

ORIGINAL ARTICLE

POLYMORPHISMS OF α 1-ANTITRYPSIN AND INTERLEUKIN-6 GENES AND THE PROGRESSION OF HEPATIC CIRRHOSIS IN PATIENTS WITH A HEPATITIS C VIRUS INFECTIONMotawi T¹, Shaker OG², Hussein RM^{3,*}, Houssem M⁴

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ABSTRACT

Hepatitis C virus (HCV) infection represents a serious health problem. The -174 G/C mutation in the pro inflammatory cytokine interleukin-6 (IL-6) is associated with developing liver diseases. Likewise, the S and Z mutations in the serine protease inhibitor α 1-antitrypsin (A1AT) are associated with pulmonary emphysema and/or liver cirrhosis. We explored the distribution of the single nucleotide polymorphisms (SNPs) of *IL-6* and *A1AT* genes in chronic HCV-infected patients and evaluated their impact on the progression of liver cirrhosis.

One hundred and fifty Egyptian HCV-infected patients together with 100 healthy controls were enrolled in this study. The patient groups were subdivided into chronic hepatitis patients ($n = 85$) and cirrhotic patients ($n = 65$). The SNP of *IL-6* (-174 G/C, rs1800795), *A1AT* Z mutation (342 Glu/Lys, rs28929474) and *A1AT* S mutation (264 Glu/Val, rs17580) were determined using a polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP) method.

Cirrhotic patients exhibited significantly increased frequency of the *A1AT* S allele compared with the controls (34.6 vs. 5.0%), while the chronic hepatitis patients showed a higher frequency of the *A1AT* Z allele compared with

the controls (14.7 vs. 2.5%). Remarkably, *IL-6* (CC genotype) was detected only in the chronic hepatitis patients. Multivariate regression analysis showed that aspartate transaminase (AST) and the S alleles of *A1AT*, represented as SS+MS genotypes, were significantly independent predictors for development of liver cirrhosis. We concluded that inheritance of deficient S and Z alleles of the *A1AT* gene but not *IL-6* (-174 G/C), were associated with progressive liver diseases.

Keywords: α 1 Antitrypsin (*A1AT*); Cirrhosis; Interleukin 6 (*IL-6*); Hepatitis C virus (HCV) infection; Polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP); Polymorphism.

INTRODUCTION

Hepatitis C virus (HCV) infection represents a global health problem, especially in Egypt that showed the highest HCV epidemics worldwide. The national prevalence of HCV infection was recently estimated to be 14.7% [1]. The patients infected with HCV are always at risk of developing progressive liver diseases such as liver cirrhosis and hepatocellular carcinoma [2]. However, it is recognized that some HCV-infected patients do not develop liver cirrhosis during the course of the disease. Such prognostic variation in response to HCV infection suggests that the host genetic factors are involved in the outcome of the disease [3]. Several genetic association studies have implicated different genes such as cytokines to influence the susceptibility or the course of HCV infection [4].

Interleukin-6 (*IL-6*) is a multifactorial cytokine with a central role in the host immune defense. Recently, over 150 single nucleotide polymorphisms (SNPs) have been

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discovered at both 3' and 5' flanking regions of the *IL-6* gene. These polymorphisms are associated with susceptibility to many different diseases such as idiopathic arthritis and some types of cancer [5]. Specifically, the SNP within the *IL-6* promoter region at position -174 (*IL-6*, rs1800795) is associated with liver cirrhosis and hepatocellular carcinoma [6]. This SNP gives rise to two alleles, G and C, which produce two distinct phenotypes as follows: *IL-6* (-174 G/G) and *IL-6* (-174 G/C) genotypes that are called the high producer phenotypes because they are associated with producing higher levels of *IL-6* in the blood. The *IL-6* (-174 C/C) genotype, which is called the low producer phenotype, is associated with producing lower levels of *IL-6* [7,8].

