line with the respective arguments of the ‘anti-IMF’ strand as detected in Sections 3 and 4.

We have also used two additional independent variables—**OIL** and **URBAN**—to control for other factors which might be interacting in a statistically significant manner with our poverty and human development ones. These variables should not be correlated with **IMF**—the main regressor of the model—so that multicollinearity be avoided (Gujarati, 2011). They should however possess additional explanatory power for poverty and human development matters. **OIL** is used as a proxy for the existence of natural resources and is measured in thousands barrels per day. **URBAN** represents the percentage of urban to total population of a recipient country.

Regarding **OIL**, a generally inverse relationship between poverty and human development and the existence of abundant natural resources would sound the logical thing to occur in real life. However, the so-called ‘Dutch disease’ or ‘resource curse’ literature contests this claim. Labour and capital resources transfers from the more traditional sectors of an economy—manufacturing and services—towards a newly-emerged sector of natural resources exploitation may ultimately lead to a de-industrialization process rather than to increased development for the economy as a whole (Corden and Neary, 1982; Gylfason, 2001). Especially for the poor Third World countries, the so-called ‘political resource curse’ literature has claimed that affluence in natural resources might also condemn a poor country to authoritarianism at the political level, especially there where authoritarian predispositions abound—e.g., in most of the African countries (Morrison, 2007; Jensen and Wantchekon, 2004). This seems to be the case with countries like Nigeria. Akinbobola and Saibu (2004), for example, wonder how a country so rich in natural resources can be so irrevocably immersed in perennial poverty; or Ghana, where natural resources affluence has really proved to be something like a ‘curse’, leading to deleterious environmental alterations (Downing, 2000; Akabzaa and Darimani, 2001; Hilson and Potter, 2005), and poverty (Ismi, 2004; Banchirigah, 2006).

Regarding urbanization, it is widely accepted that it is going to be the principal mode of growth for the total human population in the years to come. For example, the UN (2012) expects that, by mid-century, the total urban population of Earth is going to be almost equal to the world’s total population as of 2002. Most of the ‘megacities’ formed by then are going to be located in Third World countries, meaning that there is a marked mutation in the urbanization process from the developed towards the developing world. Ravallion (2001) has made the connection between an increased urban share of total population and the respective percentage of the urban poor people share, stating that the latter is an increasing convex function of the former. Indeed, Haddad, Ruel, and

Garrett (1999) offer evidence that both the absolute number and the share of urban poor people are increasing for the majority of the 8 developing countries they examine. Several studies exist today, offering evidence and arguments for a ‘hand-in-hand’ process of urbanization, impoverishment and structural adjustment policies in the developing world (Walton and Ragin, 1990; and, Minujin, 1995 for the case of Latin America; Lugalla, 1995 for the case of Tanzania; Kanji, 1995 for the case of Zimbabwe, etc.). Failing to address the factor of urbanization in a study aiming at tracing possible causalities between poverty-related issues and IMF lending might render a serious omission.

6. Empirical results - discussion

Table 1 of the Appendix 2 summarizes the empirical results for poverty. Both of the two categories of variables used—‘headcount’ and ‘gap’—are expected to obtain high values for developing countries, under the hypothesis that IMF lending has an aggravating impact on poverty. This hypothesis is fully supported from the results. Poverty is further accentuated by the IMF lending factor. **IMF** invariably obtains positive and statistically significant estimated coefficient values for all of the poverty variables.

The fact that the coefficient values for the headcount and gap variables tend to be slightly higher at the \$1.25 than the \$2 level (columns 2 and 1 of Table 1 for the ‘headcount variables, and columns 4 and 3 for the ‘gap’ variables) tempts us to deduce a disproportionately negative effect of IMF lending for the poorest segments of the population, reminding us of the argument of a kind of ‘multiplicative’ effect the IMF-led policies exert especially on the poorest ones found in Grant (1984) or Jolly (1991).

The national poverty line variables—both on a ‘headcount’ and a ‘gap’ basis—confirm the fact that the IMF lending further deteriorates the existing levels of poverty at a national level (columns 5 and 6 of Table 1).

