

PROBLEM-SOLVING ARTICLE

Pathology of Breast Cancer: from Classic Concepts to Molecular Pathology and Pathogenesis

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Summary

Breast cancer has high incidence and still significant mortality. Due to the widespread application and efficacy of surgery in breast cancer treatment, the surgeon has a crucial role in the treatment planning. Taking into account the tendency to personalized cancer care and the heterogeneity of breast cancer, the surgeon has to be aware about the prognostic and predictive characteristics of breast cancer. We discuss here the classic pathology of breast cancer along with molecular subtypes, novel prognostic markers and molecular pathogenesis.

Key words: breast cancer, pathology, molecular pathology, molecular subtypes, immunohistochemistry

INTRODUCTION

Tissue examination is the gold standard in the tumour diagnostics. Depending on the submitted tissue material, pathology can reveal the presence and spread of the tumour as well as characterise the biological potential as benign or malignant. Up-to-dated techniques and integrated approach to tissue evaluation along with other scientific methods can bring higher volumes of information with high clinical relevance. The morphologic data can predict the potential effect of different treatment modalities. The pathogenesis of tumour also is partially reflected in the neoplastic tissues. a

Breast cancer represents one of the best studied malignant tumours. Considering breast cancer, awareness of pathology is practically important in surgeon's work for planning the treatment. Breast cancer research provides also bright evidence of the possibilities of tissue and integrated investigations in oncology. The level of knowledge in this field could facilitate the development of medical science regarding other malignancies.

The aim of the article is to highlight the classic and modern concepts of breast cancer pathology having clinical implications and / or prognostic value.

DISCUSSION

Breast cancer in surgical practice

Breast cancer is one of the most common malignant tumours in the European population and the most frequent malignancy in female (Bombonati and Sgroi, 2011). Surgery has an important role in the treatment of the primary tumour. In selected cases, patients with metastatic disease also can benefit from surgical

treatment (Guarneri and Conte, 2009). However, as the treatment of breast cancer is complex, including surgery as a crucial but not the only step, wider understanding of breast cancer biology is necessary.

Classic pathology of breast cancer

The classics of breast cancer characteristics are represented in the classification of breast tumours by the World Health Organization (Malhotra *et al.*, 2010). Traditionally, breast cancer is characterised as *in situ* or invasive regarding the integrity of basement membrane in the former case or loss of it in the second case. This concept is major prognostic value (Bombonati and Sgroi, 2011). At present, cancer *in situ* is described as ductal or lobular. The invasive cancers (listed in Table 1) are classified into ductal, lobular, medullary and other, less frequent types (Figure 1). This classic classification retains prognostic importance and must be invariably applied when evaluating malignant breast tissue.

Besides that, several specific morphological breast cancer types can be associated with specific problems in diagnostics and treatment. Lack of cell cohesion in case of lobular cancer can lead to widespread, still clinically and radiologically silent spread of tumour (Figure 2). Both medullary and mucinous cancer can negatively interfere with diagnostics due to softer consistency by palpation as well as clinical and radiological circumscription in case of medullary cancer, and lower sensitivity of fine needle aspiration (FNA). FNA diagnostics is embarrassed by significant inflammatory infiltrate in medullary cancer as well as by low cellularity and usually low grade in mucinous cancer.

Table 1. Histologic types of invasive breast cancer: characteristics and clinical significance