α 1-Antitrypsin (A1AT) is an acute phase protein produced primarily in the hepatocytes. The blood concentration of A1AT increases three to four times in response to inflammation or tissue injury [9]. Interestingly, A1AT deficiency is associated with chronic liver disease and pulmonary emphysema [10]. So far, over 100 variants have been discovered in the *A1AT* gene [11]. The wild type M allele is associated with normal concentrations of A1AT in the serum, while the S allele (Glu264Val, rs17580) and Z allele (Glu342Lys, rs28929474) are associated with low concentrations of A1AT and therefore they are known as deficiency variants [12]. Remarkably, the homozygous ZZ genotype is associated with development of liver diseases however, only a few patients with the ZZ genotype eventually develop liver cirrhosis [13]. Importantly, it is widely accepted that *IL-6* regulates the expression of acute phase proteins such as A1AT in both hepatic and extra hepatic tissues, where the plasma level of A1AT increases three- to four-fold in response to *IL-6* expression [14].

In this study, we aimed to identify the distribution of the SNPs *IL-6* -174 G/C, rs1800795, S (Glu264Val, rs 17580) and Z (Glu342Lys, rs28929474) mutations at the *A1AT* gene in Egyptian patients with chronic HCV infection. In addition, we examined the effect of these polymorphisms on the progression of liver cirrhosis.

MATERIALS AND METHODS

Patients. In this study, 150 patients were recruited from a large group of 250 Egyptian HCV carriers together with 100 sex- and age-matched controls who attended the outpatient clinic at the Kasr El-Aini Hospital, Cairo University, Cairo, Egypt. The patients were divided into two subgroups: group 1 comprised 85 patients with chronic HCV infection and group 2 comprised 65 patients with liver cirrhosis.

Inclusion Criteria. All patients underwent clinical examination and routine liver function tests such as serum alanine transaminase (ALT), aspartate transaminase (AST), bilirubin, albumin, prothrombin time and viral hepatitis markers (anti-HCV antibodies, HBsAg and HBeAg). Patients were diagnosed with liver cirrhosis based on imaging studies in the form of abdominal ultrasound with Doppler as well as upper endoscopy for functional evaluation of decompensated cases. Staging of fibrosis was assessed using the Child Pugh assessment fibrosis score [15,16]. All patients provided written informed consent before participating in the study. The study was approved by the Ethics Committee of Kasr El-Aini, Faculty of Medicine, Cairo University, Cairo, Egypt and the study was carried out in accordance with the Code of Ethics of the World Medical Association (Declaration of Helsinki) for experiments in humans.

Exclusion Criteria. Patients with inflammatory diseases, cardiovascular diseases, thyroid dysfunction, diabetes mellitus (DM), alcohol intake, active schistosomiasis, co-infection with hepatitis B virus (HBV) and previously treated with interferon therapy, were excluded from the study.

Specimen Collection. A blood sample of 10 mL was drawn from each participant after overnight fasting. The blood samples were divided into two aliquots. The first aliquot was centrifuged for separation of serum to determine all routine and serological tests. The second aliquot was collected in a vacutainer containing EDTA as anticoagulant and stored at -80 °C for polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP) analyses.

Routine Biochemical Tests. Serum ALT and serum AST were determined based on the method of Henry *et al.* [17] and Amador *et al.* [18] respectively using kits supplied by Roche Diagnostics GmbH (Penzberg, Germany). Serum albumin was determined using kits also supplied by Roche Diagnostics GmbH. Serum alkaline phosphatase (ALP) was determined based on the method of Breaudiere *et al.* [19] using kits supplied by Bio Diagnostic (Giza, Egypt). Serum bilirubin was detected based on the method of Landis *et al.* [20] using kits supplied by Roche Diagnostics GmbH. Serum α fetoprotein (AFP) was detected according to the enzyme-linked-immunosorbent serologic assay (ELISA) method of Hirai [21] using kits supplied by Affymetrix (Santa Clara, CA, USA).

DNA Purification. DNA was purified using a generation capture column kit (Gentra Systems, Minneapolis, MN, USA) according to the manufacturer's instructions.

DNA was released by DNA elution buffer and heat without precipitation according to method of Glasel [22].

