

Contamination of the soil by eggs of geohelminths in rural areas of Lodz district (Poland)

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Summary

Contamination of soil with helminth eggs in the samples of fields, kitchen gardens, yards and composts in rural areas of Lodz district (Poland) was investigated. In this study, helminth eggs were found in 60 – 100 % of field samples, in 20 – 100 % of yards samples, in 0 – 20 % of kitchen gardens samples and in 10 – 100 % of composts. The highest average density of helminth eggs in 100 g of soil was detected in composts (44.0), then fields (28.5) and yards (18.0). In samples taken from kitchen gardens the average density of eggs was 0.4/100/g of soil. The comparison of frequency of positive samples from fields, kitchen gardens and yards did not exhibit significant difference ($p > 0.05$). The soil samples of fields contained mainly eggs of *Ascaris* spp. (87.7 %), less frequently *Toxocara* spp. (7.7 %) and *Trichuris* spp. (3.5 %). In samples from yards among detected eggs the most often were *Toxocara* spp. (73.9 %), and there were statistically significant differences in comparison with fields (7.7 %) and composts (0.3 %). The highest prevalence of eggs with moving larva was noted in yards (25.6 %), which differ statistically significantly from analogous value for fields ($p < 0.05$) and composts ($p < 0.0001$).

These results showed a considerable infestation of soil with geohelminth eggs of the examined rural areas of Lodz district which is a potential source of antropozoonosis.

Keywords: *Toxocara* spp.; *Ascaris* spp.; geohelminths; soil contamination; organic composts

Introduction

Geohelminths are found worldwide and have a significant pathogenic effect both on people and animals. More than 2 billion people around the world are infected by these parasites. *Ascaris* spp. and *Trichuris* spp., intestinal nematodes of human or pig origin are still exceedingly common in many developing countries, in poor communities with

insufficient water supply, inadequate sanitation and little health awareness. In contrast, they are rare in the developed countries, however a growing danger of contamination of human environment with infectious stages of *Toxocara* from dogs and cats can be noticed (Bethony *et al.*, 2006; Brooker, 2010).

The soil-transmitted helminths (STH) are a group of parasitic nematode causing human infection through contact with parasite invasive eggs or larvae. Immature stages (eggs) require incubation in the soil before they become infective. Most often humans become infected by ingestion of infective form of geohelminths either from soil, raw fruit and vegetables, or dirty hands. STH infections affect most frequently children in both developing and developed countries and are associated with retarded growth, reduced physical activity and impaired learning ability (Drake *et al.*, 2000). The existence of viable geohelminth eggs in superficial layer of soil presents a potential public health hazard, especially that these eggs are extremely resistant to adverse weather and chemical agents. Thus, soil contamination seems to be the most direct indicator of the risk of STH infection among human population. For this reason many studies have been carried out in recent years to determine the prevalence of geohelminth eggs in the soil of parks, playgrounds, sandpits, beaches, backyards and gardens, farmyard and other urban and rural areas. Toxocariasis is reported to be one of the most prevalent helminthiasis in industrialized countries (Magnaval *et al.*, 2001). Soil sampling from urban environments shows widespread contamination of the public recreation areas in particular, with the eggs of *Toxocara canis*, and the contamination rate by ascarid eggs has been shown to range from 1 to 78 % of soil samples throughout the world (Mizgajski, 1997; Matsuo & Najashio, 2005; Dubná *et al.*, 2008; Tavassoli *et al.*, 2008; Klapac, 2009). The *Toxocara* spp. prevalence of samples from public parks in Ankara (Turkey) was estimated at 30.6 % (Oge & Oge, 2000) and

that from sandpit samples in Toulouse (France) at 38 % (Ferré & Dorchie, 2000). Similarly high contamination rates of 64 and 67 % were found in public playgrounds and parks of Ancona (Italy) (Giacometti *et al.*, 2000) and Murcia (Spain) (de Ybanez *et al.*, 2001). The study conducted in two cities of the Marche region of Italy revealed prevalence of *T. canis* eggs of 28 % in faecal deposits collected in public green areas (Poglayen *et al.*, 2000). A relatively small number of reports have focused on the infection risk of populations living in rural or suburban settings. The data published indicate that toxocariasis may be a problem not only for urban dwellers but also for rural inhabitants. A higher antibody prevalence in the rural population compared to the urban one was recorded in Ireland (Holland *et al.*, 1995), in the Slovak Republic (Havasiova *et al.*, 1993), in China (Luo *et al.*, 1999), in the Czech Republic (Uhlíkova & Hubner, 1998) and in Poland (Borecka *et al.*, 2010).