Histologic type	Frequency, %	Characteristic features	Clinical importance
Ductal cancer	40 – 75	Tubule formation, cellular atypia and mitotic activity are grade-dependant Necrosis can be present Amount of stroma is variable	The most frequent type of breast cancer
Lobular cancer	3.2 – 14 Greatly depends of the applied pathologic criteria	Lack of cellular cohesion <ul style="list-style-type: none"> • Frequent truncation mutations in <i>E-Cadherin</i> gene • Lack of E-Cadherin protein expression by immunohistochemistry • Individual growth of tumour cells or arrangement in files 	“Skip lesions” result in higher risk of positive resection margins or unidentified incomplete resection; false impression of multifocality
		Occasional lack of stroma	Difficulties in mammographic detection and / or palpation
		Smaller cells Low mitotic activity Rare necrosis Frequent intracellular mucin More frequently ER+, PR+ Rarely HER2-positive or p53+	More beneficial prognosis if compared with stage-matched ductal carcinomas
Tubular carcinoma	2 – 5	High differentiation: <ul style="list-style-type: none"> • Tubular architecture (at least 90%) • Lack of myoepithelial cells • Little pleomorphism • Low mitotic rate • More frequently ER+, PR+. Rarely HER2-positive or p53+ 	Favourable prognosis using strict criteria Difficult morphologic differential diagnosis regarding radial scar and sclerosing or microglandular adenosis
Cribiform carcinoma	2 – 4	<ul style="list-style-type: none"> • Cribiform architecture • Lack of myoepithelial cells High differentiation: <ul style="list-style-type: none"> • Little pleomorphism • Low mitotic rate • More frequently ER+, PR+. Rarely HER2-positive or p53+ 	Favourable prognosis if adhering to strict criteria
Mucinous carcinoma	2 – 3.6	<ul style="list-style-type: none"> • Neoplastic cells surrounded by pools of extracellular mucus (100%) • Lack of myoepithelial cells High differentiation: <ul style="list-style-type: none"> • Little pleomorphism • Low mitotic rate • Usually ER+, PR+, HER2-negative and p53-negative 	Favourable or excellent prognosis if adhering to strict criteria
Medullary carcinoma	1 – 5	Syncytial growth (at least 75%) Demarcated outline despite true invasive growth Marked stromal infiltration of lymphocytes and plasmocytes Frequent necrosis Mostly ER-, PR-, HER2-negative: triple-negative molecular type p53-positive	Better prognosis if adhering to strict criteria Association with <i>BRCA1</i> mutation: histology can be key for genetic evaluation

