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In vitro and *in vivo* anthelmintic activity of extracts from *Artemisia parviflora* and *A. sieversiana*

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Summary

In the northern areas of Pakistan, the use of *Artemisia* based therapeutics is a common practice. Plants of genus *Artemisia* are known to possess anthelmintic and therapeutic effect. Infections caused by gastrointestinal nematodes are major threat to livestock industry across the world resulting in loss of production and indirect economic losses due to high cost of anthelmintic drugs. Present study was carried out to evaluate *in vitro* and *in vivo* effect of *Artemisia sieversiana* and *Artemisia parviflora* on *Haemonchus contortus*, a parasitic nematode of small ruminants. Methanolic plant extract was tested against three different developmental stages using an egg hatch assay, infective larvae and adult worm motility assay. Different concentrations were used for the bioassays and post exposure mortality was recorded after 8 hr for adult worms and infective larvae, while egg inhibition percentage was observed after 27 hr. A highly significant ability to inhibit the egg hatching (100 %) was recorded for both plant extracts while, the highest activity for adult worm assay and larvicidal assay was 90 % for *A. sieversiana*. The highest activity for adult motility and larvicidal assay for *A. parviflora* was 89 % and 86.6 % respectively. For *in vivo* trials maximum parentage reduction was 77.0 % for *A. sieversiana* and 73.6 % for *A. parviflora*. It is concluded that selected plant extracts were effective in reducing worm burden in animals.

Keywords: *Artemisia parviflora*; *Artemisia sieversiana*; plants; Anthelmintics; *Haemonchus contortus*

Introduction

Infections caused by gastrointestinal nematodes are major threat to livestock industry in the developing countries. They cause direct effects in form of loss in production and indirect economic losses due to high cost of anthelmintic drugs (Kassai, 1999). Various strategies are in practice to control parasitism which includes pasture management, biological control, dietary management, vaccination and use of anthelmintic drugs (FAO, 2002). Widely and most common practice being followed these days is the use of

chemical anthelmintics (Muhammad *et al.*, 2015). The intensive use has posed a variety of problems including emergence of anthelmintic resistance, e.g. multi resistant *H. contortus* had been already isolated. In addition, commercially available anthelmintics are relatively expensive and smallholder farmers are unable to spend meager income for purchase of drugs to continue regular treatment (Chandrawathani *et al.*, 2003; Waller & Thamsborg, 2004). The aforementioned points hint for a quest for suitable (natural and cheap) alternatives.

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Plant products have potential of curing various ailments including parasitism. A number of plant species have been used and reported in different parts of world against nematode infections in animals and humans (Akhter *et al.*, 2000). In Pakistan also a huge proportion of farmers rely on plants as a control strategy for the treatment of helminthosis. Various plants have been scientifically validated for their anthelmintic property both *in vitro* and *in vivo* (Iqbal *et al.*, 2005; 2006; 2007; Irum *et al.*, 2015).

Many researchers reported the used of different plant species to control the parasitic infestation in sheep which are effective alternatives to conventional anthelmintics (Githiori *et al.*, 2006). Plants of genus *Artemisia* are known to possess anthelmintic and therapeutic effects (Irum *et al.*, 2015). Quite a few species are already reported to possess anthelmintic properties such as *Artemisia annua* L. extracts (Cala *et al.*, 2014). In Northern areas of Pakistan, the use of *Artemisia* based treatment is also common practice. The indigenous people in Ranyan hills (Shangla, KPK, Pakistan) are reported to possess knowledge to use *Artemisia* species for a number of medicinal purposes (Ibrar *et al.*, 2007). Similarly, it has been reported that *A. scoparia* is purgative and also used to treat burns in Tehsil Pindi gheb, District Attock Pakistan (Hayat *et al.*, 2008). *A. brevifolia* was found as an anthelmintic and also used for stomach problems in Kurram Agency, Pakistan (Gilani *et al.*, 2003). Additionally *A. maritima* and *A. brevifolia* have been found to be used against abdominal pain, fever and intestinal worms in Chitral valley (Aziz, 1996).

In this article we reported *in vitro* and *in vivo* anthelmintic activity of crude methanolic extracts of *A. siversiana* and *A. parviflora* against gastrointestinal nematodes of sheep. The present study was first time conducted on *Artemisia* spp. (*A. siversiana* and *A. parviflora*) of study area as an antihelminthics against *Haemonchus* spp.