The use of wastewater, human and animal excreta in agriculture is a traditional and widespread practice in developing countries, but its use may have negative impact on human health (WHO, 2006). The main health risk associated with natural fertilizer use (mainly fresh or inadequately composted manure) is infection with intestinal nematodes, in particular infections with *Ascaris* spp. (Blumenthal *et al.*, 2001; Amahmid & Bouhoum, 2005; Trang *et al.*, 2007). Agricultural use of natural manure must be designed for sanitization to reduce helminth eggs counts and viability, to meet the WHO nematode guideline of <1 viable egg/g total solids (WHO, 2006). *Ascaris* eggs are particularly important as indicator of the hygienic quality of natural compost. Among the pathogens of epidemiological factors, *Ascaris* eggs are the most resistant to liming, dewatering and high temperature. Their removal suggests that all other pathogens have also been inactivated (Gantzer *et al.*, 2001). The epidemiological studies on geohelminth infections that have been undertaken all over the world show that in tropical climates predominant parasite is *Ascaris lumbricoides* (prevalence up to 91 %), followed by *Trichuris trichiura* (up to 72 %) and hookworm (up to 54 %) (Narain *et al.*, 2000; Naish *et al.*, 2004; Stothard *et al.*, 2009; Brooker, 2010).

In the world, especially in developing countries, uncontrolled use of natural manure (e.g. cowpat, water from sources contaminated with human and animal excrement) to fertilize vegetables and fruits has been reported to be responsible for their high rates of contamination with helminth eggs (Takayanagui *et al.*, 2000; Ulukanligil *et al.*, 2001). In Turkey, helminth eggs were detected in 12 (5.9 %) of 203 unwashed samples of raw vegetables from wholesalers in Ankara (Kozan *et al.*, 2005) where *Toxocara* spp. (1.5 %), and *Ascaris lumbricoides* (1.0 %) eggs were found. These results highlight the potential for transmission of helminth eggs by unwashed salad vegetables and the importance of properly washing/disinfecting raw vegetables before consumption.

In Poland, like in other European countries, the sanitary condition of urban and country soil is not satisfactory and

poses a serious epidemiological problem. In spite of improvement of sanitary conditions in the rural environment of Poland the spread of parasitic invasions is connected with incorrect composting of natural fertilizers with increased breeding rate, as well as numerous populations of domestic animals (dogs and cats). The study carried out in Poland revealed a higher level of infestation with *Toxocara canis* in the adult dogs from households in rural areas (34.2 %) (Borecka, 2005). Recently, a study has shown a high level of contamination of soil samples with *Toxocara* eggs from household environment of children with diagnosed toxocariasis in rural and urban areas of Lodz district (Borecka *et al.*, 2010). Up till now in Lodz district no studies have been conducted to evaluate the extension of helminth contamination. Therefore we have undertaken studies aiming at evaluation of sanitary state of soil in rural areas of Lodz district. Taking into consideration the fact that such environment is a reservoir of numerous intestinal parasites the aim of the study was to look for development stages of geohelminths in the samples of fields, kitchen gardens, yards and composts.

Material and Methods

Collection of soil samples

Lodz is located in central Poland and has temperate climatic zone. Between March and May 2009, three different areas (fields, yards, kitchen gardens) in five villages (Ciosny, Grabina, Janow, Kolumna, Zapole) situated about 20 – 30 km of Lodz were examined. In those villages agricultural activities are mainly conducted on relatively small, family size farms which breed pig, cattle and poultry. Every farm keeps at least two dogs and 1 – 2 cats. The ratio of dogs to inhabitants is 1: 3 – 4 in those villages.

All examined fields were fertilized by liquid pig manure. They were situated near houses in a distance from 100 to 400 meters. Fields belonging to Ciosny village were fertilized with liquid pig manure originating from the same farms from which compost samples were taken.