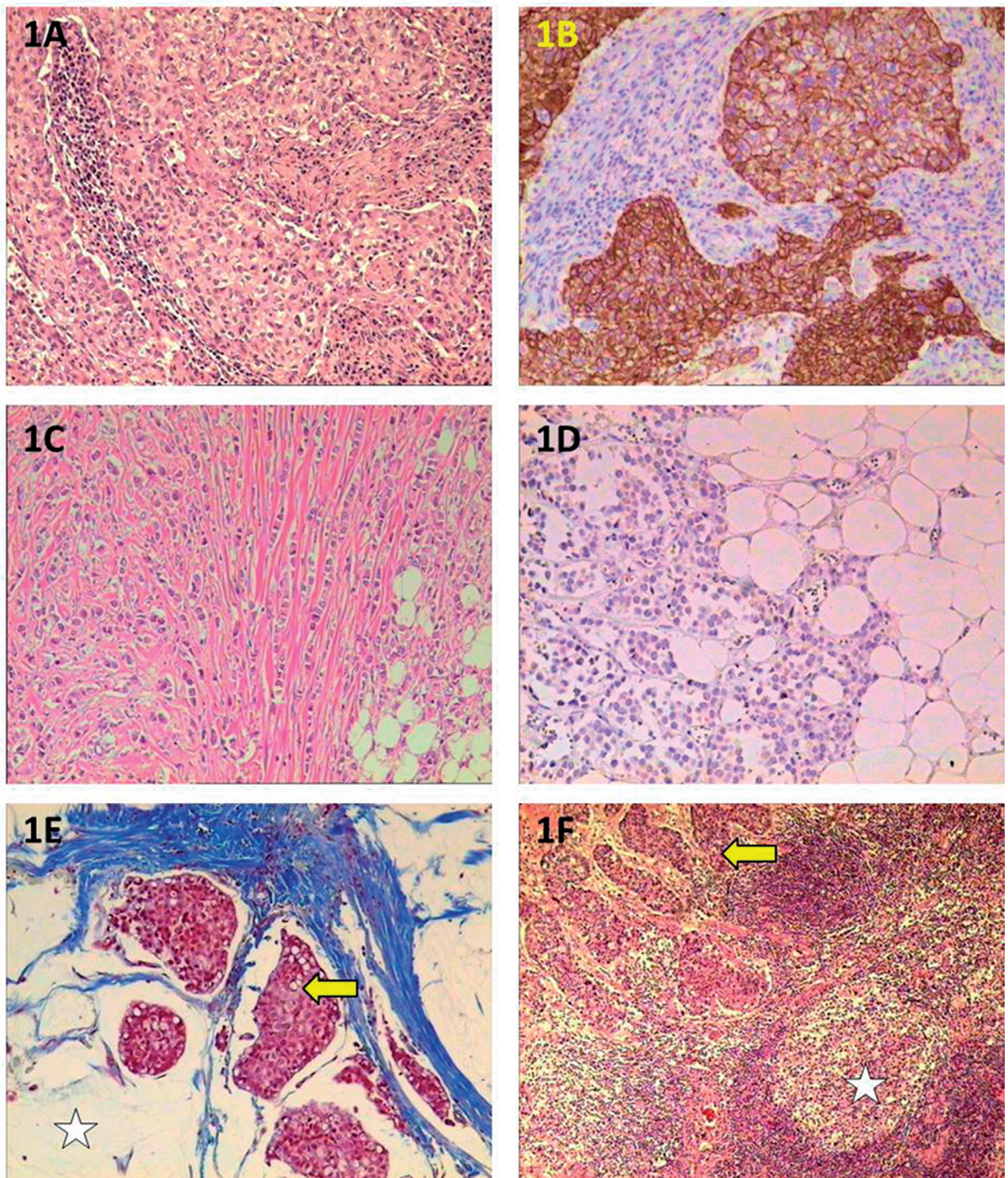


Fig.1. Histological types of breast cancer. A, High-grade ductal cancer. Haematoxylin-eosin (HE), original magnification (OM) 100x. B, Membranous expression of E-Cadherin in ductal cancer confirming the histogenesis even in high-grade case. Immunoperoxidase (IP), anti-E-Cadherin, OM 100x. C, Lobular cancer. HE, OM 100x. D, Lack of E-Cadherin in lobular cancer. IP, anti-E-Cadherin, OM 100x. E, Mucinous cancer. Note the abundance of mucus (star) and lower amount of neoplastic cells (arrow). Masson's trichrome, OM 100x. F, Medullary cancer. Note the presence of lymphoid follicle (star) as well as neoplastic growth (arrow). HE, OM 50x.

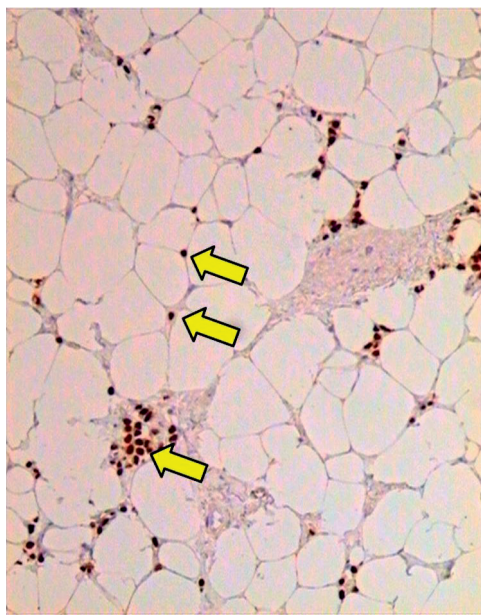


Fig. 2. Marked invasive growth of lobular breast cancer. The tumour cells are highlighted by arrows. IP, anti-estrogen receptor alpha, OM 100x.

