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Original article

Antimicrobial susceptibility of *Streptococcus pneumoniae* isolates causing LRTI in Najaf, Iraq

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ABSTRACT

During the period from February 2013 to April 2014, 74 (12.3%) isolates of Streptococcus pneumoniae were isolated from 600 patients (359 males and 241 females) with clinical symptoms of Lower respiratory tract infections (LRTI) (pneumonia and COPD) obtained from Najaf/Iraq Hospitals. Patients in the age groups 51-60 years had a high percentage of S. pneumoniae isolates (19.7%) compared with other age groups with a significant variation (P<0.05) between them. Males (54%) showed a higher percentage of *S. pneumoniae* isolates than females (45.9%) with no significant variation (P>0.05). Smokers have been shown to have increased risk to LRTI than non-smokers (P>0.05), and there was no significant variation between Urban and Rural (56.8:43.2%) patients. S. pneumoniae showed different susceptibilities towards antibiotics used in this study. The highest rate of resistance was against erythromycin (100%), azithromycin (83.8%), clindamycin (83.8%) and trimethoprim/sulfamethaxzol (81.1%) and moderate resistance to ceftriaxone (67.6%), cefotaxime (64.9%), chloramphenicol (64.9%), tetracycline (59.5%) and benzylpenicillin (45.9%) whereas there was a relatively lower resistance towards others. The results of this study showed that S. pneumoniae isolates were found to be remarkable sensitive to Vancomycin (100%) and Imipenem (100%). In this study, sixteen antibiotics were tested for (MIC) against 37 S. pneumoniae isolates by using Vitek-2 antibiotic susceptibility testing (AST) cards (41497) AST-GP74. 100% and 83.8% of S. pneumoniae isolates were resistant to erythromycin and SXT with MIC ≥1 mg/ml and 4/76 mg/ml of these antibiotic respectively, and moderately resistant to cefotaxime 64.9%, ceftriaxone 64.9% and chloramphenicol 64.9% with MIC 4 mg/ml for CTX and CRO each one, and MIC 8 mg/ml for C only. All isolates showed 100% sensitivity for each of Vancomycin and Erythromycin with MIC mg/ml and ≤1 mg/ml and ≤2 mg/ml, respectively. S. pneumoniae isolates showed a high rate of sensitivity to Ertapenem 97.3% with MIC ≤1 mg/ml, Telithromycin 89.2% with MIC \leq 1, Meropenem 86.5% with MIC \leq 0.25 mg/ml.

KEY WORDS: Streptococcus pneumoniae, antibiotic resistance, lower respiratory tract infections (LRTI), Minimum Inhibitory Concentration (MIC), COPD

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1. Introduction

S. pneumoniae is the major cause of community-acquired pneumonia in adults and serious respiratory infections in children in the United States. An estimated three to five million deaths occur annually in children under 5 years of age due to acute respiratory infections, for which *S. pneumoniae* is the most important pathogen (OBARO, 2000). The incidence of pneumococcal disease and the occurrence of antibiotic resistant isolates have been positively correlated to the levels of carriage (PAUL, 1997). Carriage can be influenced

by age (highest in infants and decreasing with age), immune status, seasonal variation, socio-economic factors, and other demographic features (GRAY ET AL., 1982).

Penicillin is the antimicrobial agent of choice, and macrolides are the second most common alternative. Within the last two decades, the emergence of strains of *S. pneumoniae* that are resistant to penicillin, macrolides, and other antimicrobial agents has become a serious health care problem (JORGENSEN ET AL., 2004). The present study was designed to isolate and identify *S. pneumoniae* from LRTI patients, by using conventional and Vitek-2

techniques and studying the antibiotic susceptibility of *S. pneumoniae* to different antibiotics by disk diffusion methods DDM and MICs.

2. Material and methods

Patients and clinical specimens. A total of 600 sputum samples were collected from out- and inpatients who were suffering from lower respiratory tract infections (LRTI) (pneumonia, COPD) attending at the Chest Unit in Al-Sadder Medical City, Al-Hakeem General Hospital and Clinic Consultive Center for Chest Disease and Al-Zahra'a Hospital for Childbirth and Children in Al-Najaf province during the period from February 2013-April 2014. The patients included both sexes and were in the age range 1-80 years.