Kitchen gardens, from which samples of soil were taken, were located outsider the yards around the houses. All were fenced; there was no access for domestic and feral animals. They were not fertilized with animal manure. All were fertilized with either vegetable compost or mineral fertilizer.

There were between two and five dogs in the farms where the samples were taken from yards. Most of dogs were kept in yards, in enclosure areas around family houses. The dogs were kept chained and set free evening and night-time only in nine farms. They could move free within a yard, even outside the household areas. There were domestic cats in most of the farms; semi-feral cats were in six farms.

One hundred fifty samples of soil were collected from above sites, fifty from fields, fifty from yards and fifty from kitchen gardens. Soil samples of about 300 ml of total volume were picked from area 5 m² in 9 various points from 3-cm superficial layer of the ground. This is because geohelminth eggs do not penetrate the solid profile easily

and stay for a long time near the surface. Soil samples were put into plastic bags labeled by number and description.

The studies also included examination of 40 samples from organic composts (plant with animal manure) from four villages: Behcice (pig manure), Borkowice (pig mature and cattle manure in ratio 4:1), Ciosny (pig manure), Zapole (hen manure). Piles of compost were located outside the yards, inside farm premises. Not so far from them were places designated for collecting animal manure. In villages: Behcice, Borkowice and Ciosny there was traditional pig farming with pigs in small piggeries (for 10 – 25 pigs). Those pigs didn't have access to outdoor facilities. In those farms the pig faeces and effluents were removed either daily or every 2 – 3 days. Pig manure the main component of organic compost was gained from piggery in late autumn (November/December 2008). Hen manure was collected in November 2008. For parasitological examinations 3 samples of composts (from bottom, medium and top layer) were taken; 3 samples, about 40g from each layer were picked. Single samples collected from each compost were put in a container, which made about 300 – 400g of material designated for further sanitary evaluation.

Detection of eggs

The samples were examined in the laboratory immediately after drying at room temperature for 2 – 3 days (depending on solid humidity). Samples were sifted through a 2-mm mesh sieve. Once dried, the soil samples were mixed and sifted to remove solid objects. Then, a 20 g portion was weighed and put into a 250 ml Erlenmeyer's flask with a broad, smooth opening. The eggs of geohelminths were recovered by the flotation in saturated sodium nitrate (S.G. 1.30). All steps of extraction of geohelminth eggs from samples were used according to Mizgajska-Wiktor's technique (2005). After a final centrifugation cover slips were placed on the tubes and after a 5 min waiting period examined for the presence of eggs at 100x magnification. No attempt was made to differentiate between eggs of *T. cati* and *T. canis*, *A. suum* and *A. lumbricoides*, *T. trichiura* and *T. suis* and *T. vulpis*. In each sample, the number of eggs, their genus, stages of development and viability were determined by microscope. Immature eggs were kept in a glass chamber at temperature of 23° C and 100 % relative humidity to observe whether the embryos would develop to larval stage. They were checked every 3 days for 4 weeks. Eggs with a moving larva were recognized to be potentially invasive.