Materials and Methods

Plant material

Plants were collected from northern areas of Pakistan. Species were identified by botanist in Quaid e-Azam University, Islamabad and voucher specimen of *A. parviflora* Buch.-Ham. and *A. siversiana* var. (cat. N. 26, 30). They were dried in shade and ground to fine powder. The powdered material was mixed with 70 % methanol (2 kg dry weight in 1 L of methanol) and left for 3 days. Mixtures were filtered using muslin cloth and same process was repeated three times to obtain maximum amounts of plant extract. Finally, filtrate was concentrated in a rotary evaporator (yield: 11.5 % w/w) and stored at -70 °C until use.

Larvicidal assay

Larvicidal assay was conducted guidelines provided by WAAVP with slight modifications (Coles *et al.*, 1992). To analyze the effect of different plant concentration on larvae of nematode, Baermann

technique was used. For this purpose faecal samples were collected rectally from animals artificially infected with *Haemonchus contortus* using two finger method. The samples in plastic bags were transported to Parasitology Laboratory, Department of Biology/Zoology, and then samples were integrated to get a 15 g sample. A crumbly moist solution was obtained by crushing in mortar following addition of moisture. Thereafter an equal quantity of vermiculate was added and solution was shifted to a glass beaker which was covered with a porous aluminium foil having 10 – 13 small holes for aeration and incubated at room temperature for 12 – 14 days. The infective L₃ larvae of *H. contortus* were obtained by crushing the female parasites in water to obtain eggs followed by culturing in fecal samples. L₃ larvae were obtained after 14 days through Baermann's apparatus. The faecal material was poured on cheese cloth over Baermann apparatus and left for 24 hours. "After 24 hours, L3 stages of the parasites were centrifuged (5 times 1000 rpm for 5 minutes) to concentrate, picked with micropipette and washed in PBS which were collected from the test tubes attached at the end of Baermann apparatus.

They were incubated with plant extracts at concentrations of 100, 50, 25, 12.5, 6.25, 3.12 and 1.56 mg/ml of PBS (pH 7.2) in triplicates, PBS alone was used as a negative control and ivermectin 0.01 mg/ml was used as positive control. Mortality of larvae subjected to above treatments was used as a criterion for anthelmintic activity. The motility, and hence mortality, was recorded after 0, 1, 2, 3, 4, and up to 8 hr. Post-treatment revival of motility was observed by keeping the treated worms in PBS for 30 min. Three replications were used for each concentration of plant extract.

Adult worm assay

Adult worms of *H. contortus* were collected from abomasum of sheep soon after slaughtering. The parasites were washed in PBS. Then from these washed parasites, actively moving of ten worms were selected and placed in the Petri dishes (74 mm base diameter) filling with different concentrations (100, 50, 25, 12.5, 6.25 and 3.12 mg/mL) plants (*A. parviflora* and *A. siversiana*) methanolic extracts in PBS at 37 °C and three replications were used for each treatment. Ivermectin was used as a positive control and PBS alone was used as negative control. Three replication for each treatment (each concentration of drug/extract) were employed. After 8 hours, possible parasite motility was checked by suspending parasites in PBS for 30 min after washing away extract and positive control and under dissecting microscope, alive (motile) and dead (immotile) worms were counted and recorded in each concentration. Moreover, lack of motility for of 5 – 6 seconds and by touching the parasite is suspected as death or paralysis of worms.

Egg hatch assay

The egg hatch assay was performed as per Coles *et al.* (1992) with some modifications. Adult female *H. contortus* worms were crushed in PBS with pestle and mortar. The mixture was passed

through fine sieve and number of eggs was counted and adjusted 250 eggs/ml (approximately). Plant extract with concentrations of 100, 50, 25, 12.5, 6.25, 3.12 and 1.56 mg/ml was used along with positive and negative controls. Three repetitions were used for each concentration using 27 hrs incubation times with 37 °C.