Bacterial isolates and culture conditions. Quantitative sputum cultures were made for each specimen according to sputum gram stain for pneumonia infections. Sputum specimens were homogenized with an equal volume of normal saline on a vortex mixer. Blood agar and Chocolate agar were inoculated with 0.1 ml of homogenized specimen and spread on the plates with a sterile loop. Plates were incubated in 5-10% CO₂ candle jar at 37°C for overnight (WILSON & MARTIN, 1972). The plates were examined thereafter for bacterial growth and positive plates (α -haemolysis). A single pure isolated colony was transferred to trypticase soy agar for preservation and was to submitted to morphological evaluation by Gram staining and other biochemical tests were carried to confirm the identification of isolates of S. pneumoniae.

Identification of Bacteria. The identification of *S. pneumoniae* was achieved according to cellular morphology, culture characters and biochemical reactions as in MACFADDIN (2000).

Optochin Test. A half plate of 5% sheep blood agar was streaked with an inoculum from a pure isolate of the organism to be tested, then an optochin disc was placed in the center of the inoculum and was incubated for 24-48 hours at 37°C in a candle jar, then an observation of a zone of growth inhibition greater than 14 mm surrounding the disc was considered as positive. This test was used to differentiate *S. pneumoniae* (sensitive) from viridans streptococci (resistance) (COLLEE ET AL., 1996).

Bile Solubility Test. There are two methods for this test, tube method and plate method (MACFADDIN, 2000).

Inulin Fermentation Method. The isolates were inoculated into tubes of phenol red inulin broth

and incubated at 37°C for 24hrs. The tubes were then examined for the presence of a yellow color indicative of acid formation from the fermentation of inulin and red indicates no inulin fermentation tube (MACFADDIN, 2000).

Identification of Bacteria by STREPTO-SYSTEM 9R Kit. STREPTO-SYSTEM 9R for *S. pneumoniae* identification was used according to the recommendation of the company (Liofilchem, England).

Vitek-2 for Identification. A GP identification card was used for the identification of pneumococci (GUIDO & PASCALE, 2005).

Antibiotic Susceptibility Testing.

Disk Diffusion Method. This test was performed according to the instructions of the Clinical Laboratory Standards Institute (CLSI, 2014) by using a pure culture of the previously identified bacterial organism. A suspension of 5 isolated colonies was grown on blood agar plates of 5 ml of tryptic soy broth. This culture was then incubated for 2 hrs to produce a bacterial suspension of moderate turbidity and was compared with the turbidity of a ready-made 0.5 McFarland standard tube. A sterile swab was used to obtain an inoculum from the standardized culture, this inoculum was then swabbed on a Muller-Hinton agar plate supplemented with 5% horse blood and the antibiotic discs were placed on the surface of this medium and incubated at 37°C for 24 hrs. Antibiotic inhibition zones were measured and zone size was compared with standard zones from the CLSI (2014), to determine the susceptibility of the organism to each antibiotic.

Vitek-2 for Antimicrobial Susceptibility. An antimicrobial susceptibility test was also carried out using the Vitek-2 system (bioMérieux, France), by utilising AST-P79 Gram positive susceptibility cards. The antibiotics tested included cephalosporine (cefotaxime, ceftriaxone), benzylpenicillin, aminopenicillin (amoxicillin), tetracycline, chloramphenicol as well as quinolones (levofloxacin, moxifloxacin), macrolide (erythromycin, telithromycin), linezolid, carbapeneme (ertapenem, meropenem), ofloxacin, sulfonamides (trimethoprim/sulfamethaxol) and glycopeptides (vancomycin).