Table 1. Contamination of soil and composts in rural areas with geohelminth eggs

Examined sites	No. of samples	Samples with eggs (%)	Total no. of detected eggs	No. of eggs /100 g	mean egg density per positive sample (20g)		
					max	mean \pm SD	min
Fields	50	37(74)	285	28.5	28	7.7 \pm 7.22	1
Ciosny	10	8(80)	50	25	20	6.3 \pm 6.09	2
Grabina	10	7(70)	30	15	10	4.3 \pm 2.63	3
Janow	10	6(60)	16	8	7	2.7 \pm 2.25	1
Kolumna	10	10(100)	164	82	28	16.4 \pm 7.04	9
Zapole	10	6(60)	25	12.5	8	4.2 \pm 2.13	2
Yards	50	30 (60)	180	18	18	6.0 \pm 3.75	1
Ciosny	10	10(100)	96	48	18	9.6 \pm 3.4	6
Grabina	10	2(20)	6	3	4	3.0 \pm 1.41	2
Janow	10	7(70)	38	19	10	5.4 \pm 2.87	3
Kolumna	10	4(40)	8	4	4	2.0 \pm 1.41	1
Zapole	10	7(70)	32	16	8	4.6 \pm 1.42	3
Kitchen gardens	50	2(4.0)	4	0.4	3	2.0 \pm 1.41	1
Ciosny	10	0(0.0)	0	0.0	-	-	-
Grabina	10	0(0.0)	0	0.0	-	-	-
Janow	10	0(0.0)	0	0.0	-	-	-
Kolumna	10	2(20)	4	2	3	2.0 \pm 1.41	1
Zapole	10	0(0.0)	0	0.0	-	-	-
Composts	40	21(53)	352	44	50	16.8 \pm 12.93	2
Behcice	10	10(100)	284	142	50	28.4 \pm 14.03	19
Borkowice	10	4(40)	18	9	8	4.5 \pm 2.52	2
Ciosny	10	6(60)	48	24	12	8.0 \pm 2.83	4
Zapole	10	1(10)	2	1	2	2.0 \pm 0.00	2

Data analysis

The differences in the rate of soil contamination between study sites and other data expressed as frequencies were estimated on the base of the χ^2 test or Fisher's exact test. If any of the frequencies was less than 10, Yates correction of continuity was applied. The non-parametric Mann-Whitney *U*-test was used to analyse the differences between the mean numbers of eggs in positive soil samples. Values of $p < 0.05$ were taken as significant.

Results

Our results showed a considerable infestation by geohelminth eggs of the examined fields, yards and composts in rural areas of Lodz district (Table 1). The comparison of frequency of positive samples from above sites did not exhibit significant difference ($p > 0.05$). The highest average density of geohelminth eggs in 100g of soil was detected in composts (44.0), then in fields (28.5) and yards (18.0). In samples taken from kitchen gardens only in Kolumna 4 *Toxocara* spp. eggs were detected (the average density of eggs - 0.4/100g of soil) - Table 1 and Table 2. Among 50 samples from fields from 5 different villages, in 37 of them (74.0 %) helminth eggs were detected; the

percentage of positive samples fluctuated between 60 and 100 %. Total number of detected eggs in microscope slides was 285, and in positive samples the average density of eggs in 20 g was 7.7 (± 7.2) - Table 1. The majority of contaminated fields were found in Kolumna (100 % positive samples); mean egg density per positive samples was the highest 16.4 (± 7.07). As seen in the results from data in Table 2, it was *Ascaris* spp. eggs that were most often detected (250 eggs in 50 samples). In Ciosny, 2 samples contained eggs, which were classified, according to morphological and biometric features to *Strongyloides* spp. Among 285 eggs detected in 37 samples 20 % of them had potential for further development during incubation, and 16.8 % of all detected eggs had reached full embryonic maturity (egg with moving larvae) - Table 3.

In yard samples, geohelminth eggs were detected and the prevalence of positive samples fluctuated between 20 and 100 %. Totally 180 eggs were obtained and the average density was 6.0 (± 3.75) eggs/20g. In samples from yards among detected eggs the most often were *Toxocara* spp., and there were statistically significant differences in comparison with other examined sites ($p < 0.0001$). From 50 samples, 30 (60 %) contained 133 eggs of *Toxocara* spp. were detected (Table 1). In Ciosny *Toxocara* spp. eggs

Table 2. Genera of detected eggs of geohelminths in the samples of fields, yards and composts