No different picture is sketched out from the respective results for our ‘headcount’ and ‘gap’ variables for the rural and urban sectors of the economy: all four variables, i.e., ‘**GAP RUR LN**’, ‘**HC RUR LN**’, ‘**GAP URB LN**’, and ‘**HC URB LN**’ (columns 7-10 of Table 1 of Appendix 2) obtain equally positive—even though still small in absolute terms—values, with small corresponding p-values for the respective t-tests, confirming that the IMF lending also negatively affects poverty in a statistically significant manner, be it in the urban or the rural segments of the economy. Out of the four, the urban ‘gap’ variable produces the biggest estimated value (0.11), and the biggest t-test value, insinuating that the urban working class of the recipient countries might be the one hit harder under circumstances of abrupt adjustment, a result which seems to corroborate similar evidence and arguments met in Killick and Malik (1992), Lopes (1999), Chossudovsky (2003), Mazur (2004), and The Chronic Poverty Research Centre - CPRC (2004), among others.¹² This finding, we deem, confirms our initial intuition that urbanization is inextricably entwined with structural adjustment and poverty, and justifies the selection of **URBAN** as an additional controlvariable in equation 1.

¹² Contrary to them, other authors have claimed that urban poverty has instead declined after the implementation of structural adjustment programs, e.g., Appleton (1999) for the case of Uganda or Thiele (2003) for the case of Bolivia.

Another noteworthy trait of the results on poverty is that the ‘gap’ variables almost invariably produce the biggest estimated coefficient values for **IMF** as compared to the respective ‘headcount’ ones, the only exception being noticed at the ‘**GAP 1.25**’/‘**HC 1.25**’ pair. This evidence alludes to a clear deterioration in terms of real disposable income on the event of an IMF intervention than in terms of the number of people affected. The distance from the various definitions of a ‘poverty line’ in real income terms broadens with IMF lending, and only in the case of the poorest segment of the population—the one earning \$1.25 daily at the most—does the number of people affected by poverty get more salient than the gap from the poverty limit expressed in income terms.

In an attempt to pay tribute to the kind of sensibility about the effects of structural adjustment programs on the children of the Third World, met in for example Grant (1984), Helleiner, Cornia and Jolly (1991), and Jolly (1991), we have also used the **IMR** as a dependent variable in equation 1. For the reasons offered in Section 3, we treat our **IMR** variable as a poverty-related indicator. Again, we obtain a statistically significant coefficient value for **IMF** (0.03), alluding to an increase of infant mortality due to IMF lending in the recipient countries of our sample. The respective results are presented in Table 2 of the Appendix 2 (2nd column).

Overall, what stems from the various poverty variables analysis (the **IMR** included) is the persistent result of a detrimental effect of IMF lending on poverty, with indications of an even more aggravating impact on the poorest ones.

Placing the **HDI** variable on the left side of equation 1 we obtain the results presented in Table 2 of the Appendix 2 (1st column). **HDI** obtains a negative and statistically significant value at the 1% level, and thus, a deterioration in terms of overall human well-being can be deduced due to the IMF lending factor for the recipient countries.

Other interesting narratives about poverty and human development in the developing countries where IMF programs have been implemented can be outlined if we turn to the rest of our explanatory variables of equation 1.

Oil production, positively affects all of the ‘poverty line’ variables, as well as the **HDI** as attested by the negative estimated values for **OIL** (columns 5-10 of Table 1 of the Appendix 2) and the positive one for **HDI** (1st column of Table 2 of the Appendix 2). Besides, it does not affect in a statistically significant manner the **IMR** variable (2nd column of Table 2 of the Appendix 2). We can deduce that—logically enough—the existence of significant quantities of natural resources does alleviate poverty and further improves the overall well-being of the respective population, but only on the average. Only in a, say, generic manner are natural resources beneficial for the entirety of the population. Only when composite indices (e.g., **HDI**), or indices which rather address the totality of the economy or the population than focus on specific segments or groups are used (‘poverty line’ variables), is the positive character of the existence of natural resources fully revealed. When we focus on specific categories of more ‘individualized’ definitions of poverty (‘gap’ and ‘headcount’ variables or, even more significantly, the **IMR** variable), the existence of natural resources seems to be rather irrelevant.

Overall, the existence of abundant natural resources in developing countries ameliorates poverty at a national rather than at a more ‘individualized’ level, and increases the well-

being of the population. Theories based on the 'Dutch disease' hypothesis, especially for 'Third World' countries, like the so-called 'political resource curse' theory, as discussed in Section 5, seem to be confirmed by these results.