3. Results and discussion

3.1. Prevalence of *S. pneumoniae* according to risk factors

In this study, the prevalence of *S. pneumoniae* isolates based on patient in different age groups

are shown in Fig. 1. The highest prevalence appeared in the 51-60 years age group at 19.7%, followed by others at age groups over 60 years, 31-40 years and 1-10 years at 14%, 11% and 10.8%, respectively. A low isolation frequency was recorded in 11-20 years and 21-30 years with 5.1% and 3.8% respectively, i.e. the youth period. There was no significant difference (P>0.05) according to sex, between pneumococcus isolates and sex. However, more S. pneumoniae were isolated from males (54.1%) than females (45.9%) (Fig. 2). There was no significant difference (P>0.05) between place of residence and pneumococcal infection (Fig. 3). This could be attributed to the fact that smoking is more common in males and Fig. 4 shows the incidence of pneumonia in patients who are smokers have the same percent (54.1%) as males with a pneumococcal infection. Smoking has been shown to substantially increase the risk of invasive pneumococcal disease.

These results are in agreement with AL-TAAIE (2013), who reported that pneumococci showed a total incidence in those aged over 49 years, despite the differences in percent of isolates. PEJCIC ET AL., (2011) observed pneumococcal pneumonia is much more frequent in elderly people than in younger and middle-aged populations. GUPTA ET AL., (2012) reported that pneumococcus is the single most common organism identified in hospitalized elderly patients with CAP. Worldwide the pneumococcus is responsible for more than 14.5 million episodes

of IPD annually and up to 11% of all deaths in children (O'BRIEN ET AL., 2009). Notably, in individuals over the age of 65 the case-fatality rate for IPD can be as high as 30% (MARUYAMA ET AL., 2010). Thus pneumococcal infections are a major medical problem for both children and the elderly.

The high incidence of the pneumococcal isolate in the 51-60 age group may be due to impairement of the immune system, and most elderly people are infected with chronic diseases. In the age group 31-40, females (8) had a higher number of case than males (2), most females during this age group may be taking many drugs and hormones for pregnancy difficulties, so that they may be exposed to infection due to a decrease in their immunity. The low immunity and higher exposure to contaminated materials may have a role in increased infection rates with pneumonia in the 1-10 age group.

Pneumonia remains the leading cause of mortality from infectious disease worldwide. In 2008 alone, it killed nearly 1.6 million children <5 years of age (BLACK ET AL., 2010). Over 90% of the estimated 1.8 million annual deaths due to acute respiratory infections in children less than 5 years of age occur in developing countries and are mainly due to bacterial infections (BRYCE ET AL., 2005). Typical bacterial pathogens causing CAP in children less than 5 years of age include *S. pneumoniae*, *Haemophilus influenzae*, and *Mycoplasma pneumoniae* (GENTILE ET AL., 2012).