Examined sites	Total no. of detected eggs	No. of eggs (%)			
		<i>Ascaris</i>	<i>Trichuris</i>	<i>Toxocara</i>	Other
Fields	285	250(87.7)	10(3.5)	22(7.7)	3(1.1)
Ciosny	50	32(64)	8(16)	7(17)	3(6)
Grabina	30	28(93)	0 (0.0)	2(6.7)	0(0.0)
Janow	16	16(100)	0(0.0)	0(0.0)	0(0.0)
Kolumna	164	151(92.1)	0(0.0)	13(7.9)	0(0.0)
Zapole	25	23(92)	2(8.0)	0(0.0)	0(0.0)
Yards	180	9(5.0)	5(2.8)	133(73.9)	33(18.3)
Ciosny	96	5(5.2)	0(0.0)	60(62.5)	31(32.2)
Grabina	6	1(16.7)	0(0.0)	3(50)	2(33.3)
Janow	38	0(0.0)	0(0.0)	38(100)	0(0.0)
Kolumna	8	1(12.5)	0(0.0)	7(87.5)	0(0.0)
Zapole	32	2(6.3)	5(15.6)	25(78.1)	0(0.0)
Kitchen gardens	4	0(0.0)	0(0.0)	4(100)	0(0.0)
Ciosny	0	0(0.0)	0(0.0)	0(0.0)	0(0.0)
Grabina	0	0(0.0)	0(0.0)	0(0.0)	0(0.0)
Kolumna	4	0(0.0)	0(0.0)	4(100)	0(0.0)
Janow	0	0(0.0)	0(0.0)	0(0.0)	0(0.0)
Zapole	0	0(0.0)	0(0.0)	0(0.0)	0(0.0)
Composts	352	50(14.2)	7(2.0)	1(0.3)	294(83.5)
Behcice	284	1(0.4)	0(0.0)	0(0.0)	283(99.6)
Borkowice	18	6(33.3)	0(0.0)	1(5.6)	11(61.1)
Ciosny	48	41(85.4)	7(14.6)	0(0.0)	0(0.0)
Zapole	2	2(100)	0(0.0)	0(0.0)	0(0.0)

were detected in 100 % of examined samples (total 60 eggs). In Ciosny and Grabina 33 eggs were isolated, which were classified as *Ancylostoma caninum*. These results indicate diverse soil contamination of yards with geohelminth eggs. The ability for further development was discovered in 30 % of eggs, and 25.7 % of them acquired invasiveness during the incubation period (Table 3).

Table 3. Viability of detected eggs of geohelminths

Examined sites	Total no. of eggs	Viable eggs (%)	Eggs with moving larva (%)
Fields	285	57 (20)	48 (16.8)
Kitchen gardens	4	0 (0.0)	0 (0.0)
Composts	352	18 (5.1)	16 (4.5)
Yards	180	54 (30)	46 (25.6)

The number of helminth eggs in samples from organic composts is shown in Table 1. Positive were 21 compost samples (53 %) from among 40 which were taken from four villages. The average density of eggs was 44/100 g of compost. All (100 %) samples were positive and density of eggs was highest (142/100 g) in composts with pig manure in Bechcice village. In contrast in Zapole village in composts with hen manure positive samples were only in 10 % of cases and only 2 eggs of *Ascaris* spp. were isolated - Table 2. Among 352 eggs as many as 294 had biometric and morphological features of *Strongyloides ransomi* eggs. It should be emphasized that all detected eggs of *S. ransomi* contained non-viable larva. In microscope slides we also detected non-viable hatched larvae of this helminth. Eggs and infective larvae of this nematode are very sensitive to low temperature and low humidity. They are killed between 5 and 18 hours by temperature below 5 °C (Lucker, 1934; Tarczynski, 1956). The other isolated eggs were classified as *Ascaris* (in total 50 in 12 samples) and only in single samples as *Trichuris* spp. and *Toxocara* spp. - Table 2. It should be emphasized that only 18 (5.1 %) *Ascaris* spp. eggs detected in composts showed viability and 16 (4.5 %) of them achieved complete embryonic development (egg with moving larvae) - Table 3.

Statistically significant differences ($p < 0.0001$) were noted in viability of eggs detected in samples from fields, yards and composts. The highest prevalence of eggs with moving larva was noted in country yards (25.6 %), which differ statistically significantly from analogous value for fields ($p < 0.05$) and composts ($p < 0.0001$) - Table 3.