Detection of the Single Nucleotide Polymorphisms of *α 1-Antitrypsin and Interleukin 6 Genes by Polymerase Chain Reaction-Restriction Fragment Length Polymorphism.* The Z mutation (342 Glu/Lys, rs28929474) and S mutation (264 Glu/Val, rs17580) on the *A1AT* gene in addition to the IL-6 (-174 G/C, rs1800795) mutation were identified by multiplex PCR using the thermal cycler (Techne Genius, Cambridge, Cambridgeshire, UK). Twenty pmol of each primer (described below) and 0.5 U of Taq DNA polymerase (Qiagen Ltd., Crawley, West Sussex, UK) were added to 100 ng of DNA in 30 μ L (final volume) of a solution containing 20 mM Tris-HCL (pH 8.4), 50 mM KCL, 1.5 mM MgCl₂, and 200 mM of each dNTP. Temperature cycling conditions were adjusted as follows for all primers used: initial denaturation for 5 min. at 94 °C; 35 cycles of 1 min. at 94 °C, 1 min. at 55 °C, and 2 min. at 72 °C; final extension for 10 min. at 72 °C. The PCR products of IL-6 were digested by 5 U of *Nla*III at 37 °C for 24 hours. The presence of the -174 G/C mutation destroys a *Nla*III restriction site in the respective PCR products. The generated fragments were 119 + 49 bp for the C allele and a single fragment of 168 bp for the G allele. The PCR products of the *A1AT* gene were digested by *Taq*I, where the presence of either S or Z mutation destroys a *Taq*I restriction site in the respective PCR products. Fragments of (157 + 22 bp) and (100 + 21bp) were detected for the wild type M allele, a 179 bp fragment for the Z allele and a 121 bp fragment for the S allele. The analysis was carried out using a 1% agarose gel stained with ethidium bromide (Figure 1).

Primer sequences of the *A1AT* gene: S (forward) 5'-TGA GGG GAAACTACA GCA CCT CG-3'; S (reverse) 5'-AGG TGT GGG CAG CTT CTT GGT CA-3'; Z (forward) 5'-ATA AGG CTG TGC TGA CCA TCG TC-3'; Z (reverse) 5'-TTG GGT GGG ATT CAC CAC TTT TC-3'.

Primer sequences of the *IL-6* gene: IL-6 (forward) 5'-TGA CTT CAG CTT TAC TCT TTG-3'; IL-6 (reverse) 5'-CTG ATT GGA AAC CTT ATT AAG-3'.

Statistical Analyses. The obtained data were analyzed using the Statistical Package for the Social Sciences version 12 software (SPSS Inc., Chicago, IL, USA). Mean \pm standard error (SE) was used to describe continuous variables, while percentages and frequencies were used to describe categorical variables. One way repeated measure analysis of variance (ANOVA) followed by post Hoc test Scheffe's method were used to compare the continuous variables of the groups. The differences in the frequency of *A1AT* and *IL-6* genotypes were analyzed by the χ^2 test. The unpaired *t*-test was used to compare the continuous variables between different *A1AT* and *IL6* genotypes.

Multiple logistic regression analysis was performed to evaluate the independent associations between liver cirrhosis and the polymorphic variants of the studied SNPs at both *A1AT* and *IL-6* genes in addition to the other variables that may affect liver cirrhosis such as serum level of ALT, AST, ALP, total and direct bilirubin, albumin, prothrombin time and AFP. For this analysis, patients were divided as cases with absence of cirrhosis vs. cases with presence of cirrhosis (fibrosis score F0-F3 vs. F4 respectively). Odds ratio (OR), 95% confidence interval (95% CI) and *p* values were calculated with the SPSS Inc. software. A *p* value of <0.05 was considered statistically significant.

RESULTS

The Demographic and Biochemical Parameters of the Studied Groups. In this study, we recruited two groups of chronic HCV-infected patients; the chronic hepatic patients and the cirrhotic patients in addition to the control group. We found that the chronic hepatic patients exhibited significantly higher values of ALT, AST and ALP compared with the control group (*p* <0.05). In the