Molecular pathology of breast cancer

Breast cancer is a heterogeneous disease including several entities with different clinical behaviour. Even tumours belonging to the same histologic type can have different clinical course. Naturally, the largest group – ductal cancer – shows the highest heterogeneity. Additional information can be obtained from molecular subtyping of breast cancer. This approach is based on expression patterns of so called intrinsic genes (Perou *et al.*, 2000) and results in breast cancer classification into subgroups with different biological properties and response to treatment. The intrinsic genes were defined as genes with higher variation of expression between tumours than within one tumour (Strehl *et al.*, 2011). The genes in breast cancer became up-regulated or down-regulated in larger groups, as will be described further for each molecular subtype. At present, molecular subtyping of breast cancer has become routine practice. The molecular subtypes initially were discovered by gene expression profiling in high throughput microarray technologies (Perou *et al.*, 2000). At present, immunohistochemistry (IHC) is accepted as adequate surrogate marker (Nielsen *et al.*, 2004; Carey *et al.*, 2006) benefitting from higher economic effect and simpler technology despite less robust data in predictive sense (Sorlie, 2004).

The best-known molecular subtypes of breast cancer include luminal or hormone-sensitive, HER2-positive and triple negative tumours (Guarneri and Conte, 2009). The division of luminal subtype into luminal A and luminal B is also well-accepted. The basal or basal-like breast cancer is a matter of active discussions

as it overlaps with triple-negative subtype but is not synonymous with it. The other described molecular subtypes include normal-breast like and molecular apocrine subtype.

The luminal molecular subtype (Figure 3) is characterised by estrogen (ER) and progesterone (PR) receptor positivity (Strehl *et al.*, 2011). Luminal subtype can be classified into luminal A and B subtype. The prognostically worse luminal B subtype can be recognised by co-expression of HER2 in addition to ER and PR in contrast to HER2-negative luminal A subtype, or by higher proliferative activity (Cheang *et al.*, 2009; Nielsen *et al.*, 2010; Strehl *et al.*, 2011). In our opinion, diagnostics of luminal B subtype by higher proliferative fraction (reaching or exceeding 14%, as described by Goldhirsch *et al.*, 2011), is less subjective and thus more reliable.

HER2 positive breast cancer (Figure 3) lacks expression of ER and PR, but is defined by HER2 protein over-expression by immunohistochemistry and/or *HER2/neu* gene amplification by *in situ* hybridisation (Strehl *et al.*, 2011). Breast cancer negative for ER, PR and HER2 protein expression is called triple negative (Figure 3). It partially overlaps with basal-like subtype showing expression of basal cytokeratins that normally are present in the basal cell of mammary ducts. High proliferative activity is typical.

New molecular subtypes have also been described. The claudin-low subtype includes triple negative breast cancers lacking also cytokeratin 5/6 and epidermal growth factor receptor in contrast to basal triple negative subtype (Prat *et al.*, 2010; Strehl *et al.*, 2011). The molecular apocrine breast cancers are characterised by ER negativity and androgen receptor positivity in addition to apocrine morphology with presence of intracellular vacuoles (Farmer *et al.*, 2005). In contrast, the initially described normal-breast like subtype is suggested to be the result of specimen contamination by normal tissues (Parker *et al.*, 2009; Weigelt *et al.*, 2010; Strehl *et al.*, 2011).

Each molecular subtype has different biological properties and clinical course. Luminal breast cancer has generally better prognosis (Sorlie *et al.*, 2001; Strehl *et al.*, 2011). It responds to hormonal treatment but show lower chemosensitivity (Rouzier *et al.*, 2005; Peppercorn *et al.*, 2008; Parker *et al.*, 2009; Strehl *et al.*, 2011). Luminal cancer has tendency to relapse in bone or soft tissues. Both HER2-positive and triple negative breast cancer has higher tendency to early development of metastases in visceral location or central nervous system (Guarneri and Conte, 2009). The molecular type also serves as guide for treatment: luminal type can be targeted by hormone therapy, HER2-positive tumours – by anti-HER2 agents, and triple negative – by chemotherapy. Triple-negative breast cancer cells also are dependant of poly (ADP) ribose polymerase (PARP) to repair single strand breaks in DNA, therefore PARP inhibition can be effective treatment modality (Guarneri and Conte, 2009).