Discussion

The contamination of soil with geohelminth eggs is a worldwide problem of public health (Nilanthi *et al.*, 2003). For many years studies concerning this problem have been conducted. Geohelminths have life cycle closely related to

the environment; invasive eggs are refractory to external factors so elimination of them is little effective. Parasitologists who perform helminthological examinations of soil samples receive varying results which is connected not only with the type of the material, but also with used methods. It should be emphasized that the techniques of eggs isolation from soil are not standardized (Oge & Oge, 2000; Xavier *et al.*, 2010). Our study concerning the assessment of contamination of soil with helminth developmental stages show that the degree of contaminations in selected rural areas of Lodz district (fields, yards and composts) is significant and consistent with other regions of Poland, which constitutes a serious epidemiological problem. The obtained data are the first attempt at estimation of potential threat to the health of population of Lodz district. In presented study helminth eggs were found in 60 – 100 % of field samples, in 20 – 100 % of yards samples and in 10 – 100 % of composts. It should be noted that it is not possible to differentiate between eggs of the most common geohelminths, e.g. *A. lumbricoides* and *A. suum*, *Toxocara cati* and *T. canis* by means of morphology, as their eggs are rather identical. Accordingly, we did not provide information on the species of the geohelminth eggs found in the examined soil. Correct identification of geohelminth eggs of these species is possible only by using methods of molecular biology (Uga *et al.*, 2000; Borecka, 2004; Borecka & Gawor, 2008).

The results of presented study indicate that the use of animal manure is a source of contamination of agricultural soil by helminth eggs. In our study, the average density of eggs from field samples was 28/100 g. Most often *Ascaris* eggs were isolated; among 285 of detected eggs, as many as 250 were classified to this species. Among geohelminths, *Ascaris* eggs are the most refractory to unfavourable conditions during composting process. Since the *Ascaris* eggs shell consists of three basic layers - lipoidal inner layer, chitinous middle layer, and outer layer of protein (Wharton, 1980; Rojas-Valencia *et al.*, 2004), the thick shell (3 – 4 µm) can protect the eggs from a variety of chemical agents such as strong acids, strong bases oxidants, and synthetic detergents (Barrett, 1976; Orta de Velasquez *et al.*, 2004). Unlike *Ascaris* eggs, *Trichuris* and *Toxocara* eggs exhibited a high level of resistance to high and low temperatures drying and disinfectants. The infective larvae remain protected within the highly resistant eggshell and as such can remain viable for many years in the environment. However, *Strongyloides* eggs have thin-walled eggshell and are highly sensitive to low temperature (below 5 °C), chemicals and drying (Lucker, 1934; Tarczynski, 1956).

Vegetables or fruit contaminated with *Ascaris* and *Toxocara* eggs represent important factors of transmission for rural and urban inhabitants (Vazquez Tsuji *et al.*, 1997). In studies conducted by Ulukanligil *et al.* (2001) in Sanliurfa (Turkey) *A. lumbricoides* eggs were detected in 11.0 % of unwashed vegetables tested. Choi and Lee (1972) found *Ascaris* eggs in 49.0 % of 147 lettuce samples that were collected from markets in Taegu (Korea). Data from a

recent study carried out in Ankara (Turkey) showed the presence of *Toxocara* eggs on 1.5 % and *Ascaris* eggs on 1.0 % of unwashed vegetables (Kozan *et al.*, 2005). The liquid manure and other natural fertilizer used are implicated as a major route of direct contamination of fruit and vegetables with eggs of helminths (Stott *et al.*, 1999). Moreover, kitchen gardens represent potential risk of toxocarosis as the consumption of raw vegetables from such localities is considered to be the cause of chronic low-dose infections (Magnaval *et al.*, 2001). Our examinations of soil samples from kitchen gardens proved that fence them in effectively prevent soil contamination by intestinal parasite eggs of domestic animal. From 50 examined samples only two were positive and 4 eggs of *Toxocara* spp. were detected.