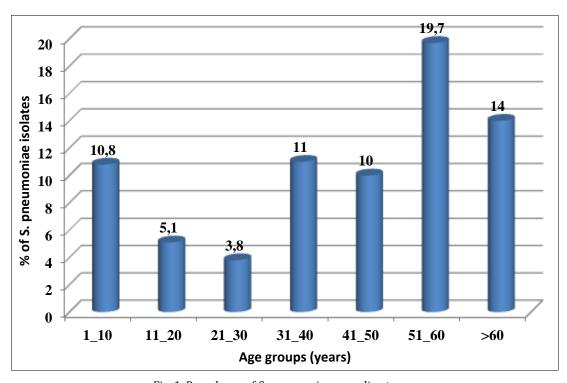


Fig. 1. Prevalence of *S. pneumoniae* according to age

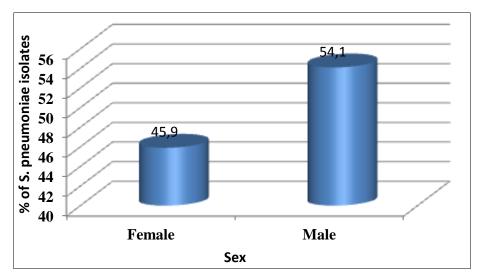


Fig. 2. Prevalence of S. pneumoniae according to sex

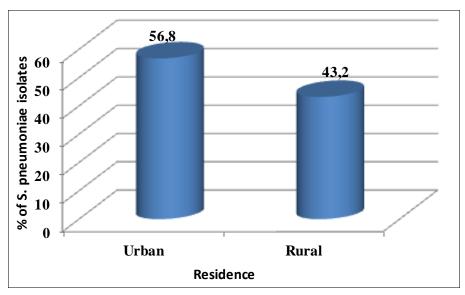


Fig. 3. Prevalence of *S. pneumoniae* according to place of residence

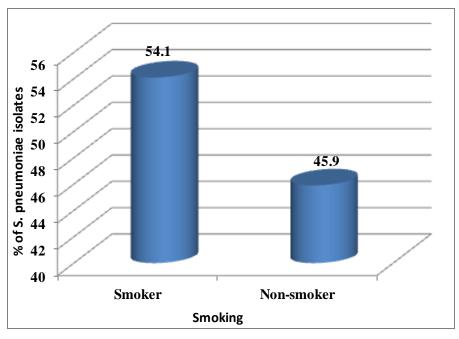


Fig. 4. Prevalence of *S. pneumoniae* in smokers and non-smokers

3.2. Antimicrobial Susceptibility test

Antibiotic sensitivity test. Disk diffusion method (DDT). Fig. 5 and Table 1 show the phenotypic susceptibility of 37 *S. pneumoniae* isolates to 24 commonly used antimicrobial agents by using the Kirby-Bauer disk diffusion method (BAUER ET AL., 1966). The results were interpreted according to the diameter of the inhibition zone and compared with standard zones of inhibition determined by CLSI (2014).

The results of this test showed that *S. pneumoniae* has a great resistance to most commonly antibiotics used in hospitals, *S. pneumoniae* showed different susceptibilities towards antibiotics used in this study (Fig. 5). The highest rate of resistance is seen with erythromycin 37/37 (100%), azithromycin 31/37 (83.8%), clindamycin 31/37 (83.8%) and trimethoprim/sulfamethaxzol 30/37 (81.1%) and moderate resistance to ceftriaxone 25/37 (67.6%), cefotaxime 24/37 (64.9%), chloramphenicol 24/37 (64.9%), tetracycline 22/37 (59.5%) and benzylpenicillin 17/37 (45.9%), whereas relative lower

resistance towards amoxicillin 13/37 (35.1%), levofloxacin 13/37 (35.1%), amoxicillin-clavulanic acid 12/37 (32.4%), cefoxitin 12/37 (32.4%), meropenem 6/37 (16.2%), ciprofloxacin 6/37 (16.2%), telithromycin 5/37 (13.5%), gentamicin 4/37 (10.8%), clarithromycin 4/37 (10.8%), cefepime 3/37 (8.1%), oxacillin 3/37 (8.1%), rifampicin 3/37 (8.1%) and ertapenem 1/37 (2.7%). Development of antibiotic resistance is often related to the overuse, and misuse, of the antibiotics prescribed. Resistance of S. pneumoniae continues to be an important clinical therapeutic problem, such that there is an increasing multidrug resistance in this bacteria. The results of this study show that S. pneumoniae isolates were found to be remarkably sensitive to Vancomycin (100%) and Imipenem (100%).

The resistance rate of *S. pneumoniae* varies with the locality (region) studied, and is influenced by the frequency and intensity of utilization, and empirical use of the antimicrobial drugs (GOSSENS, 2009).