When we turn to the urbanization control variable **URBAN**, a similar narrative emerges. Most of the poverty variables used (Table 1 of Appendix 2) are positively affected by urbanization (negative estimated coefficient values for **URBAN**), alluding to a reduction of poverty wherever the population tends to be concentrated in big urban centres. The highly significant, and extremely high negative estimated values of the 'headcount' and 'gap' variables, both at \$1.25 and \$2 per day (columns 1-4 of Table 1 of Appendix 2) are difficult to accept in terms of economic interpretation. The respective values for the various 'poverty line' variables, however, seem more plausible and interpretable from an economic point of view. They also seem to form a kind of a correlate with the respective behaviour of the **OIL** variable, as already analysed: with the exception of the **GAP RUR LN** variable, a clear amelioration of poverty nationwide is the main effect caused by an increased urbanization in developing countries. The estimated coefficients of the two 'urban line' variables (columns 9 and 10 of Table 1) are not statistically significant, probably due to endogeneity issues among variables that describe the same thing.

Finally, **URBAN** exerts a beneficial impact to both HDI and IMR, as is depicted in Table 2 of Appendix 2: it positively affects human development as is attested by the positive coefficient value **URBAN** obtains in relation to the HDI, while at the same it also reduces infant mortality as is attested by the respective negative value in relation to the IMR variable.

Especially with regard to the HDI, the highly positive and statistically significant coefficient value seems to be confirming the kind of an inherent 'urbanization bias' which HDI supposedly suffers from by construction as mentioned by, for example, Cashin, Mauro, Patillo & Sahay (2001).

In sum, urbanization has a beneficial impact in terms of overall well-being, infant mortality rates, and poverty.

7. Conclusions

Responding to the highly polemical character of the debate of whether IMF's multiple interventions in Third World countries during the last few decades have actually been beneficial or deleterious for the overall wellbeing of the populations of the recipient countries, we have run a series of regressions of a broad set of poverty and human development variables, on an 'IMF-lending' variable, as well as on two control variables accounting for the urbanization and the natural resources factors.

Poverty is found to be negatively affected by IMF lending in a universal manner. Even poverty-related variables which encompass a broader spectrum of qualitative factors like the infant mortality rate are indisputably aggravated. This detrimental impact is reflected on overall human development, as well.

Additional explanations about the phenomenon of poverty in Third World countries with recourse to IMF lending have also been sought. We have turned an eye to the natural

resources and urbanization factors. In relation to the former, poverty is normally ameliorated by the existence of abundant oil resources—even though in a generic manner, and at a national rather than at an ‘individualized’ level. The HDI, which measures the overall wellbeing of a society’s population, is also improved by the existence of natural resources, whereas the IMR is not influenced in a statistically significant manner by it.

Finally, urbanization seems indeed to be adding further explanatory power to the model. It also ameliorates poverty at a national level as the existence of natural resources does, whereas it also increases the HDI and reduces the IMR.

Either the credibility of the IMF’s own programmatic declarations regarding poverty amelioration or the efficacy of its ‘conditionalities’ as implemented so far in a broad set of Third World countries is contested by the findings of our empirical analysis.

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Appendix 1

Table 1 – Variables used and data sources

Dependent Variable			Independent Variable		
Variable	Source	Measured in	Variable	Source	Measured in
<i>Poverty Gap variables</i>	WDI 2013	Percentages from the poverty line	<i>IMF lending</i>	World Bank Data Bases	Current \$ prices
<i>Poverty Headcount variables</i>	WDI 2013	Percentages of population living below the respective poverty line	<i>Oil production</i>	US Energy Information Administration	Thousands of barrels per day
<i>Infant Mortality Rate (IMR)</i>	WDI 2013	Number of deaths under one year of age occurring among the live births in a given geographical area during a given year, per 1,000 live births	<i>Urbanization</i>	WDI 2013	Percentage of the urban to total population of a country
<i>Human Development Index (HDI)</i>	United Nations - 'HDI trends 1980-2010' report	A scale of values [0,1]			

Note: WDI stands for World Bank's World Development Indicators database, downloaded from the World Bank.