Major risk in agriculture is especially where untreated wastewater and excreta are used and sanitation standards are low (Capizzi-Banas *et al.*, 2004; Kone *et al.*, 2007). Hence, guidelines or standards on the hygienic quality of the biosolids or faecal sludge intended for agriculture use must be required. Many countries have enacted guidelines for the use and disposal of biosolids by adopting those of the United States Environmental Protection Agency (USEPA, 1993) which stipulate <1 viable helminth egg/4 g total solids (TS). According to the WHO guidelines 2006 for the safe manure, helminth eggs should be reduced to ≤1 viable nematode egg/liter of treated wastewater or to ≤1 viable nematode egg/g (TS) in compost used for vegetable fertilization (WHO, 2006). In Poland the condition for the use of organic fertilizers applied in growing vegetables and fruit for consumption by people is total absence of live helminth eggs from *Ascaris*, *Trichuris* and *Toxocara* (Ziomko, 2006). In samples taken from composts in Lodz district villages (Bechciec, Borkowice, Ciosny, Zapole) helminth eggs were detected and their density (average 44 eggs/100g), as well as species, depend on the type of manure used. In all villages composting was prepared in natural conditions – in outdoor piles over at least 3 months. In our study, samples of composts contained in total 50 eggs of *Ascaris* spp., 7 eggs of *Trichuris* spp. and 1 egg of *Toxocara* spp. and their viability was 5.1 %. The composts from Ciosny and Borkowice had viable *Ascaris* eggs, which did not meet the standards required for its use in growing vegetables and fruits. Also other investigators of composts produced on the basis of pig manure detected alive eggs of *Ascaris* spp. (15 %) and *Trichuris* spp. (8 %) (Ziomko, 2006). Moreover, in sewage deposits, *Ascaris* spp., *Toxocara* spp. and *Trichuris* spp. viable eggs were found (Stott *et al.*, 1999; Kone *et al.*, 2007). It should be marked that incorrectly hygienized sewage deposits and composts (pasteurization, liming) play significant role in epidemiological chain invasions by geohelminthes in people and animals. Numerous cases of invasions caused by *Ascaris suum* and *Trichuris suis* in people were noted in spite of the fact that man is only an accidental host for them (Inatomi *et al.*, 1999; Kakahara *et al.*, 2004; Nejsun *et al.*, 2005).

In our study, in compost samples from Bechciec and Bork-

owice dead eggs and larvae of *Strongyloides ransomi* were detected. Up till now no case of contamination of man by *S. ransomi* has been noted which suggests that the presence of these eggs in external environment can be epidemiological threat only for animals. Studies of developmental cycle of *S. ransomi* (Lucker, 1934; Tarczynski, 1956) showed that eggs together with the pig faeces get into environment where hatch. In temperature 20 – 24 °C larva L2 hatch from egg after 4 – 18 hours, and after 76 hours transform to larva infective L3. This maturation to infectivity is temperature dependent. The eggs and larvae of *S. ransomi* are destroyed between 5 and 18 hours by temperature below 5 °C. It should be added that pig manure the main component of examined organic compost was gained from piggery in late autumn (November/December 2008). There was often critical temperature for *S. ransomi* eggs and larvae in piggeries. Moreover pig manure that was gradually removed from piggeries, was stored in piles outside where temperature at night was around 0 °C. Therefore the conditions prevail in the piggeries as well during collecting of pig manure for compost could kill eggs or inhibit hatching of larvae and their development.

The soil contamination of public sites in urban and also rural areas by parasite eggs from pet or wild animals (Özkayhan, 2006; Rinaldi *et al.*, 2006) can cause public-health problems all over the world. Alarming is the high percentage of positive samples in soil and sand from European playgrounds and parks. 50 % of positive samples were found in parks and sand pits in Utrecht (Holand) (Jansen *et al.*, 1993), 62.6 % of playground samples in Kirikkale (Turkey) (Özkayhan, 2006), 45 % in parks in Prague (Czech Republic) (Dubná *et al.*, 2008), 23 – 49 % in recreation area and city backyards in three Polish cities (Poznan, Katowice, Cracow) (Mizgajska & Luty, 1998; Mizgajska, 2000; Grygierczyk *et al.*, 2003), 39 % and 50 % in holiday resort places in France (Ferré & Dorchies, 2000; Beugnet & Gadat, 1993), 87% in the sand in children's playgrounds in Frankfurt (Duwel, 1984). A lower contamination (1 – 8 %) was seen in the playgrounds and parks in Sapporo City (Japan), Melbourne (Australia) and Urmia City (Iran) (Carden *et al.* 2003; Matsuo & Najashio, 2005; Tavassoli *et al.*, 2008), in public gardens in Resistencia city (Argentina), in public yards in Bangkok (Thailand) (Alonso *et al.*, 2001; Wiwanitkit & Waenlor, 2004). Seroprevalence rates reported in humans in different countries reflect the contamination of soil with *Toxocara* spp. eggs in urban and rural environments. Its prevalence in people ranges between 1 – 4 % of adult population in Western Europe and 60 % of children in developing countries (Obwaller *et al.*, 1998). The exposure to *Toxocara* eggs seems to be higher in rural than in urban environment. The examination of central Poland areas revealed slightly higher prevalence of ground contamination with *Toxocara* eggs in rural (27.5 %) than in urban areas (21.1 %) (Gawor *et al.*, 2008). Similarly in other countries, for example in Turkey, infection in rural areas was more prevalent (16.9 %) than in towns (1.4 %) (Dogan *et al.*, 2006). Fillaux *et al.* (2007) mentioned three exposure parameters interacting