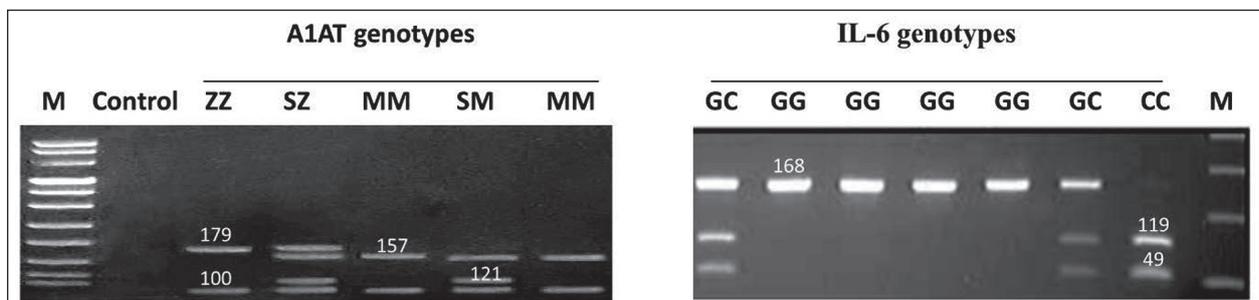


Figure 1. The *A1AT* and *IL-6* genotypes by PCR-RFLP. The left panel shows the M, S and Z alleles of the *A1AT* genotypes. M: DNA marker; ZZ genotype (179 and 100 bp band); SZ genotype (179, 157, 121 and 100 bp bands); MM genotype (157 and 100 bp bands); SM genotype (157, 121 and 100 bp bands). The right panel shows the G and C alleles of the *IL-6* genotypes. GC genotype (168, 119 and 49 bp); GG genotype (168 bp band); CC genotype (119 and 49 bp bands); M: DNA marker.

same way, the cirrhotic patient group exhibited significantly higher activities of ALT, AST and ALP in addition to higher values of total bilirubin, prothrombin time and AFP and lower albumin compared to the control group ($p < 0.05$). Interestingly, the cirrhotic patient group exhibited significantly higher values of AST, albumin, prothrombin time, AFP and fibrosis score compared to the chronic hepatic patient group ($p < 0.05$). These results confirm the progression of the end stage complications associated with HCV infection in the cirrhotic patients. The demographic and biochemical parameters of all studied groups are summarized in Table 1.

Frequency of Interleukin 6 Genotypes and Alleles of the Studied Groups. The SNP of *IL-6* (-174 G/C, rs1800795) was detected in the control, chronic hepatic and cirrhotic patients by the PCR-RFLP method. We found that the G allele was distributed at 100.0% in the control

group, while the C allele was found only in the chronic hepatitis and cirrhotic patients at frequencies of 17.6 and 19.2%, respectively (Table 2). In more detail, the *IL-6* (GG genotype) showed significantly lower frequency in the cirrhotic patients (61.5%) when compared to the control group (100.0%) at $p < 0.05$. On the other hand, the *IL-6* (CC genotype) was only found in the chronic hepatic patients (5.9% frequency), while the heterozygous *IL-6* (GC genotype) was detected in both chronic hepatic and cirrhotic patients at 23.5 and 38.5% frequencies, respectively (Table 2).

Frequency of α 1-Antitrypsin Genotypes and Alleles of the Studied Groups. The S (264 Glu/Val, rs17580) and Z (342 Glu/Lys, rs28929474) mutations of the *AIAT* gene were detected in the control, chronic hepatic and cirrhotic patients by the PCR-RFLP method. We found that the wild type M allele was the most common allele in all

Table 1. The clinical characteristics and biochemical parameters of the control group, chronic hepatitis patients and cirrhotic patients.

Parameters	Control (n = 100)	Chronic Hepatitis Patients (n = 85)	Cirrhotic Patients (n = 65)
Sexes	M: 45; F: 55	M: 55; F: 30	M: 35; F: 30
Age (years \pm SE)	33.10 \pm 1.83	38.88 \pm 1.92	38.92 \pm 2.36
Serum ALT (IU/mL)	30.00 \pm 1.34	83.53 \pm 16.03^a	110.00 \pm 14.63^a
Serum AST (IU/mL)	30.20 \pm 1.36	76.76 \pm 11.07^a	172.92 \pm 27.76^{a,b}
Serum ALP (IU/mL)	43.65 \pm 1.69	113.71 \pm 6.51^a	119.85 \pm 9.49^a
Total bilirubin (mg/dL)	0.75 \pm 0.045	0.92 \pm 0.098	1.09 \pm 0.14^a
Direct bilirubin (mg/dL)	0.15 \pm 0.01	0.25 \pm 0.06	0.28 \pm 0.05
Albumin (g/dL)	3.85 \pm 0.05	3.69 \pm 0.05	3.21 \pm 0.11^{a,b}
Prothrombin time (seconds)	11.19 \pm 0.14	11.53 \pm 0.19	13.46 \pm 0.51^{a,b}
AFP (ng/mL)	5.86 \pm 0.45	8.76 \pm 0.55	27.38 \pm 6.91^{a,b}
Fibrosis score (1-6)	—	1.94 \pm 0.18	4.46 \pm 0.14^a

M: males; F: females; SE: standard error; ALT: alanine transaminase; AST: aspartate transaminase; ALP: alkaline phosphate; AFP: α fetoprotein.