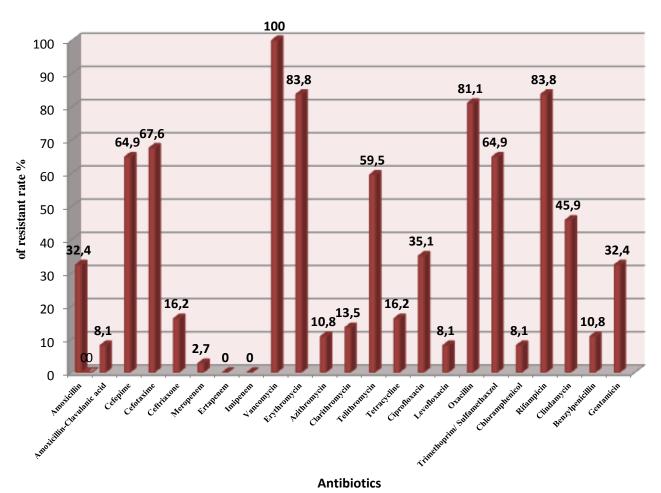


Fig. 5. Resistance rate of S. pneumoniae isolates to 23 antibiotics

Table 1. Antibiogram of 37 S. pneumoniae isolates

Antibiotics	Symbol	S		J		R		
		No.	(%)	No.	(%)	No.	(%)	
Amoxicillin	Ax	24	64.9	0	0	13	35.1	
Amoxicillin-Clavulanic acid	AMC	21	56.8	4	10.8	12	32.4	
Cefepime	FEP	32	86.5	2	5.4	3	8.1	
Cefotaxime	CTX	13	35.1	0	0	24	64.9	
Ceftriaxone	CRO	12	32.4	0	0	25	67.6	
Meropenem	MEM	31	83.8	0	0	6	16.2	
Ertapenem	ETP	36	97.3	0	0	1	2.7	
Imipenem	IPM	37	100	0	0	0	0	
Vancomycin	VA	37	100	0	0	0	0	
Erythromycin	Е	0	0	0	0	37	100	
Azithromycin	AZM	6	16.2	0	0	31	83.8	
Clarithromycin	CLR	27	73	6	16.2	4	10.8	
Telithromycin	TEL	32	86.5	0	0	5	13.5	
Tetracycline	TE	14	37.8	1	2.7	22	59.5	
Ciprofloxacin	CIP	27	73	4	10.8	6	16.2	
Levofloxacin	LEV	22	59.5	2	5.4	13	35.1	
Oxacillin	OX	31	83.8	3	8.1	3	8.1	
Trimethoprim/Sulfamethaxzol	SXT	7	18.9	0	0	30	81.1	
Chloramphenicol	С	12	32.4	1	2.7	24	64.9	
Rifampicin	RA	28	75.7	6	16.2	3	8.1	
Clindamycin	DA	6	16.2	0	0	31	83.8	
Benzylpenicillin	P	7	18.9	13	35.1	17	45.9	
Gentamicin	CN	29	78.4	4	10.8	4	10.8	
Cefoxitin	FOX	16	43.24	3	8.1	12	32.4	

FLAMM ET AL. (2013) found that S. pneumoniae was evaluated for MDR status against PEN, CRO, erythromycin (ERY), tetracycline (TET), trimethoprim/sulfamethoxazole (TMP/SMX), and levofloxacin (LEV). MDR were defined as nonsusceptible (NS) to at least 2 of the above agents. Ceftaroline and levofloxacin exhibited high rates of susceptibility at 100.0 and 98.9%, respectively. Ceftriaxone, cefuroxime and amoxicillin/clavulanate susceptibilities were 89.2, 71.8 and 83.3%, respectively. There was a high rate of resistance to erythromycin at 42.7%, and resistance to tetracycline, trimethoprim/sulfamethoxazole and clindamycin ranged from 20.3 to 24.6%. The results of this study disagrees with the FLAMM ET AL. (2103) study since, the S. pneumoniae isolates in this study exhibited a low rate of susceptibility to levofloxacin and other antibiotics, while showing 100% resistance to erythromycin.

On the other hand, during 2000-2001, there was a reported rise in resistance rates to fluoroquinolones FQ from invasive *S. pneumoniae* reaching up to 3.5% of isolates (SENER ET AL.,

2007). In Lebanon, *S. pneumoniae* isolates have shown increasing resistance to penicillin, macrolides, and other antimicrobial agents, but to our knowledge, none so far have been reported against FQ (KANJ ET AL., 2007).

RIJAL ET AL. (2010) have pointed out that 2.17% of S. pneumoniae isolates were resistant to erythromycin and chloramphenicol and 2.17% of isolates were intermediately resistant to cefotaxime. This result was in imputable with results of the present study in which 100% of isolates appeared to be resistant to erythromycin an 64.9% for chloramphenichole and cefotaxim.