with transmission of human toxocarosis, namely rural residence (common dog ownership and poor personal hygiene), socioeconomic status (poor sanitation level in disadvantaged areas) and favourable climatic conditions for embryonation and survival of *Toxocara* eggs (humid and warm climate). All quoted factors are involved in the epidemiology of human toxocarosis in Poland. Non-systematic deworming of dogs and cats, lack of birth control of feral or semi domestic animals may contribute to the high level of ground contamination in rural environment. In our investigations of yard samples a high percentage of soil contamination by eggs, mainly *Toxocara* spp. was observed; in 60 % of positive samples 180 parasite eggs were detected, so the average density was 18 eggs/100g of soil. These results are comparable with data obtained by Mizgajska-Wikor and Jarosz (2007) for farm yards in Wielkopolska, where the average density was 16.7 eggs/100 g of soil. High prevalence of *Toxocara* spp. eggs in villages was observed by Gundlach *et al.* (1996), Mizgajska and Luty (1998), Mizgajska (2000), Gawor and Borecka (2004). It should be emphasized that in our study 30 % of isolated eggs of *Toxocara* spp., viable for development and invasiveness (eggs with moving larvae) were noted, so it confirms the fact that yards are the main reservoir of *Toxocara* spp. eggs in rural environment. The samples were collected during spring-time, when according to many researchers the detection of geohelminth eggs is higher than in other periods of the year (Mizgajska, 2000). It is connected with high temperature and UV radiation during summer time and in case of *Toxocara* spp. also with reproductive period of hosts. From epidemiological point of view important is accumulation of geohelminth eggs on soil surface, and not their penetration into deeper layers. Observations which were conducted in natural conditions revealed that after one year eggs were found in superficial layer (0 – 3 cm), and cohesion of soil had no influence on their translocation (Mizgajska, 1997). In the spreading of parasite eggs take part earthworms, soil nematodes and snails which transport them from deeper layers to the surface. Szelagiwicz-Czosnek (1982) established that *Ascaris suum* when passing through earthworm alimentary tract are not damaged. Other investigations confirmed that geohelminth eggs are not inactivated in alimentary tract of *Lumbricus terrestris*, snails from *Radix* spp., or soil nematodes (Lysek, 1966; Mizgajska, 1993). The presence of eggs in external environment is a risk to the health of man. So far no practical method of elimination of geohelminth eggs from soil had been found (Mun *et al.*, 2009). The only method to reduce this risk is profilaxis consisting in veterinary monitoring of domestic animals population, deworming of dogs and cats and implementation of educational programs promoting hygiene in people. Epidemiological data show however that the effects of such measures are still unsatisfactory. Agricultural use of human and animal faeces is correlated with soil-transmitted helminthosis (Naish *et al.*, 2004; Trang *et al.*, 2007; Yajima *et al.*, 2009). The consumption of vegetables that are commonly fertilized with organic compost in the com-

munity may lead to high infections rates with *A. lumbricoides* and *T. trichiura*. It should be remembered that geohelminth invasions belong to the disease of so the called “dirty hands”, so observation of basic hygiene rules is of utmost importance in preventing invasions of these parasites in people. Also good sanitary condition of the soil is an effective and practical method against the spread of intestinal parasites among people. Parasitological estimation carried in selected rural areas of Lodz district indicates a considerable infestation of soil with geohelminth eggs which is a potential source of antropozoonosis.

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