^a Significant values ($p < 0.05$) when compared to the control group.

^b Significant values ($p < 0.05$) between chronic hepatitis and cirrhotic patients.

Table 2. The single nucleotide polymorphism pattern of the *IL-6* gene in the control group, chronic hepatitis patients and cirrhotic patients.

Parameters	Control Group n (%)	Chronic Hepatitis Patients n (%)	Cirrhotic Patients n (%)
Genotypes:			
GG	100 (100.0)	60 (70.6)	40 (61.5)^a
GC	0 (0.0)	20 (23.5)	25 (38.5)
CC	0 (0.0)	5 (5.9)	0 (0.0)
Alleles:			
G	200 (100.0)	140 (82.4)	105 (80.8)
C	0 (0.0)	30 (17.6)	25 (19.2)^a

^a Significant values ($p < 0.05$) when compared to the control group.

groups. However, the frequency of the M allele decreased significantly in cirrhotic patients (65.4%) when compared to the control group (92.5%). Interestingly, the cirrhotic patients also showed a significantly increased frequency of the S allele (34.6%) compared to the control group (5.0%), while the Z allele was not detected in the cirrhotic patients (Table 3). The distribution of the A1AT genotypes revealed that the A1AT (SS genotype) was only detected in the cirrhotic patients (23.1% frequency) compared to control and chronic hepatic patients (both at 0.0% frequencies). In the same way, the A1AT (ZZ genotype) was only detected in the chronic hepatic patients (11.8% frequency) when compared to control and cirrhotic patients. The heterozygous MS and MZ genotypes were detected mostly in the chronic HCV patients (Table 3).

The Biochemical Parameters Associated with Different Interleukin 6 Genotypes. As the low producer,

IL-6 (CC genotype), was detected only in the chronic hepatitis patients, comparing the CC genotype with the high producer IL-6 (GG+GC) genotypes in the same group did not show significant increased values of ALT, AST, ALP, total and direct bilirubin or AFP (Table 4). These findings indicate that inheritance of the IL-6 (CC genotype) is not associated with increased risk of developing progressive liver diseases.

The Biochemical Parameters Associated with Different α 1-Antitrypsin Genotypes. The chronic hepatitis patients with the Z allele (MZ+ZZ genotypes) showed a significantly increased AST activity when compared to the chronic hepatitis patients with either the MM or MS genotypes ($p < 0.05$). Interestingly, the cirrhotic patients with the S allele (MS+SS genotypes) showed significantly increased levels of AST, ALT, total bilirubin, direct bilirubin and lower albumin levels when compared with the

Table 3. The single nucleotide polymorphism pattern of the *A1AT* gene in the control group, chronic hepatitis patients and cirrhotic patients.

Parameters	Control Group <i>n</i> (%)	Chronic Hepatitis Patients <i>n</i> (%)	Cirrhotic Patients <i>n</i> (%)
Genotypes:			
MM	85 (85.0)	40 (47.0)	35 (53.8)^a
MS	10 (10.0)	30 (35.3)	15 (23.1)
MZ	5 (5.0)	5 (5.9)	0 (0.0)
ZZ	0 (0.0)	10 (11.8)	0 (0.0)
SS	0 (0.0)	0 (0.0)	15 (23.1)
Alleles:			
M	185 (92.5)	115 (67.6)	85 (56.4)^a
S	10 (5.0)	30 (17.6)	45 (34.6)^a
Z	5 (2.5)	25 (14.7)	0 (0.0)

^a Significant values ($p < 0.05$) when compared to the control group.

Table 4. The biochemical parameters within different *IL-6* genotypes in the control group, chronic hepatitis patients and cirrhotic patients.