In vivo studies

Treatment and follow-up procedures

In vivo trial was conducted at Barani Livestock Production Institute Kharimurat Punjab, Pakistan approved for research purpose as letter no (PMAS-AAUR/ ZOOL/592). Experimental designs included 30 sheep (each group) ranging 8 – 12 months, 18 – 24 kg in weight and were placed in 6 groups. Animal de-worming was carried out by mean of levamisole (Levasol® 7.5 mg/kg, ICI, Pakistan), kept indoor for 20 days and infected orally with approximately 5000 *H. contortus*. Twenty days later, number of eggs per gram of feces (EPG) in each animal was counted by the modified McMaster technique. On same day, all sheep were weighed, identified by ear tags and randomly assigned to six treatment groups (for all selected plant extracts) (n=5) and orally treated. The animals having higher than 5000 eggs per gram were included in experiment. The groups numbers assigned according to plant extract administered

as oral dose by gavage [dissolved in Dimethyl Sulfoxide (DMSO) diluted in PBS] were as follows:

Group I:	50 mg/kg body weight
Group II:	25 mg/kg body weight
Group III:	12.5 mg/kg body weight
Group IV:	6.25 mg/kg body weight
Group V:	Negative control, untreated (distilled water)
Group VI:	Positive control, levamisole (Levasol, 7.5 mg/kg, ICI, Pakistan)

Fecal Egg Count Reduction Test (FECRT)

Initial FEC (Fecal Egg Count), body weight, FAMACHA score and blood samples were taken prior to experiment. After treatment fecal samples were collected directly from rectum on a weekly basis for 4 weeks and stored in zip lock bags for laboratory analysis. Blood was drawn at the same time from the jugular vein into EDTA-coated vacutainers (Bectan, Dickinson, India). Aliquots of 2 gram of fecal sample were mixed with saturated sodium chloride salt solution, homogenized as recommended in sedimentation and floatation method and observed on slide using an Olympus B 201 microscope and observed on slide using an Olympus B 201 micro-

Table 1. *In vitro* effect of methanolic extract of *A. parviflora* and *A. siversioniana* on *H. contortus* adult and L₃ stages. Mean efficacy (Mortality ± S.E) of methanol extracts of *A. parviflora* and *A. siversioniana* on egg hatching. Results represent the mean ±SE of the samples.

Plant name	Concentrations (mg/ml)	<i>In vitro</i> effect of methanolic extracts on different stages Mortality ± Standard Error (S.E)			Lethal concentration 50 (LC ₅₀) for different stages of <i>Haemonchus</i>		
		Adult	L ₃	Egg hatching µg/ml	Adult	L ₃	Egg hatching
<i>Artemisia parviflora</i>	100.0	86.6 ± 2.20	89.9 ± 0.78	99.6 ± 0.33			
	50.0	70.0 ± 1.72	83.3 ± 0.69	94.0 ± 2.08			
	25.0	73.3 ± 1.47	59.9 ± 0.22	88.3 ± 0.88			
	12.5	63.3 ± 1.35	53.3 ± 0.37	85.3 ± 0.33			
	6.25	40.0 ± 0.71	33.3 ± 0.24	77.0 ± 1.52	9.02 mg/ml	5.18 mg/ml	5.12 µg/ml
	3.12	23.3 ± 0.47	23.3 ± 0.19	51.6 ± 1.66			
	1.56	19.9 ± 0.47	16.6 ± 0.14	63.6 ± 1.66			
	Ivermectin	99.0 ± 0.33	99.0 ± 0.33	97.0 ± 1.0			
	PBS	0.33 ± 0.20	1.30 ± 0.20	25.0 ± 7.1			
<i>Artemisia siversioniana</i>	100.0	89.9 ± 1.22	90.0 ± 0.71	100.0 ± 00			
	50.0	83.3 ± 0.88	73.0 ± 0.58	96.33 ± 1.33			
	25.0	66.58 ± 0.47	66.0 ± 0.30	86.66 ± 1.66			
	12.5	49.9 ± 0.36	46.0 ± 0.19	78.38 ± 1.66			
	6.25	37.0 ± 0.22	40.0 ± 0.14	68.33 ± 4.40	8.37 mg/ml	5.02 mg/ml	5.38 µg/ml
	3.12	29.9 ± 0.12	26.0 ± 0.14	58.33 ± 1.66			
	1.56	23.3 ± 0.16	19.9 ± 0.13	33.3 ± 1.66			
	Ivermectin	99.0 ± 0.33	99.0 ± 0.33	97.0 ± 1.00			
	PBS	0.33 ± 0.20	1.30 ± 0.20	25.0 ± 0.20			

scope (Optical Element Corporation, Melville, USA) at 100× magnification. Number of eggs counted on Mc Master Chambers was multiplied by 50 to obtain EPG. Fecal egg count reduction (FECR) percentage was calculated using the formula ECR (Egg Count Reduction) (%) = EPG prior to treatment- EPG post-treatment/EPG (prior to treatment) × 100