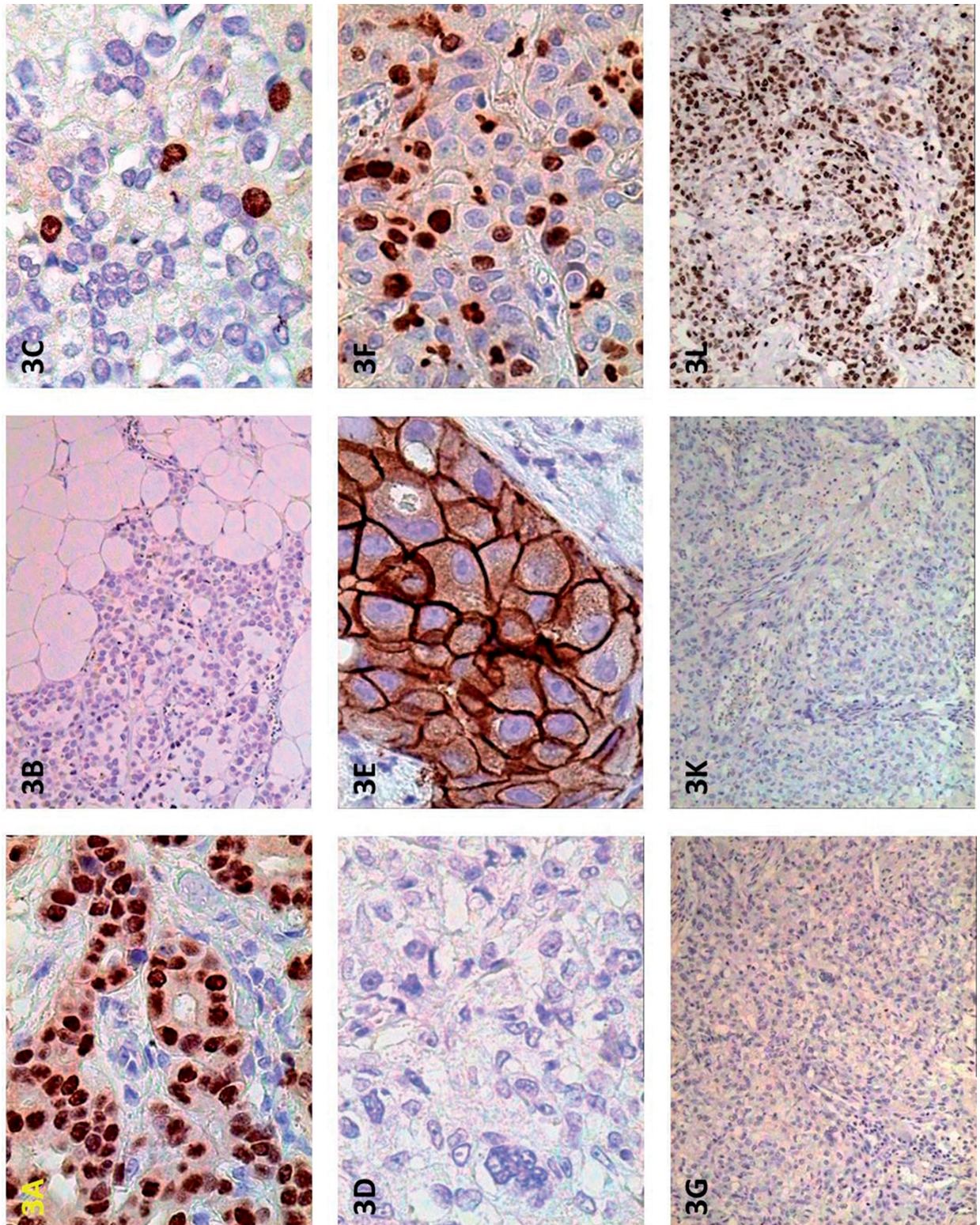


Fig. 3. Molecular subtypes of breast cancer. A-C, Luminal breast cancer. A, Estrogen receptor expression. B, Lack of HER2 protein. C, Low proliferation fraction. D-F, HER2 overexpressing breast cancer: D, lack of estrogen receptors; E, HER2 protein overexpression; F, Moderate proliferative fraction. G-I, triple negative breast cancer: G, lack of hormone receptors; H, lack of HER2 protein; I, high proliferative fraction. Immunoperoxidase, A, D and G, anti-estrogen receptor alpha; B, E and H, HercepTest; C, F and I, anti-Ki-67. OM 100x (B, G-I) and 400x (A, C-F).