Parameters	Genotypes				
	Control Group	Chronic Hepatitis Patients		Cirrhotic Patients	
	GG	GG+GC	CC	GG	GC
Serum ALT (IU/mL)	30.00±1.34	80.75±7.09	128.10±52.91	102.63±17.87	121.80±26.81
Serum AST (IU/mL)	30.20±1.36	73.33±5.61	137.45±35.74	150.50±28.65	208.80±54.69
Serum ALP (IU/mL)	43.65±1.69	115.93±5.45	78.34±19.49	125.25±14.21	111.20±10.31
Total bilirubin (mg/dL)	0.75±0.045	0.92±0.06	0.90±0.32	1.09±0.17	1.00±0.28
Direct bilirubin (mg/dL)	0.15±0.01	0.26±0.02	0.20±0.19	0.29±0.07	0.26±0.09
Albumin (g/dL)	3.85±0.05	3.69±0.07	3.60±0.06	3.26±0.13	3.12±0.23
Prothrombin time (seconds)	11.19±0.14	11.50±0.15	12.10±0.58	14.00±0.63	12.60±0.81
AFP (ng/mL)	5.86±0.45	8.87±0.65	7.00±1.05	25.63±8.94	30.20±12.04
Fibrosis score (1-6)	—	1.93±0.23	2.00±0.32	4.50±0.19	4.40±0.24

SE: standard error; ALT: alanine transaminase; AST: aspartate transaminase; ALP: alkaline phosphate; AFP: α fetoprotein.

cirrhotic liver patients with the A1AT (MM genotype) at $p < 0.05$ (Table 5). These results indicate that inheritance of A1AT (S or Z allele) increases the severity of liver disease in either cirrhotic or chronic hepatitis patients, respectively.

Multivariate regression analyses showed that AST ($p = 0.003$, OR = 1.6, 95% CI = 1.3-2.0) and the S allele of A1AT represented as SS+MS genotypes ($p = 0.001$, OR = 7.7, 95% CI = 3.4-17.4) to be significantly independent predictors for development of liver cirrhosis. Although the *IL-6* gene is known to regulate the expression of acute phase reactants such as A1AT, we did not find a statistically significant correlation between any of the genotypes of IL-6 (GG, GC, CC) and any of the A1AT (MM, MS, MZ, SS, ZZ) genotypes.

DISCUSSION

In the present study, we investigated the association between IL-6 and A1AT SNPs and the progression of liver cirrhosis in Egyptian HCV-infected patients. In Egypt, numerous risk factors such as age, poverty, blood transfusion and intravenous anti-schistosomal treatment are associated with increased risk of being infected with HCV. Altogether, they render the numbers of HCV-infected patients to reach epidemic proportions [23,24].

Our analysis of the SNP IL-6 (-174 G/C) revealed that the G allele represents about 87.7% frequency in all subjects (controls and patients), while the C allele represents only a 12.3% frequency. These results are compatible with the findings that the G allele is highly distributed in non

Caucasian populations compared with Caucasian population [25]. Interestingly, the CC genotype is only found in the chronic hepatitis patients but not in the control group or the cirrhotic patients. However, this CC genotype was not associated with significantly increased liver parameters in the chronic hepatitis patient group. The absence of the C allele from the control group may be attributed to the small size of our analyzed sample. However, our findings are still compatible with the few studies that examined the correlation between IL-6 polymorphisms and the progression of liver fibrosis in HCV-infected patients. For instance, Barrett *et al.* [26] found a positive correlation between IL-6 (-174 C/C) genotype and HCV clearance in an Irish population sample. On the other hand, Pereira *et al.* [27] found no difference in the frequency of IL-6 alleles at the -174 locus between controls and HCV-infected patients in the South American population. This can be explained because chronic hepatitis patients with low IL-6 producer genotypes (CC) are less susceptible to development of progressive liver diseases after HCV infection. Moreover, the chronic exposure of hepatocytes to IL-6, probably produced by the high producer genotypes (GG and GC), results in increased induction of the proapoptotic proteins: Bax, caspase 9 and cytochrome C that eventually lead to liver cell death [28]. To date, our study is the first one to describe the distribution of the IL-6 (-174 G/C) genotypes in Egyptian chronic hepatitis patients. For example, the polymorphisms of IL-4, IL-10 and IL-28B cytokines but not IL-6 were previously studied in the Egyptian HCV-infected patients to determine their impact on the response

Table 5. The biochemical parameters within different *A1AT* genotypes in the control group, chronic hepatitis patients and cirrhotic patients.