Statistical analysis

Statistical analyses were performed using the SPSS17 software (SPSS Institute, USA). Tests of the significance of factors on parasite mortality were conducted by analysis of variance (ANOVA). Differences were considered significant at $P < 0.05$. Determination of LC_{50} was done using regression analysis solving the regression equation by graphical method. Mean with significance were compared with Least Significant Differences (LSD) test using SPSS software.

Results

The mean efficacy percentage \pm S.E. of *A. siversiana* and *A. parviflora* on *H. contortus* for adult worm motility/mortality assay is shown in Table 1. There was a significant ($P < 0.05$) dose and time dependent response for both extracts. Maximum reduction of motility for adult motility/mortality assay was recorded to be 86.6 % and 89.9 % at 100 mg/ml for *A. parviflora* and *A. siversiana*, respectively. The lowest activity for *A. parviflora* was 19.9 % while *A. siversiana* showed 23.3 %. There was a gradual decrease observed in mortality with decreasing concentrations. LC_{50} value for *A. parviflora* was 9.02 mg/ml while for *A. siversiana* it was recorded to be 8.37 mg/ml almost all worms were found dead for ivermectin treated group 8 hr post treatment.

The results for efficacy of extracts on infective larvae are represented in Table 1. The best efficacy was 89.9 % for *A. parviflora* while it was 90 % for *A. siversiana*. Lowest activity of 16.6 % was recorded for *A. parviflora* and 19.9 % for *A. siversiana* at 1.56

mg/ml. While, other concentrations used also showed significant decrease in the number of infective larvae with course of time. The activity of plant extracts on egg hatching is shown in Table 1. It is evident from results that methanolic extracts demonstrated in vitro anthelmintic activity on egg hatching. *A. parviflora* showed maximum activity of 99.6 % having LC_{50} of 5.12 mg/ml while lowest activity remained to be 63.6 %. For *A. siversiana* 100 % activity was observed at 100 mg/ml whereas lowest remained to be 33.3 % LC_{50} was 5.02 mg/ml. The results for *in vitro* trials showed there was significant activity to reduce worm burden.

In vivo results of fecal egg counts for *A. siversiana* showed reductions in EPG concentrations by the 2nd week after treatment as 77 % in first group followed by 69.0 %, 62.70 % and 58.27 % in groups II, III and IV, respectively (Table 2). While *A. parviflora* showed maximum reduction of 73.63 % in group I followed by 69.76 %, 58.25 %, and 30.04 % in groups II, III and IV (Table 3). In control group treated with water FEC remained almost steady with certain fluctuations throughout period of observation. The values for PCV and FAMACHA also showed slight variation during course of study before and after treatment. For *A. siversiana* group I (50 mg/mL) showed PCV to be 22 % followed by 25.50 %, 31.5 % and 26.5 % in groups II, III and IV, respectively. While for *A. parviflora* it remained 28 % at end of trial with variations during each week after drug administration.

Discussion

The results for anthelmintic activity of *A. siversiana* and *A. parviflora* exhibited promising effects also on adult stages of nematodes at different concentrations in a dose dependent manner. The highest activity for adult motility assay for *A. parviflora* and *A. siversiana* (86.6 % and 90 %) are in agreement with methanolic extracts used against *H. contortus* (Iqbal *et al.*, 2004). The methanolic extract of *A. siversiana* exhibited 100 % inhibition in hatching of eggs at 50 mg/ml and 99 % hatching was inhibited at same concentration

Table 2. Mean FEC \pm SE in sheep treated with different concentrations of *A. siversiana* along with negative and positive control.
Group I: Crude Methanolic Extract (CME) at 50 mg/kg body weight (b.w.); II: CME at 25 mg/kg b.w.; III: CME at 12.5 mg/kg b.w.; IV: CME at 6.25 mg/kg b.w.;
V: Negative control, untreated (PBS, 7.2); VI: Positive control, levamisole (Levasol®, ICI, Pakistan) at 7.5 mg/kg b.w.