The new fluoroquinolones are widely used to treat respiratory tract infections, especially in patients with COPD. Although DOMENECH ET AL. (2011) showed a low rate 3.5% of ciprofloxacin resistance in pneumonia isolates; it was lower than rates found in a recent study 16.2%. The high consumption of quinolones could explain the higher resistance rate. The differences observed in the rates of susceptibility to ciprofloxacin 16.2% and to levofloxacin 35.12% are due to

isolates with first-step mutations in the quinolone resistance-determining regions. These isolates (ciprofloxacin susceptible and levofloxacin resistant) may become highly resistant under selective fluoroquinolone pressure and are associated with treatment failure when quinolones are used (FULLER & LOW, 2005). The association trimethoprim/ sulphamethoxazole used this study showed a high rate of resistance, 81% full resistance. Compared with a preceding study with strains in Brazil, where there was an increased number of resistant strains, similar to the situation in other countries (RIEDEL ET AL., 2007) and the combination of trimethoprim/sulphamethoxazole should not be recommended to treat pneumococcal infections, because of the high rate of resistant strains.

LEVIN ET AL. (1996) observed a rate of tetracycline resistance as opposed to that reported in this study (32%). 14% of strains showed intermediate resistance, and 4% of strains showed full resistance. Of these tetracycline-resistant strains, were multiresistant. These results indicate that the empirical use of tetracycline in pneumococcal infections is limited. Weber et al. (2010) observed a rate of chloramphenicol, where 3% of the strains were resistant. All isolates showed full resistance to erythromycin.

The emergence of high-level resistance to antimicrobials is an increasing threat to global health (LEVY & MARSHALL, 2004), and even a small increase antibiotic-refractory bacterial in subpopulations or MIC could herald the emergence of higher-level resistance (BALABAN ET AL., 2004). Therefore, any factor contributing to an increase of antibiotic resistance is critically important. TRAN ET AL. (2011) found that penicillin-triggered lysis could be partially prevented by heat shock pre-treatment and makes clear that in vivo stresses, such as inflammation, respiratory bursts in phagocytes, and temperature upshift, may induce higher ClpL levels and increase resistance to penicillin.

The most notable finding of this study is the level of erythromycin resistance (100%) and the result was in accordance with the findings. Currently, the antibiotic resistance patterns of *S. pneumoniae* isolates vary widely from one country to another within Europe. Studies have shown wide variations of antimicrobial resistance against *S. pneumoniae* in different countries. Chloramphenicol and Erythromycin resistance was observed in only 2.17% of the strains without any relationship to Penicillin resistance. These drugs are the most common regime used in

the hospitals in Iraq, and this is still a good empirical choice for the treatment of pneumoccocal meningitis.

Antibiotic sensitivity test. Minimum Inhibitory Concentration (MIC) Test. To confirm the results obtained by DDT this study used the MIC method for testing the susceptibility of the *S. pneumoniae* towards some tested antibiotics in an attempt to detect the proper method and to give an indication of the situation of the susceptibility of this organism to these antibiotics. The MIC values were based on the break point recommended by CLSI (2014) for estimation of the response. The break point represents the optimum concentration of the drug that can reach the serum and provide a high level of therapy. The micro-organism was considered sensitive if the estimated MIC was less than the break point. In the present study, sixteen antibiotics were tested for MIC against 37 S. pneumoniae isolates by using Vitek-2 Gram positive (GP) antibiotics susceptibility testing (AST) cards (41497) AST-GP74 (Biomer) (Table 2).

The results of the antibiogram test with the automated Vitek-2 compact system revealed that 100% and 83.8% of S. pneumoniae isolates were resistant to erythroycin and SXT with MIC ≥1 mg/ml and 4/76 mg/ml of these antibiotics respectively, and moderately resistance to cefotaxime 64.9%, ceftriaxone 64.9% and chloramphenicol 64.9% with MIC 4 mg/ml for CTX and CRO at else, and MIC 8 mg/ml for C only. All isolates showed a sensitivity of 100% for each of Vancomycin and Linzolid with MIC ≤ 1 mg/ml and ≤ 2 mg/ml, respectively. S. pneumoniae isolates showed a high rate of sensitivity to Ertapenem 97.3% with MIC ≤1 mg/ml, Telithromycin 89.2% with MIC ≤1, and Meropenem 86.5% with MIC ≤0.25 mg/ml.