Appendix 1

Table 2 – Sample of countries

Afghanistan	China	Haiti	Mexico	Sri Lanka
Albania	Congo, Democratic Republic of	Honduras	Moldova	Sudan
Algeria	Congo, Republic of	India	Mongolia	Tajikistan
Argentina	Costa Rica	Indonesia	Morocco	Tanzania
Armenia	Cote d' Ivore	Jamaica	Mozambique	Thailand
Azerbaijan	Dominica	Jordan	Nepal	Togo
Bangladesh	Dominican Republic	Kazakhstan	Nicaragua	Tunisia
Belarus	Ecuador	Kenya	Niger	Turkey
Benin	Egypt	Kyrgyz Republic	Pakistan	Uganda
Bolivia	El Salvador	Laos	Panama	Ukraine
Bosnia-Herzegovina	Ethiopia	Latvia Republic	Papua New Guinea	Uruguay
Brazil	Fiji	Lebanon	Peru	Uzbekistan
Bulgaria	Gabon	Lesotho	Philippines	Venezuela
Burkina Faso	Gambia	Liberia	Romania	Vietnam
Burundi	Georgia	Lithuania	Russian Federation	Yemen
Cameroon	Ghana	FYROM	Rwanda	Zambia
Cape Verde	Grenada	Madagascar	Senegal	Zimbabwe
Central African Republic	Guatemala	Malawi	Serbia	
Chad	Guinea	Mali	Sierra Leone	
Chile	Guyana	Mauritania	South Africa	

Appendix 2 - Regressions Results
Table 1 - Poverty ('gap' and 'headcount') Variables

Variables	(1) HC 2	(2) HC 1.25	(3) GAP 2	(4) GAP 1.25	(5) GAP NAT POV LN	(6) HC NAT POV LN	(7) GAP RUR LN	(8) HC RUR LN	(9) GAP URB LN	(10) HC URB LN
CONSTANT	7.88 (1.45)***	8.56 (1.09)***	8.06 (1.08)***	8.34 (8.22)***	4.40 (8.17)***	4.92 (1.53)***	3.87 (6.30)***	4.82 (1.64)***	2.73 (3.49)***	3.62 (8.32)***
OIL	0.009 (0.27)	-0.01 (-0.32)	-0.01 (-0.23)	-0.04 (-0.81)	-0.11 (-4.00)***	-0.03 (-1.93)*	-0.09 (-2.68)***	-0.04 (-2.27)**	-0.16 (-3.21)***	-0.06 (-2.38)**
URBAN	-1.16 (-6.99)***	-1.53 (-6.64)***	-1.47 (-6.69)***	-1.79 (-6.17)***	-0.42 (-2.70)***	-0.27 (-2.81)***	-0.20 (-1.19)	-0.21 (-2.42)**	-0.01 (-0.07)	-0.01 (-0.09)
IMF	0.07 (2.40)**	0.09 (3.00)***	0.07 (3.00)***	0.08 (2.68)***	0.06 (2.80)***	0.05 (3.98)***	0.06 (2.49)**	0.03 (2.43)**	0.11 (2.75)***	0.05 (2.49)**
N	371	361	363	350	133	314	107	231	99	259
R²	0.15	0.16	0.15	0.15	0.28	0.19	0.19	0.12	0.28	0.1

Notes:

1. GAP = Poverty 'Gap' variables at various poverty lines

HC= Poverty 'headcount' variables at various poverty lines

NAT.POV.LN= 'National poverty line' variables.

URB.POV.LN= 'Urban poverty line' variables

RUR.POV.LN= 'Rural poverty line' variables

2. '***', '**', and '*' mean statistically significant at the 1%, 5%, and 10% level, respectively

Appendix 2
Table 2 – HDI and IMR variables

Variables	(1) HDI	(2) IMR
CONSTANT	-2.46 (-1.23)	6.86 (3.59)***
OIL	0.007 (2.50)**	-0.004 (-0.80)
URBAN	0.45 (8.67)***	-0.78 (-1.54)***
IMF	-0.008 (-7.48)***	0.03 (9.34)***
N	738	1597
R ²	0.48	0.31

Note: ‘***’, ‘**’, and ‘*’ mean statistically significant at the 1%, 5%, and 10% level, respectively.