Groups	Weeks (W)					% egg reduction
	Day 0	W ₁	W ₂	W ₃	W ₄	
I	1475 \pm 25.07 ^a	1162.75 \pm 62.93 ^a	1012.5 \pm 12.53 ^a	912.5 \pm 12.53 ^a	612.5 \pm 112.83 ^a	77.00
II	1362.5 \pm 62.68 ^b	1175.0 \pm 25.0 ^b	975 \pm 25.00 ^b	787.50 \pm 25.0 ^b	612.0 \pm 87.76 ^b	69.00
III	1025 \pm 25.07 ^{ab}	2075 \pm 25.07 ^{ab}	1400 \pm 150.40 ^{bc}	975 \pm 275.80 ^{bc}	850 \pm 175.50 ^{ac}	62.70
IV	875.5 \pm 25.07 ^c	762.50 \pm 37.07 ^{ab}	587.5 \pm 37.61 ^c	412.5 \pm 37.61 ^c	325.0 \pm 25.07 ^c	58.27
V	3000 \pm 52.10 ^c	2966 \pm 60.14 ^c	2946 \pm 62.90 ^d	2925 \pm 62.90 ^d	2905 \pm 45.05 ^d	-
VI	1650 \pm 180.49 ^d	1050 \pm 76.40 ^d	700 \pm 115.60 ^e	366.6 \pm 49.10 ^e	183.33 \pm 44.10 ^e	-

FEC: Fecal Egg Count

*Small letters compare means in row. Different letters indicate significantly different values ($P < 0.05$).

Table 3. Mean FEC \pm SE in sheep treated with different concentrations of *A. parviflora* along with negative and positive control. Group I: Crude Methanolic Extract (CME) at 50 mg/kg body weight (b.w.); II: CME at 25 mg/kg b.w.; III: CME at 12.5 mg/kg b.w.; IV: CME at 6.25 mg/kg b.w.; V: Negative control, untreated (PBS, 7.2); VI: Positive control, levamisole (Levasol®, ICI, Pakistan) at 7.5 mg/kg b.w.

Groups	Weeks (W)					% egg reduction
	Day 0	W ₁	W ₂	W ₃	W ₄	
I	2086 \pm 486.80 ^f	1850.75 \pm 300.8 ^f	1525.5 \pm 25.27 ^f	962.5 \pm 37.61 ^f	550.5 \pm 50.14 ^f	73.63
II	2150.5 \pm 150.4 ^g	1525.0 \pm 25.0 ^g	1225 \pm 25.07 ^g	787.50 \pm 25.0 ^g	650.0 \pm 50.14 ^g	69.76
III	1677 \pm 22.56 ^{fg}	1237 \pm 87.76 ^{fg}	1050 \pm 150.40 ^{gh}	950 \pm 50.14 ^{gh}	700 \pm 100.28 ^h	58.25
IV	1222.5 \pm 25.07 ^h	1212.50 \pm 25.07 ^g	1025 \pm 37.67 ^h	937.5 \pm 12.53 ^h	850.0 \pm 50.07 ^h	30.04
V	3000 \pm 52.10 ^h	2966 \pm 60.14 ^h	2946 \pm 62.90 ⁱ	2925 \pm 62.90 ⁱ	2905 \pm 45.05 ^j	-
VI	1650 \pm 180.49 ⁱ	1050 \pm 76.40 ⁱ	700 \pm 115.60 ^k	366.6 \pm 49.10 ^k	183.33 \pm 44.10 ^k	-

FEC: Fecal Egg Count

*Small letters compare means in row. Different letters indicate significantly different values (P<0.05).

for *A. parviflora*. Similar results have been reported for activity of *Spigellea anthelmia* inhibiting 100 % hatching and 81.2 % of larval development at 50 mg/ml (Assis *et al.*, 2003), anthelmintic activity of *A. indica* and *A. roxburghiana* against mixed nematodes (Khan *et al.*, 2015) and *A. vestita* and *A. maritime* (Irum *et al.*, 2015). The highest larvicidal activity was 89.9 % and 90 % for *A. parviflora* and *A. siversiana*, respectively, which correspond to reported activity of *Melia azedarach* on *H. contortus* infective larvae which exhibited 87.4 % and 95.7 % mortality, respectively (Maciel *et al.*, 2006). The motility was 100 % of *A. mexicana*. The LC₅₀, LC₉₀ and LC₉₉ to *A. mexicana* was 92.85, 210.44 and 410.04 mg/L (Alvarez- Mercado *et al.*, 2015). Similar observations were reported by Nawaz *et al.* (2014) that plant extracts (*Azadirachta indica*, *Dalbergia sisso* and *Morus alba*) induced 89 %, 87 % and 36 % reduction in EPG.