FLAMM ET AL. (2013) found that ceftriaxone MIC50/90, \leq 0.25/2 μg/mL when tested against *S. pneumoniae* isolates in the USA during 2009-2012. There was a high rate of resistance to levofloxacin which exhibited high rates of susceptibility at 98.9%. Ceftriaxone and amoxicillin/clavulanate susceptibilities were 89.2% and 83.3%, respectively. There was a high rate of resistance to erythromycin at 42.7%, and resistance to tetracycline, trimethoprim/sulfamethoxazole and clindamycin ranged from 20.3 - 24.6%. Only 86.5% of *S. pneumoniae* strains were inhibited at a penicillin MIC of \leq 2 μg/mL (penicillin parenteral non-meningitis susceptible breakpoint) and 57.3% at \leq 0.06 μg/mL.

Table 2. MIC values of *S. pneumoniae* isolates toward antibiotics

Antibiotics	Symbol	Break point S≤ I ≥R	S		I		R	
			No.	(%)	No.	(%)	No.	(%)
Amoxicillin	AMX	2 4 8	24	64.9	0	0	13	35.1
Benzylpenicillin	P	2 4 8	10	27.1	15	40.5	12	32.4
Cefotaxime	CTX	1 2 4	13	35.1	0	0	24	64.9
Ceftriaxone	CRO	1 2 4	13	35.1	0	0	24	64.9
Chloramphenicol	С	4 - 8	13	35.1	0	0	24	64.9
Ertapenem	ETP	1 2 4	36	97.3	0	0	1	2.7
Erythromycin	Е	0.25 0.5 1	0	0	0	0	37	100
Levofloxacin	LEV	2 4 8	20	54.1	4	10.8	13	35.1
Linezolid	LNZ	2	37	100	0	0	0	0
Meropenem	MEM	0.25 0.5 1	32	86.5	0	0	5	13.5
Moxifloxacin	MXF	1 2 4	31	83.8	0	0	6	16.2
Ofloxacin	OFX	2 4 8	31	83.8	0	0	6	16.2
Telithromycin	TEL	1 2 4	33	89.2	0	0	4	10.8
Tetracycline	TE	1 2 4	17	45.9	0	0	20	54.1
Trimethoprim/ Sulfamethaxzol	SXT	0.5/9.5 1/19-2/38 4/76	6	16.2	0	0	31	83.8
Vancomycin	VA	1	37	100	0	0	0	0

RIJAL ET AL. (2010) found that MICs against penicillin, Chloramphenicol, Erythromycin and Cefotaxime were determined. Whereas penicillin MICs were mostly around 0.016mgl⁻¹ and showed 3 (6.5%) were intermediately resistant, no penicillin resistant strains were isolated. Over the 4 years, erythromycin MICs ranged from 0.062 to 8mgl⁻¹ and resistance was recorded in one (2.17%). Chloramphenicol MICs ranged from 1 to 4 mgl⁻¹ and overall one (2.17%) was considered resistant towards Chloramphenicol whereas the MICs of Cefotaxime ranges from 0.008 mgl⁻¹ to 0.25 mgl⁻¹. Overall only one(2.17%) was found to be intermediately resistant to Cefotaxime in this study period.

Forty-six strains (72%) were susceptible to penicillin with a minimum inhibitory concentration (MIC) <0.06µg/mL. Among the resistant strains, 20% showed intermediate resistance (between 0.12 and 1µg/mL) and 8% showed full resistance (>2µg/mL). These results showed that the local and national rates of penicillin resistance are stable compared to the results of other investigators, who reported rates of 26% (ZETTLER ET AL., 2006), and can still be considered a good option to control pneumococcal infection.

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