The molecular subtype along with other factors as tumour size, lympho-vascular invasion, and age at diagnosis is found to influence the sentinel node positivity (Reyal *et al.*, 2011). The molecular subtype thus interacts with metastatic process and is an evidence of up-to-date investigation of biological potential. It also correlates with the local tumour recurrence (Voduc *et al.*, 2010), response to neoadjuvant systemic treatment (Rouzier *et al.*, 2005), metastatic pattern (Gabos *et al.*, 2006) and survival (Weigelt *et al.*, 2010). In addition, the molecular subtypes are related to different risk factors and differ by geographic distribution (Phipps *et al.*, 2008). Thus, molecular subtyping of breast cancer identifies biologically different neoplastic processes with different clinical course and reaction to treatment.

Other molecular and biologic factors

The hot topics in breast cancer research include the wide and growing field of epigenetic research (Huang *et al.*, 2011), investigation of microenvironment and breast adipocytes (Place *et al.*, 2011; Tan *et al.*, 2011) and studies of additional immunohistochemical factors. The studies of microenvironment concern myoepithelial cells, cancer-associated fibroblasts, matrix remodelling and infiltrating leukocytes as well as microenvironment of metastases in order to characterize prognosis and find new targets for treatment (Place *et al.*, 2011). Novel molecular factors that might play role in breast cancer development, reveal prognosis and potentially become target for treatment, include fascin (Al-Alwan *et al.*, 2011), matrix metalloproteinase-1 (Bostrom *et al.*, 2011), cyclooxygenase-2 (Kang *et al.*, 2011), interleukins (Iliopoulos *et al.*, 2011), p53 (Malhotra *et al.*, 2010), p27 (Wander *et al.*, 2011) and apoptosis-related factors including Bcl-2 (Zaha and Lazar, 2012).

Molecular pathogenesis of breast cancer

Invasive breast cancer is preceded by several stages of *in situ* atypia, progressing to *in situ* cancer. There are at least 2 hypotheses of breast cancer origin: the sporadic clonal evolution model and the cancer stem cell model (Bombonati and Sgroi, 2011). The sporadic clonal evolution model describes the cancer development as accumulation of genetic and epigenetic changes in epithelial cells resulting in proliferation advantage. The stem cell model emphasize that normal breast stem cells accumulate the alterations due to prolonged lifetime of stem cells. The final pathogenetic way could incorporate elements from both models with accumulation of genetic mutations and epigenetic events in stem cells. It is also possible that progenitors of stem cell are the true cancer source; in this case the type of cancer would be dependent on the differentiation of progenitor cell (Nowell, 1976; Reya *et al.*, 2001).

From pathologist's point of view, progression of malignancy to higher grade occasionally is evident. However, the genetic studies point towards association of several chromosomal aberrations with the grade (Roylance *et al.*, 1999; Buerger *et al.*, 1999). Loss of chromosome 16 is frequent in low-grade ductal and in classic lobular cancer, but rare in high-grade cancers.

Other aberrations are described as well. The high-grade cancers are commonly characterised by loss of 13q, gain of chromosomal region 11q13, amplification of 17q12. *In situ* and invasive cancers share the aberrations by grade (Bombonati and Sgroi, 2011). Thus, low-grade and high-grade cancers seem to be more separated entities. It is estimated that 9% of high-grade cancers still develop from low-grade cancers (Allred *et al.*, 2008; Natrajan *et al.*, 2009). The further growth and metastatic spread are largely influenced by the molecular type. The most of molecular changes in the epithelium occur before invasion, but in stroma and microenvironment – during the transition from preinvasive to invasive cancer (Bombonati and Sgroi, 2011).

In conclusion, breast cancer is a heterogeneous group of tumours. In order to plan the treatment, histologic type and molecular subtype should be detected. To plan personalised treatment, knowledge about other, novel prognostic and predictive factors can be necessary.

Conflict of interest: None

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