In vivo anthelmintic activities correspond with previous studies exhibited by various plant extracts. Hafiz *et al.* (2009) reported maximum ECR 87.3 % exhibited by the crude methanolic extract of *T. arjuna* bark applying 3 g per kg on day 11 post treatment followed by crude powder which showed 50 % *in vivo* activity when applied 2 g per kg of body weight. Similar results were also found in present study in which maximum reduction of 77 % is recorded *A. siversiana* post treatment. *In vivo* efficiency of aqueous extract of higher dose of *Coriandrum sativum* on *Haemonchus* showed activity of 25.56 % maximum reduction in worm count (Athanasiadou *et al.*, 2001). This activity is much lower than activity exhibited by *A. parviflora* 73.63 % thus showing effectiveness in controlling worm burden.

It has been reported that transcuticular diffusion accounts for entry of non-nutrient and non-electrolyte substances into helminth parasites. Furthermore, it has been described as the major route for the uptake of broad spectrum anthelmintics by different nematodes, trematodes and cestodes as compared to oral ingestion (Geary *et al.*, 1998). Additionally, anthelmintic activity of *A. siversiana* and *A. parviflora* can also be attributed to presence of different metabolites including alkaloids, flavonoids and terpenoids which are

among the active biological compounds present in plants. Several studies have been conducted demonstrating effect of various biologically active compounds and their anthelmintic activity as *A. annua* is reported to have alkaloids, flavonoids and polyphenols (Ajah *et al.*, 2010). Also, chemical analysis of extracts from *M. azedarachta* fruit revealed presence of tannins, phenolic compounds and steroids (Danticiacao *et al.*, 2000) while presence of terpenoids has been detected in various plants having anthelmintic activity (Athanasiadou *et al.*, 2001).

Based on *in vitro* tests for anthelmintic activity, *A. siversiana* and *A. parviflora* it can be considered as promising tools to reduce worm burdens in animals. Both plants exhibited significant (P<0.05) dose and time dependent *in vivo* anthelmintic activity on gastrointestinal nematodes. An experiment was conducted to evaluate *in vivo* anthelmintic activity of *A. indica* using a faecal egg count reduction test in sheep naturally infected with helminths. Our findings are in accordance with Nawaz *et al.* (2014). Maximum reduction (98.9 %) was observed with CAME (Al-Shaibani *et al.*, 2009). *In vivo* anthelmintic activity exhibited by *A. parviflora* at 50 mg/kg and 25 mg/kg of body weight (73.63 % and 69.76 %) are in agreement with Al-Shaibani *et al.* (2009), who have evaluated anthelmintic efficacy of *F. parviflora* in an *in vivo* trail which revealed that experimental animal groups treated with doses of 200 mg/kg of either aqueous or ethanolic extracts of *F. parviflora* exhibited higher (P<0.05) reduction rates on fecal egg counts as compared to un-treated groups (negative control). Highest reduction rate on FEC of treated animal groups was recorded as 77.6 % and 70.05 % with ethanolic and aqueous extracts, respectively at 200 mg/kg on day 14 post treatment, whereas using 50 and 100 mg/kg as treatment doses, result in reduction rate ranging between 3.79 % to 61.45 % from day 3 – 14 post treatment. *Artemisia parviflora* exhibited almost similar activity at 50 mg/kg of body weight of animal.

Thus, it is concluded that plant extracts possess potential anthelmintic activity and there is a need to explore and scientifically val-

idate vital components in form of secondary metabolites present in important plant species. Moreover, plant extracts can also act as important substitutes to synthetic anthelmintic drugs which are generating anthelmintic resistance.

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Conflict of Interest

Authors declare no conflict of interest regarding originality of this work.

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