Parameters	Control Group		Chronic Hepatitis Patients			Cirrhotic Patients	
	MM	MS+MZ	MM	MS	MZ+ZZ	MM	MS+SS
Serum ALT (IU/mL)	30.2±1.5	28.7±2.6	65.4±6.9	67.7±13.20	163.7±80.2	87.0±80.2	176.3±43.4^a
Serum AST (IU/mL)	30.1±1.6	31.0±2.5	68.0±5.6	57.3±10.50	139.0±47.9^{b,c}	127.7±20.1	300.7±65.9^a
Serum ALP (IU/mL)	44.5±1.9	38.7±0.9	109.3±7.4	115.5±5.70	122.0±34.5	114.6±10.8	130.7±34.8
Total bilirubin (mg/dL)	0.8±0.1	0.7±0.2	0.8±0.07	0.9±0.10	1.3±0.5	0.9±0.1	1.8±0.4^a
Direct bilirubin (mg/dL)	0.2±0.02	0.1±0.03	0.2±0.02	0.2±0.04	0.5±0.3	0.2±0.01	0.5±0.2^a
Albumin (g/dL)	3.8±0.05	3.9±0.2	3.7±0.1	3.7±0.10	3.6±0.03	3.3±0.1	2.7±0.1^a
Prothrombin time (seconds)	11.2±0.2	11.3±0.3	11.5±0.2	11.2±0.20	12.3±0.9	13.7±0.6	15.0±0.6
AFP (ng/mL)	6.0±0.5	5.0±1.0	8.6±0.9	8.7±1.00	9.3±1.0	25.6±10.3	48.3±11.2
Fibrosis score (1-6)	—	—	2.1±0.3	1.5±0.20	2.3±0.3	4.6±0.2	4.3±0.3

SE: standard error; ALT: alanine transaminase; AST: aspartate transaminase; ALP: alkaline phosphate; AFP: α fetoprotein.

^a Significant values ($p < 0.05$) when the MS+SS genotypes of cirrhotic patients were compared to the MM genotypes of cirrhotic patients.

^b Significant values ($p < 0.05$) when the MZ+ZZ genotypes of chronic hepatitis patients were compared to the MM genotypes of chronic hepatitis patients.

^c Significant values ($p < 0.05$) when the MZ+ZZ genotypes of chronic hepatitis patients were compared to the MS genotypes of chronic hepatitis patients.

to antiviral treatments [29,30]. However, the frequency of IL-6 (-174 CC) genotype was found to be higher in Egyptian patients with other diseases such as intravascular coagulopathy in neonatal sepsis [31] and type 2 DM (T2DM) [32]. It is worth mentioning that Zekri *et al.* [33] measured the level of IL-6 in the sera of Egyptian patients with hepatocellular carcinoma by the ELISA method and found that they had a lower IL-6 level in comparison to asymptomatic HCV carriers.

Regarding A1AT mutations, our results showed that the highest frequency of the S allele (MS+SS genotypes) was found in the cirrhotic patients and it was associated with increased activity of liver enzymes and decreased serum albumin. Interestingly, the highest frequency of Z allele (MZ+ZZ genotypes) was found in the chronic hepatitis patients and was significantly associated with high levels of AST. We cannot exclude the existence of any of the deficient alleles in both groups due to the small number of patients in each group. Nevertheless, our results are compatible with Settin *et al.* [34] who found that the S allele and both MS and SS genotypes of A1AT were significantly higher in the Egyptian patients with HCV liver cirrhosis than in controls. On the other hand, there was no significant difference between the alleles or genotypes of S or Z mutations of A1AT in the Egyptian patients with hepatocellular carcinoma compared to controls [35].

It is widely accepted that the epidemiology of the *A1AT* gene deficiency is distributed worldwide and not restricted to Northern Europe as thought before. For example, in a study comprising around 97 countries from different geographic regions worldwide, the prevalence of the S allele in the Egyptian population was estimated at 57.1 cases/1000 population, while the Z allele was estimated at 28.6 cases/1000 population [36]. Our findings indicate that the presence of the Z allele in the chronic hepatitis patients and the S allele in the liver cirrhotic patients are associated with significantly aggressive liver disease.

CONCLUSIONS

We concluded that the inheritance of the deficient S and Z variants of the *A1AT* gene but not IL-6 (-174 G/C) mutation were associated with progressive liver diseases and liver cirrhosis. However, the small sample size of the current study did not allow us to extrapolate these results in the Egyptian HCV-infected patients. Even though we recommend screening the HCV-infected patients for the existence of the *A1AT* and *IL-6* gene mutations in order to follow their future progression to liver cirrhosis.

Declaration of Interest. The authors report no conflicts of interest. The authors alone are responsible for the content and writing of this article.

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